

COYOTECHRONICLE.NET

Vol. LVIII, No. 3

February 21, 2018

Mass shootings continue in US

By Lauren Jennings Editor in Chief

As of February 2018, there have already been 40 mass shootings in the United States.

The most recent mass shooting took place on Valentine's Day at Stoneman Douglas High School in Parkland, Florida.

A former student, who had been expelled from the school, began shooting around 2:40 p.m. EST. He shot and killed 12 people in the school and three more around it.

This has led to the call for stricter gun control laws to prevent mass shootings from happening in the first place, as well as the use of mental health checks to allow the purchase and use of firearms.

"That's going to be Marjory Stoneman Douglas in the textbook and it's all going to be due to the tireless effort of the school board, the faculty members, the family members and most importantly, the students," said survivor, Emma Gonzalez. "The students who are dead, the students who are still in the hospital, the students who are now suffering from PTSD, the students who had panic attacks during the vigil because the helicopters wouldn't leave us alone, hovering over the school 24 hours a day."

This more recent school shooting brings to mind the shootings at Sandy Hook Elementary on Dec. 14, 2012, and Columbine High School on April 20, 1999.

At Sandy Hook, 26 people were shot dead. 20 of them. students. The Columbine shooting took 13 lives, 12 of them, students.

Places known to have large amounts of people in one place, such as schools, have become targets for violent acts, even those where people are gathered to have fun and make memories with friends and family.



The CSUSB campus police station stands ready to be contacted with any saftey concerns or suspicions.

Preparing for an act of violence

By Andrea Engelhorn Managing Editor

With the Florida school shooting last Friday and earlier shooting on CSUSB campus, the acts of violence trainings gain salience.

Violent events can happen during a seemingly normal day and survival tips can save lives, UPD trainings remind the community.

"We show you how to help somebody: how to put a tourniquet on, how to stop somebody's wound from bleeding," said Crime Prevention Officer Eddie McCloud, who leads PDC act of violence trainings along with his colleagues.

The upcoming training -"How To Survive an Act of Violence", on Feb. 23 from 1:30 p.m. to 5:30 p.m., in Visual Arts 101, will help students, staff, and faculty be more prepared for an emergency on campus.

The training will cover the following topics: Run, Hide, Fight – See Something, Say Something - CARE - Critical

Bleeding, Airway, Respiratory, Evacuate and environment.

The event will be hosted by Sgt. Rocky Johnson, Police Supervisor, and Joann Rutland, Associate Director of Police.

Crime Prevention Officer Eddie McCloud is a 28 year veteran of law enforcement.

Continued on Pg. 3...

Scholarships just for DREAMers



but the most common scholarships available are the general grant scholarship which is a scholarship of 300 dollars that gives students the opportunity to use that money towards tuition, gas, food, or any emergency necessity that would be necessary for the success of a student while in college. The second most common would be the legal fees scholarship which is a 500 dollars scholarship that is used towards any type of legal fees or legal attorney the student might endure." There is also financial aid for DREAMers. It is called the California Dream Act, and it makes enrolled DREAMers eligible for financial aid. The deadline for the California Dream Act is March 2. There are many community-based scholarships that DREAMers can take advantage of as well. CSUSB is a partner college of Dream US, a scholarship website that helps students

get a college education debt free despite their legal status.

First-time freshmen can get up to 29,000 dollars in scholarship funds.

Century 16 Movie Theater, July 20, 2012

Pulse Nightclub, June 12, 2016

Route 91 Harvest country music festival, Oct. 1, 2017 Inland Regional Center, Dec. 2, 2015

Batman fans in Aurora, Colorado were looking forward to seeing a midnight screening of the newest Batman movie, The Dark Knight Rises, when a lone gunman opened fire.

Continued online @ Coyotechronicle.net

Resource and Success Center

Photo courtesy of DREAMers Resource and Success Center

CSUSB has been a leader in opportunities for DREAMers.

which is untrue.

A short stop to the Undocumented Student Success Center in the San Manuel Student Union at CSUSB answered a lot of frequently asked questions. A common myth is that DREAMers do not qualify for Financial Aid.

Maria Barragan-Arreguin, a DREAMers Resource and Success Center coordinator, explained the financial aid available for DREAMers, such as scholarship opportunities.

"We have a lot of general grants and scholarships available,

Continued online @ Coyotechronicle.net

Inside This Issue

Swing N' Hops Pg. 4

Suicide Prevention Pg. 6 Vegetarian Cafe

Pg. 10

By Kimberly Ayon

As college students we all dream of a brighter future full of opportunities. DREAMers strive for the equal opportunities that citizens have.

Staff Writer

DREAMer students are a part of the Deferred Act for Childhood Arrivals program (DACA). Many of these students believe that they are not eligible for some of the same opportunities their fellow peers have,

Community News

Page 2

Coyote Chronicle

Contributors

Production Manager	Sean Maulding
Editor In Chief	Lauren Jennings
Managing Editor	Andrea Engelhorn
Copy Editor	Paul Nunez
Multimedia Editor	Jason P. Samp
Layout Editors	Robin Briggs Gabriella Arana
Sports Editor	Breeze Rivers
Web Editor	Robert Hancock
Senior Reporter	Crystal Harrell
Photoreporter	Joshua Ocampo
Cyber Security Consultants	Jacob Collins & Bailey Kasin
Distribution Manager	Robin Briggs
Faculty Advisor Mariam.Betlemi	Mariam Betlemidze dze@csusb.edu
Guest Advisor for So- cials, Promotions and Photography	Jessica Block Nerren

Jessica.BlockNerren@csusb.edu

Advertising Linda Sand LSand@csusb.edu

Staff Writers

Estelle Aporongao, Kimberly Ayon, Kyle Barry, Sonja Bookin, Avery Bracken, Evelyn Carmona, Shauna Christie, Kaitlyn Connelly, Kassandra Garcia, Bryan Garcia, Joshua Jacques, Manuel Macias, Matthew Martinez, Jasmin Novoa, Ricardo Orozco, Gloria Posada-Alvarado, Devin Renich, Bryan Romero, Emmanuel Tanopo, Ricardo Vega, Zhiying Xu

Promotions Staff

Taylor Renee' Adams, Aidee Lambaren, Dorian Butler, Briana K. Calderon, Shauna Christie, Sabrea Emani Coleman, Jonathan Cuevas, Alysha Darby, Michelle Duron, Michael Embry, Corinne Garcia, Genevieve Gonzalez I, Jasleen Gonzalez, Leslie Gutierrez, William Jackson, Kayako Kato, Jenna Collette Lefebvre, Paola Magaña, Kora Mahaffy, Nubia C Meza, Daniel Moreno, Kaitlyn Norris, Hector Nuno, Vanessa Quinones, Kathleen Jo Ramirez, Fatima Rivera-Ortiz, Jeniffer Saenz, Jeremy-Zalds Sandoval, Matthew Saribut, Aaron Valencia, Anissa Vasquez

Artists in Residence Program: Mojave National Preserve



Joshua Tree National Park has a program that provides accommodations for their artists.

By Andrea Castaneda, Sergio Ortiz Garcia, Hannah Noble & Marsela Warshaw Contributing Writers

KELSO, Calif- We've all seen the magical desert landscape photographs on social media, the night sky illuminated by stars, the sun setting behind the mountains, and the curves of the sand dunes after a sandstorm. Many of these pictures are created by artists supported by permanent residence programs offered by national parks.

The restoration of Ox Ranch in the Mojave National Preserve will provide an opportunity for artists who currently drive long distances or camp out in the park a place to reside.

"Travel is one of the hardest obstacles for the artists," says Jim Smart, a professor at CSUSB-PD and retired Artist in Residence Vice President in Mojave National Preserve. "One day, I drove 500 miles and I never left the preserve; you can drive forever."

The restoration of Ox Ranch is to serve as a permanent home for artists at the center of the preserve.

The artists are \$18,000 short of reaching the goal and announcing the OX Ranch's restoration date. Artists in Residence program, is currently showcasing his work as a part of the fundraising effort.

Bracken became infatuated with the desert from the first time he visited the Mojave Desert.

James Kortmeyer, a local photography enthusiast who visited the "Nowhere is Magical" exhibit said that Evan Braken's photography was admirable:

"I usually don't really like photos of landscapes but Evan captured things in such a way that made me change my mind about landscape photography."

"Nowhere is Magical" was James's first exhibit in the Mojave National Preserve. Because James liked the exhibit so much, he plans on attending as many exhibits as he can at the Mojave National Preserve artist in residence program. While James did not purchase any art, he believes that donations are essential for programs like this to exist.

Bracken says he develops his skills and explores new ideas by capturing Mojave Desert.

For him it is a 4-hour drive. On those drives, his car is packed to the maximum capacity with equipment and camping supplies.

When asked about the OX Ranch, Bracken explained that "The significance of restoring the OX Ranch would be paramount in creating a location for map to know where I'm going in the desert. I actually camped out for every single night that I was there," said Bracken.

Braken and Smart believe that the Mojave is a underutilized preserve that has a lot to offer.

"There are so many different kinds of rock formations. There's the sand dunes, they have mine shafts, and old buildings and farms, so there's lots of things to take pictures of," said Jim Smart, who gives 100% of the proceeds from selling his art to the program.

Raquel Roman, a frequent Kelso visitor, is a big advocate of the restoration of the OX Ranch.

"The OX Ranch is important because it allows artists to have a place to stay while creating their art. Whether it is photography, paint, sculptures, or poetry, artists are given the chance to focus on their work with the help of the OX Ranch. The OX Ranch benefits not only artists, but consumers of art as well."

Roman contributed to the restoration of the OX ranch by giving a donation to the restoration efforts. She is a firm believer that more people should donate to ensure the OX Ranch opens for artists.

The artists in residence program can provide an opportunity for artist to showcase the beauty of the Mojave Desert through their artwork and hopes to inspire many future generations to preserve our National Parks.

Staff Writers are comprised of students enrolled in COMM243A Practicum: Print & Online Journalism taught by Professor Joel Harris.

Contact Information Office:(909)537-5289 Advertising:(909)537-5815 Email:sbchron@csusb.edu Website:coyotechronicle.net Mail California State University, San Bernardino University Hall Room UH-037 5500 University Parkway San Bernardino, CA 92407

The Coyote Chronicle is published every Tuesday for distribution on Wednesday during the academic session by the Communication department. The opinions expressed in the Chronicle are those of the student writers and editors and do not reflect the views of the university, its faculty, or any other person or instituion unless expressly noted. The appearance of any advertisement in the chronicle does not represent an endorsement of the products or services advertised. The Chronicle reserves the right to edit or reject all materials submitted to the paper.

Evan Bracken, the newest member of the Mojave Desert's

these artists to make a home base because a lot of times you're traveling.

"At this point I barely need a



Photo courtesy of Andrea Castaneda

Joshua Trees are found at the Joshua Tree National Park and the Mojave National Preserve.



Coyote Chronicle

Page 3

February 21, 2018

...Continued from Pg. 1

McCloud is on the Act of Violence training team and hosts seminars with Sgt. Johnson.

"[The goal] is to get you prepared. We want you to have some kind of idea of what you need to do if something happens," said McCloud in regards to the upcoming trainings.

Being prepared can not only save the person that attended training, but also those that the trainee helps during an actual event. McCloud explained that the trainings can't reach everyone, but if a majority of people are prepared, then they can help guide those that aren't prepared.

"Your job is to get yourself to safety, and if you can, help someone along the way, but what we are not asking you to do is put yourself at risk," said McCloud. "We don't want you doing that, that's what [UPD is] here for."

With the Florida shooting that took place last Friday and the incident in the Visual Arts building at the begining of the quarter, acts of violence are at the forefront of our minds. We need to pay attention to events like these because they open people's eyes as to what can happen during a seemingly normal day. A popular concern for

the CSUSB community is the presence of security cameras on campus. Contrary to common belief, the campus is in reality on surveillance 24 hours a day, every day. There are dozens of cameras recording all over campus and the recordings are held on to for a good length of time to reference after and during an incident.

Several officials on campus have reported that the most important thing to do when you first detect something is run to safety, then call UPD.

"Do not wait to call; if you see something, say something," said McCloud. "We want everybody to call. We know what happens, we know our dispatchers will be flooded with 9-1-1 calls. Don't ever think that somebody else has called, because as a shooter is moving along and you called, then we know where the next spot is."

UPD requires a registration for the training event in the CSUSB Event Calendar prior to attending.





This is how the parking lot D looks on a typical monday afternoon, with no spots in sight.

By Ricardo Vega Staff Writer

In the next fiscal school year, the campus will increase its number of student parking structures because there are always new incoming students and that will decrease the availability for parking spaces.

Parking is a big deal because even if a student shows up ahead of their scheduled class time, there will be a wait between ten and thirty minutes (if the person is lucky) to find a parking spot close to their classroom. There are new buildings that are being built behind the library; therefore, it should be taken into consideration to either extend a parking structure, or build another one in order to better accommodate individuals looking for a parking space with ease.

Students are affected because parking is not as easy to obtain as it may appear.

"It would be better if there was another parking space or an expansion for students and faculty. It will allow people to maneuver and find parking quicker," said student Pablo Fernandez. "It should make it better but only if construction is conducted throughout hours that won't afflict the students/faculty members."

It can take up to "forty minutes sometimes to even find a parking spot that seems to be as far as a three-mile hike," said David Ocegueda, an advisor for the office of Advising and Academic Services.

Even though there are a variety of parking structures around campus, it is still difficult to obtain a parking spot. It does not matter whether you are by the College of Education or the University Hall parking lot, both parking lots seem to be efficiently used to their max capacity on the daily. As a result, beneficiaries who would be affected would be the students and faculty that attend CSUSB regularly.

It is important to realize how arriving at the correct time on campus is vital because once rush hour hits, the parking situation just gets worse than it already was. In addition, the price of parking just rose by ten dollars. Tuition has already been increasing the past several years, so parking prices should remain the same. The recent price increase is a belief that the costs should have lowered instead of going up because of the availability on the parking. Given these points, parking services should conduct a study poll to see how many faculty and student members believe that there needs to be another parking complex implemented in order to efficiently provide an easily accessible parking spot.



25 Cameras are monitored at once on the computer screens.

Marijuana in cars and on campus is still illegal

By Jasmin Novoa Staff Writer

With a new year comes new laws as California introduced marijuana campaign ads "Drive High, Get a DUI" when recreational marijuana became legal on Jan. 1. Should this change regulations on campus?

The campaign has been out since the beginning of the year, but many people are unaware of its purpose.

"The use of marijuana is becoming increasingly prominent among drivers and is creating more safety concerns," said California Traffic Safety director, Rhonda Craft.

According to Shouse Cal-

ifornia Law Group, the consequences of a conviction for DUI of marijuana are the same as the DUI penalties involving alcohol. The penalties may include: Informal probation for three to five years

Between 96 hours and six months in county jail A fine of between 390 dollars and a thousand dollars Suspension of your driver's license for six months "Marijuana is a drug and you should never drive while under the influence. Remember, DUI doesn't just mean booze," said the LAPD on a twitter post.

Campus law enforcement speaks about driving to campus high or being under the influence while on campus. "Under no circumstance can marijuana be allowed on campus. There is no written law or regulation about smelling like smoke or marijuana, but it is a federal issue if it is done in the parking lot," stated by a female officer on campus. "The fines and charges are decided by the court."

Campus law enforcement have a guide, provided by Graves and Associates LLC, for marijuana charges on campus. It varies from age to quantity of cannabis.

In the past years, students have complained about the smoking areas outside the campus buildings and wondered if any actions would happen. Now that the cannabis law passed, they feared that it would cause more students to smoke on campus.

"I'm against smoking marijuana on campus or even driving to campus high. It's the same thing as drunk driving. A person is impaired and that puts several other students at risk who are driving or walking to school," said Josie Valdivia, a student at CSUSB. "There should be no reason to come impaired to class. They should do it on their own time in a safe way, when they don't have to be on campus."

Fortunately for the students against smoking, the new school policies were in their favor. Even though it is a passed law, Chancellor Timothy P. White, called for all Cal State universities to jump on board and create a smoke and tobacco free environment.

The new policy prohibits any use of cigarettes, cigars, pipes, electronic smoking devices, tobacco products, chewing tobacco, tobacco accessories, vaporizing liquids, or any other tobacco utilization device.

Even though signs have been put up in the old smoking areas, many people continue to smoke on campus. Vapes are considered a form of tobacco. Students must be aware that campus officers are giving fines to students walking and vaping or smoking in their cars. Remember, if it is on any school ground, you will get a ticket. Along with the new school policies, tools for quitting were also introduced to the campus for no cost.

Community News

Coyote Chronicle

Swing 'N Hops Street Party

By Crystal Harrell Senior Reporter

The third annual Swing 'N Hops Street Party was held on Feb. 4 at the city of Palm Desert's esteemed El Paseo shopping district. Lasting from noon to 5 p.m., this retro-themed event paid homage to the classic era of the 1940s with a dance floor, vintage cars, craft beer and vendors, and artwork inspired by that era.

The Swing 'N Hops Street Party is part of a program called First Weekend, which is an arts and culture event that takes place in Palm Desert every first weekend of the month through November and May. Its many sponsors include The Gardens at El Paseo, El Paseo Cruise Night, CV Weekly newsletter, the Coachella Valley Art Scene, Alpha Media Group and the Sunny 103 radio station.

Those who attended dressed to impress in their best costumes reminiscent of fashion between the 1920s and 1940s. For those looking to perfect their hair and makeup looks, retro-style headbands and accessories were available to purchase while makeover services were provided by local salons and retailers, including Uno de 50, Savory Spice Shop, Pacifica, Body Deli, L'Occitane, Spectacular Shades, Cactus Flower Shoes, BG's and Bare Minerals.

"I love how unique Swing 'N Hops is with its theme and how it provides something different in the desert. Seeing everyone dressed up and dancing really gets you in the spirit and there's no other street party like that out here," said Palm Desert resident Sharon Meyers.

At the center of the event was the dance floor, where guests could grab a partner and flaunt their best swing moves. Throughout the course of street party, live renditions of classic love songs were performed by the Jennifer Keith Quintet. Free dance lessons were also

The start of the s

Crystal Harrell | Chronicle Photo





Vintage cars were brought in from all over town, on display for the event.





Page 4

Retro-themed and gothic hairbands, bows, skulls and jewlery were available for purchase.

Attendees took to the dance floor because of the live music.

provided for those nervous to test their moves on the dance floor. Instructor Lupita Limon taught attendees various Charleston, jitterbug, and lindy hop moves.

The craft beer garden was a hit during Swing 'N Hops, with a special section gated off from the rest of the block party to highlight the beverages from local breweries. Vendors from Coachella Valley Brewing Company, La Quinta Brewing Company and Babe's Bar-B-Que & Brewhouse had a selection of spirits available for purchase. Wine and other cocktail products were offered by Liquid Catering powered by TRIO Restaurant among an assortment of food items.

"Out of all the events here in the Coachella Valley, [Swing 'N Hops Street Party] has to be one of my favorites," stated 30-year resident Bill Claridge. "There is so much heart and spirit put into this celebration and you can tell the people in charge of it really care about getting the community involved. I come here every year!"



Health

Coyote Chronicle

Influenza epidemic across the U.S.



Doctors recommend all patients receive a yearly vaccination.

By Kaitlyn Connelly Staff Writer

This flu season has been one the of the worst outbreaks of influenza America has seen in years, causing the most hospitalizations in the past decade. Influenza is a viral infection of the respiratory passages which causes several symptoms including: fever, headache, severe body aches, coughing, sore throat, runny or stuffy nose, fatigue, vomiting and mucus buildup.

The influenza A (H3N2) virus is known for causing more illnesses, hospitalizations and deaths than the influenza B (H1N1) strain. The flu vaccine typically offers lower protection against the H3N2 strain, leaving many people baffled when contracting an illness they thought they had protected themselves from.

Current statistics from the Centers for Disease Control and Prevention state that there have been 63 pediatric deaths caused from influenza this year.

It seems as though no matter where you are, whether it be school, work or even at home, someone around you has con-

tracted the flu.

People over the age of 65, young children, people with condition such as diabetes, heart disease or asthma and pregnant women are more susceptible to contracting the flu than others.

Kristin Sullivan, CSUSB alumna and former RN at San Antonio Hospital in Upland, California, says [will insert quotes tomorrow as she is busy with work and will be answering my interview questions later this evening]

First things first: prevent the spread of germs. Wash your hands with soap and remember to scrub for approximately 20 seconds.

Do not share drinks or utensils with others. Isolate infected toothbrushes in your home. Once the ill person gets well replace the toothbrush or toothbrush head.

If you, or anyone you know uses a humidifier, be sure that it is clean on a daily basis. This will help prevent germs to buildup.

Keep remotes, doorknobs and light switches sanitized. If you find yourself coming down with symptoms of the flu, there is no need to worry. Antiviral drugs such as Tamiflu are available for those suffering from serious complications.

Typically those with mild symptoms do not need antiviral drugs to overcome the symptoms associated with the flu.

For those of you who have unfortunately already suffered from this illness, it is unlikely that you would contract the same strain of influenza that you previously had.

However, it is likely that you will contract another strain of influenza. You might also never have to deal with that particular virus again.

Overall, the influenza virus has hit the whole world pretty hard, Americans have had an extremely hard this 2017-2018 flu season.

Do your part this season in keeping yourself and others around you protected from this virus by not spreading germs to one another.

Individuals can also help their friends and family by getting vaccinated before the flu season. A small exposure to all the viruses expected for the coming year can help you and everyone around you.

Counselors Unlock True Potential

Tony Morrow has one goal for the students of Fallbrook High School graduate ready for what comes next. With his guidance, young scholars and families put their plans for the future into action. Azusa Pacific's School of Education prepares graduates like Tony to see and cultivate the potential in every student. Qualified educators are needed as never before to help meet a growing shortage in California. Start your degree or credential in education, and become the next great teacher, counselor, or administrator who transforms lives.

Programs available online and at



6 locations throughout Southern California

Now enrolling for three start dates throughout the year. Apply by April 4 and join us this summer!

apu.edu/education



God First Since 1899

Fallbrook High School, College and Career Counselor: Tony Morrow '11, M.A.Ed. '12

School of Education

Health

Coyote Chronicle

"Step into Awareness" suicide prevention

By: Crystal Harrell Senior Reporter

On Feb. 8, the Student Health Center-Health Promotion Program organized a "Step into Awareness" event from 10 a.m. to 2 p.m. on the John M. Pfau Library Lawn. Step into Awareness featured a display of 1,100 flip-flop sandals to represent the 1,100 college students nationwide that die by suicide each year and their stories.

Dispersed among the flipflops were written accounts by the loved ones of those who died of suicide, expressing how much they miss them. Signs were also placed along the Pfau Library Lawn with statistics regarding suicide rates among college students and encouraging messages to seek help if someone is experiencing suicidal thoughts.

According to the American Foundation for Suicide Prevention, suicide is the tenth leading cause of death in the United States, while on average, there are an estimated total of 123 suicides worldwide per day.

The Step into Awareness event has taken place at the CSUSB campus for more than seven years and is usually held once during the school year to promote the supportive services offered at the university.

"Suicide is a real issue and



The Event featured tributes to those affected by suicide.

everyone should know that we have plenty of resources here on campus. It's so helpful for those who are going through it, attempting or have attempted. or they know someone who died of suicide. They are not alone," said lead peer health educator Crystal Ruedas.

The Student Health Center-Health Promotion Program also had tables set up outside of the Pfau Library that focused on a variety of interactive activities and informational booths. Students were able to contribute to a memory board by adding the names of people they know who died from suicide.

There was also a table about Project Semicolon, an anti-suicide initiative and non-profit organization that works to reduce incidents of suicide and to erase

the stigma surrounding the topic by getting people more informed.

"I personally know someone who has died from suicide, so when I first ran this booth, it was difficult for me because it brought back a lot of memories. You almost want to suppress it and not think about it," said senior peer health educator Beatrice Yanez. "But it's much more important to spread awareness of the issue. I hope anyone going through the same thing can find the resources they need here."

The CSUSB Student Health Center and Counseling and Psychological Services allow students to schedule appointments to meet with a member of the counseling staff Monday through Friday. Issues such as depression, death of a loved one and other personal traumas can be discussed.

Those who are experiencing suicidal thoughts or know someone who is are encouraged to call the National Suicide Prevention 1-800-273-TALK Lifeline at (8255).



Peer health educators pose by their table to help students for the Step into Awareness Event.

Sports help keep my anxiety under control

By Lauren Jennings Editor In Chief

Sports are probably my favorite thing in the world. They are on my mind nine times out of 10.

They have helped me through difficult times, usually brought on by my severe anxiety. I think back to when I was

so they could go to work and I always had a really hard time.

This happened on and off up until I started high school.

School itself no longer bothered me, but the idea of driving did. I was so nervous about taking driving lessons that I didn't even go on the freeway until I had my license for over a year.

My one true motivation for getting it though was so I could get a job at my favorite place in the world, The Epicenter,

home of the Rancho Cucamonga Quakes, a minor league baseball team

Before I started college, I had an overnight orientation. I had a panic attack.

The only thing that made me feel better was sitting on the dorm room bed and listening to the Quakes game on my iPad.

My anxiety has calmed for the most part, but my love of



in kindergarten. My mom or dad would try and drop me off



Photo courtesy of Patricio Amezquita She's been going to games since she was 2 weeks old.

sports has only grown.

I have expanded my knowledge and love from just baseball to football, hockey, volleyball, softball and soccer.

Not only have sports saved me from my anxiety, but they have opened so many doors to big opportunities for me.

Since starting college, I have continued working with the Quakes.

Last year was my sixth year with them. I'm going back for my seventh until I get a full-time job, then we will see.

In addition to the Quakes, I worked as the Sports Editor for CSUSB's newspaper for almost two and a half years. I am now the Editor in Chief.

I think the most amazing and special opportunity I've been

Photo courtesy of Sal Capuzzi Photo courtesy of Tiffany Newman Lauren's first year vs her sixth year working with the Quakes.

given though would have to be my job in the school's Athletics Department.

I have been working as the Media Relations Assistant in that department for about a year and a half now.

I've learned about soccer while substituting players in and out, how to track the libero in volleyball, and have done video work for basketball.

I have improved my scorekeeping abilities for baseball and softball, learning to use a computer application in addition to my standard paper book.

Lastly, I have learned a new style of writing while putting together spotlight pieces about different athletes.

All in all, I guess I am glad my anxiety could be cured by something that could teach me so much and offer me some many opportunities.

I cannot wait to see what it will do for me next.

Sports wise, that is...

Community Features

Coyote Chronicle

Kappa Sigma adopts a highway

By Ricardo Vega Staff Writer

Page 7

On Jan. 14, an early Saturday morning, CSUSB Kappa Sigma students participated in Adopt A Highway, a community service event that involved cleaning up the freeway near the University Parkway exit.

As drivers know, a lot of

trash and miscellaneous items are discarded on the side of the road. Kappa Sigma members believe that the highway should be kept clean because it makes the city of San Bernardino more appealing.

There are advantages to taking part in Adopt A Highway. "It has its benefits because

cleaning the highway is just a stepping stone to opening an individual's eyes, that if we each do our part the world can become a better environment," said CSUSB student Calvin Klein.

There are also drawbacks to this community service event.

"People driving on the freeway have no precaution for us when we are cleaning and they pass by too close and too fast," Klein said.

Removing the trash can decrease the chances of someone



Ricardo Vega | Chronicle Photos

getting into an accident because there will not be as many obstructions or distractions on the road.

Adopt A Highway benefits drivers as well as the local community.

"Doing this event saves the city money because they can put the money towards better resources that can improve the community, while volunteers clean the section of Adopt A Highway," said CSUSB student Cole Privette.

Adopt a Highway is when an organization or business picks out a section of the highway that needs to be kept cleaned and ensures this cleaning is completed.

"It benefits us because we acquire the knowledge of how important the environment is to the world, and how inputting only a couple hours of our free time can really make a change to not just the community but to the air we are breathing now," Privette said.

Helping the local community means helping CSUSB students.

"I believe this event benefits the college because students are always driving on the lane that is closest to the highway," Privette said.

All things considered, it

raises the chances of an accident when highways have trash flying around obscuring drivers' attention.

Vehicles are constantly switching lanes, and if there is trash on the roads, that can cause a collision with the car that runs through it. And if a car evades it and another does not see what lies in front of them, then there might be an accident.

Trash that is cleared from even the side of the road is helpful to all drivers because there are less obstacles on the road that might damage the vehicle or cause a flat tire. The space on the side of the freeways are not there as dumping grounds for items that people consider trash. They are there as a space for emergency stops.

That space is there so that if an emergency occurs with a person's vehicle, they are able to pull over to the side to see what the problem is. In the meantime, while the driver speculating what has happened to their vehicle, if it needs a toll, then there would be a sufficient amount of room with no trash impeding the towtruck.

Adopt A Highway plays a vital role for not just the drivers that are from the community but also for all the personnel who

Adopting a highway sounds like easy work, but you'd be surpised by the amount of trash.

Alpha Phi philanthropy week

By Jasmin Novoa Staff Writer

Philanthropy Week (Feb. 4 to Feb. 10) was hosted by Alpha Phi to spread awareness of women's heart health. They kicked off their week with Rock n' Jock on Sunday, Feb. 4.

The events were open to all students, but donations were required in order to participate. All activities were related to heart health, and all donations went to organizations focused on women's heart health. "Every year we have similar events, and this year I brought some of them back including a new event," said Georgia Santiago, Vice President of Community Relations. In the past, the events throughout the week led to Alpha Phi's main event, the Red Dress Gala. However, instead of a traditional gala, Santiago introduced the Red Dress Luncheon this year, which included family members and alumni. Sage Keyner, Director of Philanthropy, wants people to know how important it is to support philanthropies as she is

doing so with this being her first year in Alpha Phi.

"We like to show our community ways to make a difference. It's inspiring to see how many people you can gather around within the community to raise awareness," said Keyner.

Making a difference is what attracts many students to join Alpha Phi.

"I was drawn to the chapter and wanted to be as passionate as the girls were to the philanthropy," said a second year student, Melyssa Gonzales. "Last year was my first year in Alpha Phi, so the philanthropy was so new to me. This year, I involved myself more and became a member on the executive board because I know everything about it." On Tuesday, Feb. 6, students could place a heart-shaped Post-It note on the red dress board to signify who their heart beats for. Many students, both male and female, wrote the name of their mother, because the activity focused on women's health. On Wednesday, Feb. 7, students could show appreciation to women by writing a motivational quote on a box of Sweethearts, which later were distributed across campus to women.

One of the quotes read, "She believed she could, so she did." Being involved in these events has informed students

on the primary focuses of the philanthropy. "The whole week has been

fun, but what stands out the most is the interaction with the community. We wanted people to really know what women's heart health meant," said a third year student, Aylin Marquez. their first time knowing what women's heart health meant.

"I'm an exchange student from London, so it's all a new experience for me. Back home, we don't have fraternities or sororities in organizations. Being involved gave me the opportunity to understand the philanthropy and it has been fun," said Reice Madison, a Kappa Sigma member.

It was a successful week for

thropy, raised money, and spread awareness. I am so proud of Georgia and my sisters for introducing this new event. The amount of alumni's attending and the support we have received from the community has been amazing," said Jordan Boom, Chapter President of Alpha Phi.

The donations continued at the event as they planned games and raffles for the guests.

Alpha Phi will be hosting

On Thursday, Feb. 8, the Heart Throb Pageant event included the fraternity chapters. For some of the students, it was the sisters, ending their Philanthropy Week with the Red Dress Luncheon.

"We promoted our philan-

academic programs in the spring with a guest speaker. The programs will be open to all students on campus.



Jasmin Novoa | Chronicle Photos

Alpha Phi is one sorority that always throws the most entertaining charity fundraisers.

Fashion & Lifestyle

Page 8

Coyote Chronicle

February 21, 2018

The first Southern California Cracker Barrel



Elderly men rock back and forth outside Cracker Barrell on vintage country rockers as they wait to be seated for a homestyle country meal in Victorville.

By: Evelyn Carmona Staff Writer

Cracker Barrel, a popular restaurant on the East Coast, has arrived for the first time in Southern California and has been open for two weeks serving homestyle country food in Victorville.

The franchise has been busy ever since its grand opening. Many wait an hour or more to be seated and others shop in the Old

Country Store while waiting to be called. To save some time and beat the line, reserving online is beneficial.

The store is filled with country clothing, candy, home decorations and other amenities. Many filled their shopping baskets with the popular soda pops and candy. Children headed to the toy section, where there were many toys to choose from.

The restaurant is filled with Californian antiques from signs of Big Bear to Los Angeles.

Portraits of old folks in black and white are hung on the walls with plenty of other interesting artifacts that create the country setting.

A huge fireplace is centered in the eating area, making it a more cozy space. Many families and friends gathered with smiles and laughter as they were seated.

There are two menus: a breakfast and an evening from pancakes, eggs, and bacon to steak, mashed potatoes, macaroni and other delicious meals.

The franchise does not serve alcoholic beverages, but offers plenty of delicious iced teas among other sweet and enjoyable drinks.

Many were new to the country restaurant, such as firsttimer Christopher Swanberg. He didn't know what to expect other than a homestyle meal, which was accurate.

Swanberg had steak. macaroni, and corn with biscuits. "I enjoyed the food very much. It was a nice atmosphere,

it seemed to me like everyone was enjoying it. The staff was friendly and helpful. The place was decorated with an assortment of intriguing antique items. I definitely wasn't disappointed," said Swanberg.

Swanberg bought three bottles of soda pop: an Americana Honey Creme Craft and two Dad's Blue Cream Soda.

"They were very delicious and creamy," said Swanberg. "I definitely need to go back and buy some more."

Ride FREE with your CSUSB ID.

Plan your trip, track your bus, and more at Omnitrans.org.



Omnīgo

f 🗾 🖸

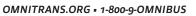


Ride any route FREE with your CSUSB ID. Use our convenient online Trip Planner or download the Omnitrans app with NexTrip arrivals, Rider Alerts, and more. Go free. Go easy. GoSmart.

No application, special pass or sticker required, just a current valid ID. Offer good for the 2017-18 school year. Details at Omnitrans.org







()**C1 BRAND NEW STATE-OF-THE-ART SOCCER FACILITY**

> Eight 5 vs 5 & Two 7 vs 7 **ProTurf fields with LED lighting**

- **Professional League Programs**
- **Tournaments**
- **Kids Coaching**
- **Bubble Soccer**

Phone: (909) 377-9044

Web: goals-soccer.com

E-mail: rancho@goals-soccer.com

Goals Cafe

0 🄰 🖻

- **Kids Birthday Parties**
- **Company / Team Events**

goals

Function Room Rental

Advertisements



registration, flexible scheduling and special student offers: call (909) 382-0063 or visit www.worldwidewings.net

SAVE \$2,500

2885 East "U" Street, Bldg 339 San Bernardino, CA 92408



Lifestyle

Oasis Vegetarian Café: A healthier alternative

By Estelle Aporongao Staff Writer

Oasis Vegetarian Café in Riverside, CA, is the singular solely plant-based restaurant in the city. Located within the La Sierra Natural Foods Market, Oasis is a familyowned establishment and has been serving locals plant-based Hispanic dishes since 1996. To this day, the restaurant continues to flourish among the community.

With its fully plant-based menu that offers organic, fresh, gluten-free, and non-GMO dishes, the restaurant has been hailed as one of the Inland Empire's best vegetarian restaurants that caters to those who are seeking to consume healthier options.

As we begin to settle into the new year, healthy foods have become a staple to the new millennial mindset and in turn has transformed our lifestyle choices.

One of the most prevalent problems in the U.S. has been the issue of obesity among

the average adult population. According to the CDC, more than one-third (36.5 percent) of U.S. adults have obesity, taken from an NCHS Data Brief conducted in 2015.

However, the resurgence of health-conscious consumers has prompted a new wave of dietary choices that are often nutrientintensive and most importantly, clean.

With this movement, the emergence of restaurants that are healthier in comparison to conventional food-chain corporations has also risen. Thus, an increase in vegetarian and vegan restaurants with plenty of plant-based alternatives have become a choice to combat the increasing health issues experienced today.

Unlike most restaurants with menu items that boast at least one or more processed ingredients with an even higher caloric intake, Oasis provides customers with dishes that are comprised of fresh, often locallysourced foods. The plant-based proteins that are incorporated within some of the dishes are also made by scratch every morning. I sat down with the owner of the restaurant, Branko Fernandez, to discuss the importance of having a plantbased restaurant within the community.

"As a family, we want to operate a business that has the highest integrity. We wanted our food to be healing in comparison to alternative foods out there. Health is everything to me and I believe that if we are able to achieve the optimal health, we can achieve the best versions of ourselves,"said Fernandez.

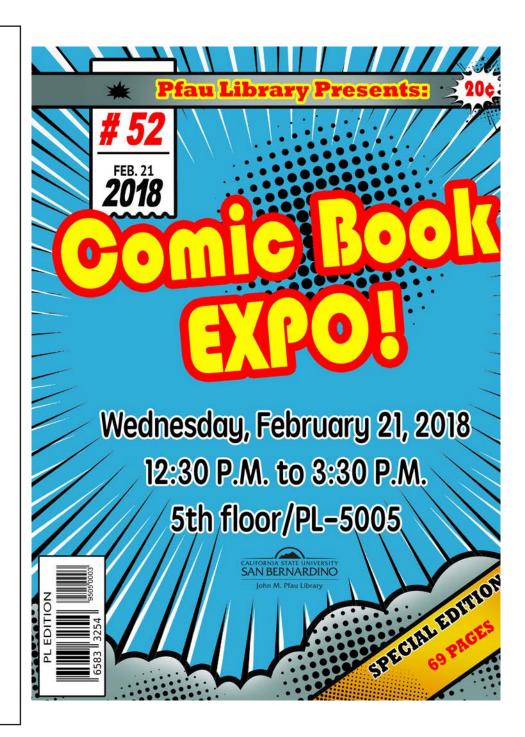
Since 2017, the restaurant has also undergone a few changes, with Fernandez choosing to revamp the menu and start by scratch. As a result, all the items served within Oasis are completely fresh and even made from scratch. Some of the restaurant's most popular dishes include their plant-based carnitas tacos, black bean burger, jack fruit tacos, avocado wrap, carne asada burrito, and steak fajitas bowls.

In addition, students can receive a 10% discount on any purchase the next time they drop by.



Photo courtesy of Estelle Aporongae They say it couldn't be done but here it is, a vegan taco.





TEACHERS

Now interviewing certified special educators to teach students with developmental and physical disabilities.

Visit our website for all teaching positions available.



call: 760-255-6000 or apply online at: www.barstow.k12.ca.us

Technology

Coyote Chronicle

The new Karma drone by GoPro

By Ricardo Orozco Staff Writer

It's the perfect time to make a purchase if you're looking to buy a drone for photography or videography.

Since GoPro drone technology was released, they are not staying in the drone business after all.

They are lowering their prices in cameras and in the drone, marking down to 100 dollars GoPro released their first drone in October of 2016.

Considering they are already in the camera business, they decided to take a different route and tried to compete with other companies in the drone market such as DJI.

However, GoPro ended up recalling the Karma drones and decided to release a new and updated version.

It performed better, but the fact that it had the stigma from the first released version did not benefit sales. I still think the Karma drone is a steal with the price being at 599 dollars.

The drone has improved since its release in 2016.

It no longer falls out of the sky, or randomly flies awa, plus i t has all the things you need as a content creator. The Karma is much more than a drone, as it gives you video stabilization in the air and on the ground.

It comes with a backpack that you can carry with you anywhere. And a grip and a gimbal where you can attach your GoPro.

This is convenient if you're going out on a trip or hiking and you want to capture the moment.

You can detach the gimbal from the Karma drone and attach it to the grip when you want to record on the ground.

It comes with one battery for the drone that will last about 18 minutes of flight time, which is not that much. A charger, a controller, the grip, a GoPro harness for hero 5/6. and propellors.

There is a Karma drone that can be sold with or without the GoPro Camera, and for those who already have the hero camera, it will be cheaper to get the Karma drone since you save at least 200 dollars.

I have experienced a great sense of versatility with the Go-Pro Karma drone.

Whenever I want to get aerial footage of Newport Beach, I'll just pull out the Karma and fly alongside the coast. And If I want to record my niece running around playing in the sand, I'll detach the gimbal and camera from the drone and attach it to the grip, to record.

It provides the ability to create very smooth, cinematic footage, I would not recommend the drone for video blogs because the audio capabilities in the camera can sound pretty bad and muffled.

If you're a beginner like me in flying drones, it isn't that difficult to learn.

You can actually learn quite

fast.

The best thing to do when you practice is to take it to a very open space like a park or field. Make sure there are no posts or telephone wires nearby, and also make sure you're not in a no-fly zone.

There is a flight simulator that teaches you the basics, but actually practicing flying the drone is more beneficial.

If you're a videographer or

photographer, I highly recommend this drone.

Even if you're someone who just likes to document special moments, this will be a good start, considering the prices and the versatility of this package.

If I had the money, I would no doubt go with DJI Phantom 4 or The Mavic Pro. But, since I already have the GoPro Hero 4, I chose to go with the Karma drone.



The GoPro is attached to the gimbol that hold the camera steady when flying the drone.

Start your drone remote controls

By Emmanuel Tanopo Staff Writer

With small flying machines that fly up to 120 mph, these racing drones are looking for pilots with the fastest reaction times and skill to master them. Although drone racing has been around for a while, it has started to pick up in popularity, with big move it around.

For anyone who is interested in racing drones, there are alternatives to try them out without spending a whole lot of money. There are games such as DRL Simulator that can be great for basics and honing skills that will make amateurs into better pilots. All that is needed is a decent computer, along with a console controller or remote controllers with a micro usb input for a more immersive experience. These drones take a lot of skill to master, and it would be cheaper to crash in a simulator than to crash in real life.

Every year, the DRL hosts tryouts for an opportunity of

sponsorship. The top 25 pilots on the simulators' leaderboards are the ones invited to tryout.

Kyle Cooney A.K.A. Sliguykyle is one of the professional drone pilots invited to the DRL Swatch tryouts this past weekend. He placed seventh from the top 25 pilots in the world for a shot at piloting racing drones under sponsorship from the major watch company Swatch.

Photo courtesy of Nick Mediati

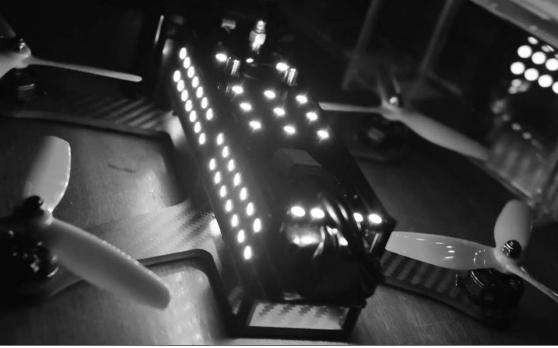
"Right now, drone racing is exploding. People are catching on quickly, but it still has a long way to go," Cooney said. "The beauty of this is that it is more obtainable to be well known in the racing community."

Why does Cooney enjoy drone racing so much? "It is the quickest thinking racing on the planet without the risk of injuring yourself. It also allows me to see the world in a different perspective," Cooney said. Cooney believes drone racing is "less toxic" than other forms of competitive racing. The FPV drone community is also very supportive. There are various forums that are open to newcomers when it comes to questions, tips, troubleshooting and events that could be happening. "The FPV community is one of the most supportive and helpful communities that I have been a part of; everyone i met in the community, i have gotten along with." Cooney continues "Feel free to get a hold of us (Racing community) if you need any help getting started with FPV."

companies such as Bud Light and Swatch looking for pilots to sponsor for racing seasons. For instance, last year's contract from Bud Light paid 75,000 dollars for a spot on their team.

The Drone Racing League season is televised on ESPN and is live streamed via Twitch.tv.

There is some terminology involved with understanding how drones work and what makes them so unique. For example, FPV stands for first person view. The types of drones used in races are called FPV quadcopters. Racers put on goggles to get a first person perspective from their quads. The racers receive footage from a camera and transmitter that are placed on the quad. They are called quads because they have four rotors that are used to



Emmanuel Tanopo| Chronicle Photos

With drone racing becoming more popular, the best pilots will be needed in the future.

Sports

Page 12

Student-athletes thrive under Shawn Farrell



Director of Athletics, Shawn Farrell, shakes hands with basketball player, Tymarieh Dixon.

By Joshua Jacques Staff Writer

Being an athletic director for a big school like California State University, San Bernardino requires experience and a passion for all sports.

Shawn Farrell, who was hired as the new athletic director in May of last year, after nearly nine years at Division I Seattle University, happens to have tons of experience and a genuine love for sports.

Not just sports, Farrell has a genuine love for the students first.

When you come across Farrell, you can sense that he genuinely cares for his student athletes. He believes when you truly care for someone, positive results will be brought about naturally. Whether it is a league championship or the maturation of a young adult, Farrell believes in focusing on the little things and building a strong foundation. He touts a strictly student-centered approach as his vision for the entire program.

"Academic and personal development is our main priority," Farrell said. "Our main goal is to develop young adults while using sports and competition as a driver."

While most athletic directors seem to focus strictly on the number of championships within their program, Farrell's mission and vision simply focus on building student athletes into successful, productive human beings who are ready for the real world.

Farrell heavily emphasizes the importance of being successful in the classroom.

"Our athletes are students first, so we have to stress the importance of succeeding in the classroom," Farrell said. "We strongly believe success in the classroom is directly correlated to success within our teams."

Being the athletic director of a Division II school takes a lot of work and Farrell is a busy man. He leads Student Athlete Affairs, controls the school athletic budget and personally manages 40 employees.

Farrell is also in charge of personally selecting head coaches when a position opens up. His first hire was CSUSB men's baseball coach, Mike Nadau, whom he knew from Seattle University.

Farrell stresses a couple of qualities he believes are important for college coaches to posess.

"I look for someone who is a good teacher and has experience with kids in college," Farrell said. "I believe it is important for a coach to know how to relate and understand the ages of our students to the kids they are coaching."

That ability to discern what a certain team needs is vital for a position as important as an athletic director.

Farrell does not take any shortcuts and emphasizes building strong, formidable foundations such as character and hard work. He believes in passion and that loving what you do are key components into running any athletic program.

While Farrell holds a doctorate degree in law from University of Washington, it was passion that ultimately led him to take this opportunity.

"While doing stuff related to my law degree may make more money, it is being passionate about helping develop student athletes reach their full potential which drives me and ultimately makes me happy," Farrell said.

To him, it is a huge honor and privilege to have his values and beliefs be the foundation of an entire sports program.

Most of all, he appreciates competition and seeing the students athletes compete and excel in intense environments.

Farrell personally aspires for the sports program to be known around the country.

"We want to develop a nationally competitive program," Farrell said. "We want to be known for building a strong foundation doing it the right way all while focusing on the student development first."

Professional Golfer's Association Tour

By Kyle Barry Staff Writer

points in the season-long race for the FedEx Cup. The season has already shown signs of young talents taking their first steps to success. Ryan Armour (Sanderson Farms Championship), Patrick Cantlay (Shriners Hospitals for Children Open), Patton Kizzire (OHL Classic at Mayakoba) and Austin Cook (RSM Classic) all celebrated their first victories in 2017, with Cantlay, Kizzire and Cook earning their first PGA Tour trophies in successive weeks. Although early season events lack a certain degree of star power, big names and veterans looking for a head start in the FedEx Cup points race are often present in the field. OWGR No. 4 Justin Thomas and OWGR No. 5 Justin Rose both started their seasons in great fashion, with

Thomas reigning supreme at the inaugural CJ Cup at Nine Bridges and Rose clinching an inspiring come-from-becompetition after shooting a second-round 74 in 2006, and his 2018 start resulted in a missed cut. Golf Championships, Mexico Championship hosted in Mexico City.

The Florida swing pres-

Already seventeen events into the 2017-2018 wraparound season, the PGA tour is in full swing.

Many golf fanatics regard the annual Tournament of Champions, held in beautiful Kapalua, Hawaii, as the true "start" of the season because it is the first event held after ringing in the new year. While this may be the start of a new year, it is actually the eleventh tournament of the season.

Many of the early events held are often void of the game's elites, such as Official World Golf Ranking (OWGR) No. 1 Dustin Johnson, Spaniard John Rahm and fan favorite Jordan Spieth, opening the door to gain valuable hind victory at the World Golf Championships-HSBC Champions event in Shanghai, China.

The seventeenth event of the season, The Genesis Open, at Riviera Country Club in Pacific Palisades, California, was arguably the strongest field of the season to date. The field included defending champion Johnson, four-time major champion Rory McIlroy, 2013 Masters champion Adam Scott, 2017 Open champion Spieth and who could forget, Tiger Woods.

Woods made his first appearance at Riviera in twelve years, an event that did not end well for him. Tiger withdrew from the Notables in the field included: Justin Thomas, Phil Mickelson, Tommy Fleetwood, Bubba Watson and Ryder Cup Captain Jim Furyk, among others.

At the end of the week, it was Watson who bested the field. Watson turned in a 12 under par performance which was strong enough to win by two strokes. The title was Watson's first since the 2015-2016 season, his third win at Riviera Country Club and his tenth career victory.

With the west coast swing completed, players shift their focus to the Florida swing. Three of the next four PGA Tour events will be held in The Sunshine State, excluding the World

ents great opportunities for all players to earn FedEx Cup points but possibly even more importantly, allows players to fine-tune their skills in preparation for the season's first major championship. A tradition unlike any other, The Masters is the only major championship that is held at the same venue every year, the Augusta National Golf Club in Augusta, Georgia. The Masters will be held April 5-8, with the games biggest names competing for the coveted green jacket. Johnson (+700) is the current favorite, followed closely by Spieth (+750), McIlroy (+850), Jason Day (+1400) and Rahm (+1400),

according to Bovada.

Arts & Entertainment

Coyote Chronicle

February 21, 2018

Goddess Provisions subscription box: Let your creativity flow



Gabriella Arana | Chronicle Photos

CSUSB student Andrea Engelhorn exploring her 6th Goddess Provisions Subscription Box for January 2018.

By Andrea Engelhorn Managing Editor

A Goddess Provisions monthly subscription costs 33.00 dollars a month with free shipping in the U.S. A box contains around 5 to 8 witchy items that exceed the value of the 33 dollars.

I have been subscribed to Goddess Provisions Monthly Subscription Box for 6 months now and so far I am impressed. These items are sold by outside small businesses, so they will have shipping and will most likely be hand made, so higher cost for labor, making this box worth the cost for items you enjoy.

So each box comes with a card that displays the items of the month, and it breaks down the original cost of each item sold by their original company and gives a short description of each item. The individual cost of these products adds up to 67 dollars total! That is 34 dollars more than what you pay for this box!

I think that the price is worth it for this box IF (and only IF) you will actually use the items in the box and enjoy them. If you are weary about purchasing a box because you might not use ALL the items, Goddess Provisions reveals the items in each box at the beginning of the month, so you can always wait to order until after every item has been revealed.

This box has seven featured products: Raise Your Vibration Mason Jar, NUMI Tea Vision Tea, Denik Silver Eyes Notebook, The Hippie Homesteader Motivate Serum, Addictive Wellness Focus Chocolate, Pacifica Dark Circle Rehab, and Dalmatian Jasper.

The Mason jar is adorable and positive on its message. It is listed at nine dollars in value, and honestly, I would rather buy a jar from a discount store and stick a sticker on it to save money. The decal isn't the best quality and for sure wouldn't survive a trip in a dish washer. All that aside, I am glad it's in the box because it is cute and I use it often for water in my nightstand.

The NUMI Tea box came with 16 individual tea bags and is valued at eight dollars. I love this tea and I think this tea is worth the 50 cents a tea bag. The tea is delicious hot and iced, and it doesn't necessarily need sweetener when I normally add a bit of sweetener to my teas. I felt energized and focused after a nice glass of tea and found myself easily sitting for hours to do my work. I will probably look into purchasing another box through NUMI.

The notebook is elegant, magical, and mature. I love everything about it. The cover is sturdy and the pages are clean and lined, though the binding is glue so the cover gets bent as you use it. This item is valued at 12 dollars and I would not personally pay that much because I am cheap, but I am very pleased it is in this box and will use it often.

The serum is a perfume-style, roller top that you roll over your skin to leave a scent. The scent overwhelms your nose with a refreshing and clearing scent of lemon and rosemary with a dash of pine needle and peppermint. I like to put some on my wrists during class to wake up and smell yummy. It is strong but it doesn't give me a headache like some pungent things do. This item is listed for ten dollars and I think it is worth the cost. If I didn't have my own oils to mix, I could see myself purchasing this item on my own.

The vegan chocolates are something I got CSUSB freshman and practicing vegan Robert Hancock to try.

"The chocolate tasted milder



Included in this month's box was a Denik notebook for ideas.

than most other dark chocolates. The subtle flavors present do not lead one to believe they are consuming lion's mane mushrooms with their chocolate," Hancock said. "Overall, the taste is pleasant, even though the chocolate may be a bit difficult to bite into at first."

This product is valued at eight dollars for four pieces of chocolate. Hancock concluded that the chocolate should not be valued at two dollars a piece, so he would not personally purchase this chocolate on his own.

The correcting cream from Pacifica is 100% vegan and cruelty-free, and the purple shade worked well on my cool-toned skin. I didn't even need to cover it with concealer because it was sheer but effective. This item is valued as 14 dollars and as a college student, I would not pay that much for color correcting cream when I can use a cheaper alternative, like coffee.

Last, but not least, the Jasper stone is a wonderful piece to add to any stone/crystal collection. It is small and cubical, so I find it enjoyable to hold when reading. This item is valued at six dollars and I find that reasonable for a stone/crystal of this quality. As a collector I find this price to be reasonable.



This box contains items perfect for those with creative vision.

Ruby Force "Evolutionary War"

By Devin Renich Staff Writer

Erin McLaughlin is a local singer and songwriter also known as the fearless Ruby Force. Her music is modern and fresh, encompassing sounds of traditional country and folk with an indie rock twist.

McLaughlin discovered her love for music during her childhood. Though her mother says she has been singing for as long as she could remember, the young musician began to sing properly with her church when she was around seven years-old.

With the support of her church choir, McLaughlin learned harmonies and melodies, and gained insight and wisdom for the first time. Experiencing music through her church confirmed her desire to continue performing, which led to getting her first guitar and teaching herself to play.

"I asked anyone and everyone who could show me basic guitar chords to teach me something new on the guitar. One of my friends gave me my first Epiphone made by Gibson, and I always had rhythm, that was one of the first things he noticed when he put the guitar in my hand," McLaughlin said.

From that point on, Mc-Laughlin felt all there was left to do was gain the life experiences needed to have something real to write about. "I went through a series of family loss, so I finally had something to write about, and I never looked back," McLaughlin said.

Last year, McLaughlin released her first album, "Evolutionary War," under the persona Ruby Force. The album debuted in late June and was listed on Rolling Stone magazine's 10 Artists You Need to Know: June 2017.

The album was created over a span of six years and features a variety of songs, inspired from different aspects of Mc-Laughlin's life. This is where its title "Evolutionary War" comes from. She describes the "evolution" of the album as all the changes and mixing applied to her songs over the years, and the "war" as an ode to her dedication in creating the album, as well as the obstacles she went through to bring it to life.

"The closer you get, the more resistance it feels like there is sometimes. So, you need that fighting spirit, for sure, to make a work of art," McLaughlin said.

There is no doubt that this same spirit is what sparks her fire on stage as the insatiable Ruby Force, McLaughlin's stage persona. The beauty of Ruby Force, aside from the general coolness of the name, is that she provides McLaughlin with a place to be vulnerable without judgement.

"She cannot do anything wrong. She just expresses herself. Whereas Erin has to live up to a lot of expectations," Mc-Laughlin explained.

Ruby Force is Erin Mc-Laughlin, free from inhibitions and expectations. She is only responsible for one thing: expressing herself through music, which in turn allows her to deliver an exciting rock star performance.

"She is me, and she is a rock star," McLaughlin said.

Currently, Ruby Force continues to play shows in the Los Angeles area and plans to keep creating new music and recording in the future. To listen to her music and to be notified about any shows planned for the future, visit her website at rubyforcemusic.com or find her on social media under the name Ruby Force.

Arts & Entertainment

Page 14

Coyote Chronicle

One Love Reggae festival ma'n

By Shauna Christie Staff Writer

On Feb. 10 and 11, one of Southern California's most beloved music festivals came back to town. The One Love Cali Reggae festival took place for the third year in a row at the Queen Mary in Long Beach, California.

The festival consisted of two separate stages that had musicians playing on both days, as well as a pre-party on Feb. 9 that was on the Queen Mary boat. This pre-party event gave people a chance to see some of the artists in a smaller setting. Reggae music fans had positive comments for the festival.

"This festival is absolutely amazing and I can't get over how good this year's line-up is," said One Love festival attendee Gabby Mazza.

Top rated reggae artists were welcomed to the stage for this two-day festival.

On day one, Rebelution, Atmosphere, Iration, J Boog, Pepper, Matisyahu, Fortunate Youth, Collie Buddz and many others took to the stage. On day two, Nas, Ben Harper & the Innocent Criminals, Iration, Stick Figure, Common Kings and more put on an amazing show for Long Beach's reggae fans.

With Long Beach being California's most rooted place for authentic, reggae style music, the Queen Mary was the perfect venue for the occasion.

"Long Beach is where this all started! This place is the roots of where reggae was born and it feels great to play here and keep that legacy going," said Micah Pueschel, the vocalist of Iration. The One Love festival sold out of tickets weeks before the show began by people who were ecstatic to be there.

The vibe of the crowd was full of pure happiness, love, and unity. Everywhere you turned, people were smiling, laughing and dancing.

"I can't believe how many people are here. I was so excited when I heard the festival was sold out. It's so cool being surrounded by people who all have a love and passion for real reggae music," said Logan Phelps, a One Lover. Considering this is only the third year this festival has taken place, One Love has really set the bar high for their future events.

As the reggae community continues to grow, Long Beach will always be the number one spot for reggae lovers to get together.

The 2019 One Love Cali Reggae festival has a tough competition to beat the lineup of 2018, but without a doubt, the reggae community will come together again and put on the show of a lifetime.



Shauna Chistie| Chronicle Photos

J Boog, one of Hawaii's top reggae artists, came to Sunny California to perform for thousands of people that came together for one big love fest.

"Black Panther: The Album"

By Matthew Martinez Staff Writer

The long awaited and properly hyped Marvel blockbuster "Black Panther" is set to break opening weekend box office records upon its release on Feb. 16, 2018. Last week, the official soundtrack for the film, "Black Panther: The Album," was released. It comes as no surprise that the hottest record label in hip-hop since Death Row would take on the task of producing the soundtrack to a film that is set to have a lasting impact on popular culture. On Jan. 4, 2018, Kendrick Lamar, Anthony "Top Dawg" Tiffith, and Top Dawg Entertainment announced in a press release that they would be exclusively producing "Black Panther: The Album."

ed his name to be mentioned amongst the hip-hop greats with classic albums like "Good Kid, M.A.A.D City" and "To Pimp a Butterfly." His most recent February 16th. In the introduction track of the album, Kendrick is rapping as the role of protagonist T'Challa, while on the song "King's Dead" he takes the form SiR's debut album "November" release last month, new albums by ScHoolboy Q and Jay Rock expected to be released later this year, and of course, "Black only making conscious albums?" says Lamar, while rapping over Future's "Mask Off."

Top Dawg Entertainment has focused solely on artistry and

Lamar has already cement-

release "DAMN." However, the artist decided to have more of an orchestral conductor role for "Black Panther: The Album." Although he appears on majority of the songs, some in a supporting role, this is not a Kendrick Lamar only album. The soundtrack features other musicians as well, most of whom work closely with Lamar and his team, including SZA, ScHoolBoy Q, Jay Rock, Future, The Weeknd, Vince Staples, James Blake, Travis Scott and more.

Although this is not the actual score for the Black Panther film (Ludwig Göransson, who produced Childish Gambino's "Redbone" took the reigns for that task), Lamar and Tiffith took inspiration from scenes of the blockbuster set to release on of antagonist Kilmonger.

It is only February, but it's already looking like it will be Top Dawg Entertainment's year, again.

They scorched the competition last year with two critically acclaimed albums. "Ctrl" by SZA and "DAMN." by Lamar earned a combined thirteen Grammy nominations and also held the top two spots on the Billboard Hot 100 simultaneously. They released a string of aesthetically pleasing and deep-rooted music videos, as well as performed for two sold-out tours in promotion of their albums.

In 2018, Top Dawg Entertainment has already earned recognition for their artistry with numerous Grammy wins, Top Dawg Entertainment's label-mate Panther: The Album."

But, Top Dawg Entertainment has no plans to slow down. They also announced their first-ever, full label tour last month called "The Championship Tour," which will feature every artist signed to them.

And all of this is occurring while Kung Fu Kenny is overseas for the European leg of his sold-out DAMN. World Tour.

Top Dawg Entertainment has taken over the narrative of what it means to be a record label that does what they want, when they want, unapologetically. They have found the formula to be 100% themselves in a market that thrives off trying to duplicate popular trends.

"How y'all let a conscious [rapper] go commercial while found a way to make it commercial.

"From the jump I thought (being an artist) was about the accolades and the cars and the clothes," says Lamar while accepting the 2018 Grammy award for Best Rap Album, "but, it's really about expressing yourself and putting that paint on a canvas for the world to evolve, for the next listener and the next generation after that."

"Black Panther: The Album" has been out for less than a week, but its impact will last for years to come. We can all thank Kung Fu Kenny and the rest of the champions at Top Dawg Entertainment for coming up with their own formula for that.

Arts & Entertainment

Frankenstein awakens at CSUSB

By Crystal Harrell Senior Reporter

Page 15

The CSUSB Theatre Arts department will continue to present its 2017-18 play lineup themed Power & Control with its upcoming production of "Frankenstein."

Opening at the Barnes Theatre stage on March 9 and continuing its run on March 10, 15, 16, and 17 at 8 p.m. and March 11 and 18 at 2 p.m., this adaptation of Mary Shelley's classic gothic tale will be directed by professor Tom Provenzano.

Having directed twenty plays over the course of his 24 years teaching at CSUSB, Provenzano has been wanting to direct this particular play for quite some time.

Due to difficulties with obtaining the rights to the script of a pre-existing London production of Frankenstein, he decided he would write his own take on the iconic story.

"It's adapted from [Mary Shelley's] book, but it's not just the story. It's also a pre-story that explores the events that led her to write 'Frankenstein' in the first place," said Provenzano.

Writing a script inspired from the classic work of literature required research on Shelley and the circumstances involving the creation of "Frankenstein." The novel was originally written as part of an exercise among her poet husband Percy Bysshe Shelley, Lord Byron and herself to see who could pen the best ghost story.

"What I didn't know when I started writing the script was that this is actually the 200th anniversary of when the book was first released, so it's definitely the right time to put on this play," stated Provenzano.

The theatre department's adaptation of "Frankenstein" is currently still in the stages of rehearsal, but Provenzano assures that the production quality is well worth the amount of preparation and is designed to resemble that of a graphic novel in its movement.

"It's a large show and we're using a lot of projections, but we also have a number of sets moving around. We want to make the moving sets part of the story instead of pretending the changes aren't happening," said Provenzano. "There are students designing lights and helping with sound, so it's a very student-oriented production."

Keeping in the same spirit of the novel's gothic roots, the director asserts that "Frankenstein" will be melodramatic and have some elements of horror, but ultimately, it will focus more on the



Lauren Jennings| Chronicle Photo

Rehersals with props and set movements have been taking place in the Barnes Theatre.

people involved in the story.

The production will also delve deeper into themes regarding how much power society gives to science.

"[The script] is more in keeping with the style of the literature certainly than with most movies that people would've seen about Frankenstein. I would say that 80 percent of the dialogue is either from the book or from quotations of famous people from that period," said Provenzano. The director credits working with young, promising actors as his favorite part of helming the production. He encourages students to see "Frankenstein," as it shines light on the theatre art form.

"Students who go through this particular theatre program may not want to be actors, but usually what they do is they learn about other technical aspects, have a love for this kind of profession and they end up working in that field, which is very lucrative," said Provenzano.

Tickets to "Frankenstein" can be purchased online at the CSUSB theatre website one month before opening night.

General admission is \$15, while CSUSB students and children aged five to seventeen get in for \$6.

Senior adults aged 55 or older, scholarship donors, active military personnel, university faculty and staff and members of the CSUSB Alumni Association also receive a discount of \$12.

Anime L.A. comes to Ontario

By Emmanuel Tanopo Staff Writer

Despite its name, Anime L.A. found the Ontario Convention Center to be its home.

As guests walked through the door, they were given a tote bag along with a large magazine-sized book filled with useful information for exhibits and events. This event book Most of the attendees were cosplayers.

Cosplay is the art of dressing up as a character from a movie, book, anime or video game. The outfits are executed to the smallest detail.

Some examples of spot-on cosplayers at this event consist of characters from "Rick and Morty", various characters from the popular video game "Overwatch" and the very popular to attach to their entry pass to show off their achievements. This was the real-life equivalent of gaming achievements, where if you perform a certain action, you receive a ribbon.

Some people had so many ribbons that they either dragged when they walked or had to be rolled up in order to keep them together.

Examples of the actions performed to receive ribbons ranged from reciting the Konami code to shouting your best "Hadouken" from the "Street Fighter" franchise.

In the main building, there were two main areas where people could shop for merchandise. One giant room, called Artists' Alley, was dedicated to fanart, and the other room, called Dealer's Hall, was focused on more physical things like clothes, weapons and figurines.

There are also panels containing special guests from the industry as well, such as voice Ochoa. "You are more likely to see the same people every year."

Across the street, at the Ontario Gateway Hotel, attendees participated in other events in entertainment rooms, where they could earn ribbons by playing video games, singing karaoke, reading manga and redeeming points for prizes. There was also an appropriately themed maid cafe for those seeking replenishment.

In the parking lot of the convention center, there was a collection of "Itasha Style" cars hosted by Itasha Alliance. Itasha Style is the art of wrapping a car with designs from an anime. To sum up the event, one can expect many cosplayers and merchandise booths. Expecting only that, however, would be a major disservice to the event in its entirety. Even if you are not deeply into anime culture, there is definitely a lot more going on at Anime L.A. From appreciating the level of detail these cosplayers put into their costumes, to participating and obtaining ribbons, there is definitely something for everyone to enjoy.

was a great reference guide for the weekend and kept attendees informed. anime pop sensation Hatsune Miku.

Attendees collected ribbons



Emmanuel Tanopo| Chronicle Photos

Cosplayers dress as the latest Fate/Stay anime characters and pose in front of Itasha Style cars.

actors as big as Steve Blum (Toonami Tom from Cartoon Network, Spike from Cowboy Bebop), cosplay celebrities as well as cartoon creators.

Student Shantel Ochoa has been in the cosplay scene for the last four years.

"Anime L.A. is less populated than Anime Expo," Ochoa said. "It is about four times smaller, but that is a good thing. People are more likely to see the same people every year so this con has a nice community aspect to it."

Ochoa's best friend sells artwork at Artists' Alley, and they said they have a higher chance of selling artwork because it is not as competitive as Anime Expo.

"Anime L.A. has a better sense of community," said

Expressions

Page 16

Coyote Chronicle

February 21, 2018

Pacific Review: Open Mic Night

Poem By Allison Turman Contributing Writer

Danya Padilla | Chronicle Photos

CALL ME WHAT YOU WANT

What's the deal with looks? Okay, I'm not a size two But I'm healthy, why would I want to be a size two? My hair is simple, dark brown, subtle highlights, a little flat My skin is pale; I'm naturally hairy and have scars on my back from acne that did not heal Properly, along with a hormone imbalance that makes hair grow in unnatural places I despise makeup . . . okay a little biased, I wear some on special occasions But it's superficial And I don't need it to feel beautiful But my best feature are my blue eyes . . .

Here's the thing— I love anime

The way two dimensional figures portray as human Every personality reminds me of someone that I know, The fact that they are not afraid to show naked bodies at certain moments Although some always look like a model type, they are so much more . . . They laugh, cry, share, love, embrace, think they're happy, sad, angry, frustrated, Cheery, surprised, they feel good about themselves They are the ones that never have to worry about what they look like When they need to save the world . . . I am a Disney geek I know every line, every word to just about every song and every movie scene By Frank P. Tagaban Contributing Artist



If taken the time I could replay most Disney scenes I could go on about animation all day I dance decently

When my song is on, I sing, even though I sing horribly
I am emotional and sensitive . . . and no, that is not every girl
I have terrible sense of direction
I have a slight hot-headed temper
I have a huge sweet tooth
I could keep going, but where's the fun in that?
While you keep guessing about this incredible
mystery in front of you, think of this . . .
Did you know any of that just by my looks?



CONNECT WITH US

y	Ø	Coyote Chronicle		f
@CSUSBChronicle	@CoyoteChronicle	CoyoteChronicle.net	@CoyoteChronicle	CoyoteChronicle