



Coyote Chronicle



Jason Samp | Chronicle Photos

#NeverAgain has become the primary tagline for the March For Our Lives campaign that demands the safety and lives of kids to become a priority.

Parkland Shooting Protests

By Crystal Harrell
Senior Reporter

The deadly Valentine's Day mass shooting at Marjory Stoneman Douglas High School in Parkland, Florida, sparked a call to action to enforce stricter gun control laws.

The gunman was a student at the school and shot multiple rounds from an AR-15 style semi-automatic rifle.

17 were killed, consisting of students and faculty. Fourteen others were injured.

According to gun advocacy group EveryTown for Gun Safety, the Parkland massacre is the 17th school shooting to have occurred in 2018. Among the incidents listed is the CSUSB campus shooting, which occurred on Jan. 10.

There were shots fired near the Visual Arts building, with at least one bullet entering a classroom. There were no injuries or deaths.

Walker Beverly, a graduate teaching associate in the communication studies department, believes that CSUSB

should be actively involved in the efforts to enact stricter gun control laws.

"These kids in Florida are starting a movement and CSUSB needs to be a part of that movement ... because we have had a shooting on our campus this year, a shooting at a local elementary school and our campus was used for evacuations, and we can never forget the San Bernardino mass murders a couple of years ago," he said. "Movements start just like the Floridians are doing and we need to figure out a way for

CSUSB's voices to be heard and be a part of their movement. A march, a walkout, something to show solidarity on this subject of mass murders and assault weapons."

Students from high schools across the country staged walkouts to show solidarity with Marjory Stoneman Douglas High School and to demand change from lawmakers. Demonstrations of activism also included a silent lie-in outside of the White House on Feb. 19.

A group, called March For Our Lives, was formed by

survivors of the fatal Florida high school shooting. Their mission statement is "to demand that a comprehensive and effective bill be immediately brought before Congress to address ... gun issues."

March For Our Lives has already garnered significant support from the public, with celebrities like George Clooney and Oprah Winfrey donating generously to the cause.

There are currently plans led by the student activists of March For Our Lives to gather in Washington, D.C. on March 24.

Media Literacy

By Estelle Aporongao
Staff Writer

On Feb. 28, the Pfau Library hosted a screening and discussion of "Killing Us Softly 4", headed by Dr. Zala Volcic. In this open seminar, students and faculty were invited to join together to view and discuss Jean Kilbourne's latest installment of her critical lectures exploring the damaging effects of media

and advertising on women in American society.

The first half of the seminar involved an introduction to Kilbourne's latest installment of her documentary series with the most recent one being released in 2010.

After this, Dr. Volcic discussed the film to further immerse the audience in Kilbourne's lecture. Attendees were invited to analyze sexism,

Continued on Pg. 4...



Estelle Aporongao | Chronicle Photos

The reality of image-based insecurities is exposed by Kilbourne's critical lectures about women in American Society.

Inside This Issue

What is Ombuds?
Pg. 5

Prepare for finals!
Pg. 10

Comic book expo
Pg. 15

Contributors

- Production Manager** Sean Maulding
- Editor In Chief** Lauren Jennings
- Managing Editor** Andrea Engelhorn
- Copy Editor** Paul Nunez
- Multimedia Editor** Jason P. Samp
- Layout Editors** Robin Briggs
Gabiella Arana
- Sports Editor** Breeze Rivers
- Web Editor** Robert Hancock
- Senior Reporter** Crystal Harrell
- Photoreporter** Joshua Ocampo
- Cyber Security Consultants** Jacob Collins & Bailey Kasin
- Distribution Manager** Robin Briggs
- Faculty Advisor** Mariam Betlemidze
Mariam.Betlemidze@csusb.edu
- Guest Advisor for Socials, Promotions and Photography** Jessica Block Nerren
Jessica.BlockNerren@csusb.edu
- Advertising** Linda Sand
LSand@csusb.edu

Staff Writers

Estelle Aporongao, Kimberly Ayon, Kyle Barry, Sonja Bookin, Avery Bracken, Evelyn Carmona, Shauna Christie, Kaitlyn Connelly, Cassandra Garcia, Bryan Garcia, Joshua Jacques, Manuel Macias, Matthew Martinez, Jasmin Novoa, Ricardo Orozco, Gloria Posada-Alvarado, Devin Renich, Bryan Romero, Emmanuel Tanopo, Ricardo Vega, Zhiying Xu

Promotions Staff

Taylor Renee' Adams, Aidee Lambaren, Dorian Butler, Briana K. Calderon, Shauna Christie, Sabrea Emani Coleman, Jonathan Cuevas, Alysha Darby, Michelle Duron, Michael Embry, Corinne Garcia, Genevieve Gonzalez I, Jasleen Gonzalez, Leslie Gutierrez, William Jackson, Kayako Kato, Jenna Collette Lefebvre, Paola Magaña, Kora Mahaffy, Nubia C Meza, Daniel Moreno, Kaitlyn Norris, Hector Nuno, Vanessa Quinones, Kathleen Jo Ramirez, Fatima Rivera-Ortiz, Jeniffer Saenz, Jeremy-Zalds Sandoval, Matthew Saribut, Aaron Valencia, Anissa Vasquez

Staff Writers are comprised of students enrolled in COMM243A Practicum: Print & Online Journalism taught by Professor Joel Harris.

Contact Information	Mail
Office:(909)537-5289	California State University,
Advertising:(909)537-5815	San Bernardino
Email:sbchron@csusb.edu	University Hall Room UH-037
Website:coyotechronicle.net	5500 University Parkway
	San Bernardino, CA 92407

The Coyote Chronicle is published every Tuesday for distribution on Wednesday during the academic session by the Communication department. The opinions expressed in the Chronicle are those of the student writers and editors and do not reflect the views of the university, its faculty, or any other person or institution unless expressly noted. The appearance of any advertisement in the chronicle does not represent an endorsement of the products or services advertised. The Chronicle reserves the right to edit or reject all materials submitted to the paper.

Cadiz Controversy



Mariam Betlemidze | Chronicle Photos

The vast desert landscape is home to many species of plants and animals. Life in the harsh yet fragile environment depends on even the smallest water resources.

By Jason Samp, Dustin Alexander, Gabriella Venturo & Valentine Pichon
Multimedia Editor
Contributing Writers

Dissension looms over the peaceful desert as Cadiz Water Project supporters grow in numbers and environmental activists alarm the public of potential devastation to the surrounding wildlife.

Ancient underground aquifers in the Fenner and Cadiz valleys may soon become the new source of water for Orange County and other communities according to a much contested water project.

Pumping 16 billion gallons of water a year puts the surrounding Mojave Trails National Monument and the ecosystem at risk of annihilation.

Cadiz Inc. refutes such statements and claims that the benefits of this project would not only provide water to over 400,000 residents, but will also create thousands of jobs.

Courtney Degener, vice president of communications at Cadiz Inc., stated that they have been granted a lease from the Arizona and California railroad to construct the 43 mile pipeline that will go alongside the existing railroad tracks.

Environmental agencies warn the water extraction

from the desert could create a cone of depression and dry up Bonanza Springs in the Clipper Mountains.

“This route was chosen as the preferred alternative because it is environmentally-sensitive and avoids construction impacts to public lands,” Degener said. “The project will be constructed entirely on private lands and within existing corridors and operations will have no adverse environmental impacts.”

Environmentalists from the Center for Biological Diversity (CBD) and the Center for Food Safety (CFS) have filed lawsuits that challenges against the Bureau of Land Management’s (BLM) approval of Cadiz Inc.’s proposed use of an active railroad right-of-way for its water conveyance pipeline.

“All California Superior and Appellate Court opinions issued over four years from 2012 to 2016 have denied the CBD’s claims and validated the project’s approvals and environmental review in their entirety,” reads documents compiled by Cadiz Inc.

Ileen Anderson, senior scientist of the CBD, is one of the initiators of the lawsuit. She believes it was wrong of the BLM to allow Cadiz Inc. to build the pipeline within an existing railroad right-of-way.

“The California Court of Appeal sustained the trial court rulings and in sweeping opinions

upheld the Project’s permits and approvals,” said Degener.

Cadiz Inc. feels that instead of pursuing any further lawsuits, the CBD and the CFS could be assisting the project in their attempt to provide needed water and aquifer storage.

On Jan. 30, 2018, Cadiz Inc. published a new study by geologist Dr. Miles Kenney and California certified hydrogeologist Terry Foreman. They were commissioned to conduct a scientific study to prove that the pumping would not affect the Bonanza Springs ecosystem.

Kenney and Foreman assembled a thorough 47-page research document with multiple charts and graphs that, in theory, proves Bonanza Springs will not be directly affected by pumping at the Cadiz location stating it sits upon a separate water table divided by a fault line.

The study concludes that two fault zones will serve as underground barriers between Bonanza Springs and the aquifer under Cadiz.

Joan Fryxell has a doctorates degree in Geology and is a professor at California State University of San Bernardino in the Geological Sciences department and explains that these claims could run into problems.

Continued online @ Coyotechronicle.net



Mariam Betlemidze | Chronicle Photos



Mariam Betlemidze | Chronicle Photos

People might consider the desert a barren wasteland. However, it is filled with natural beauty.

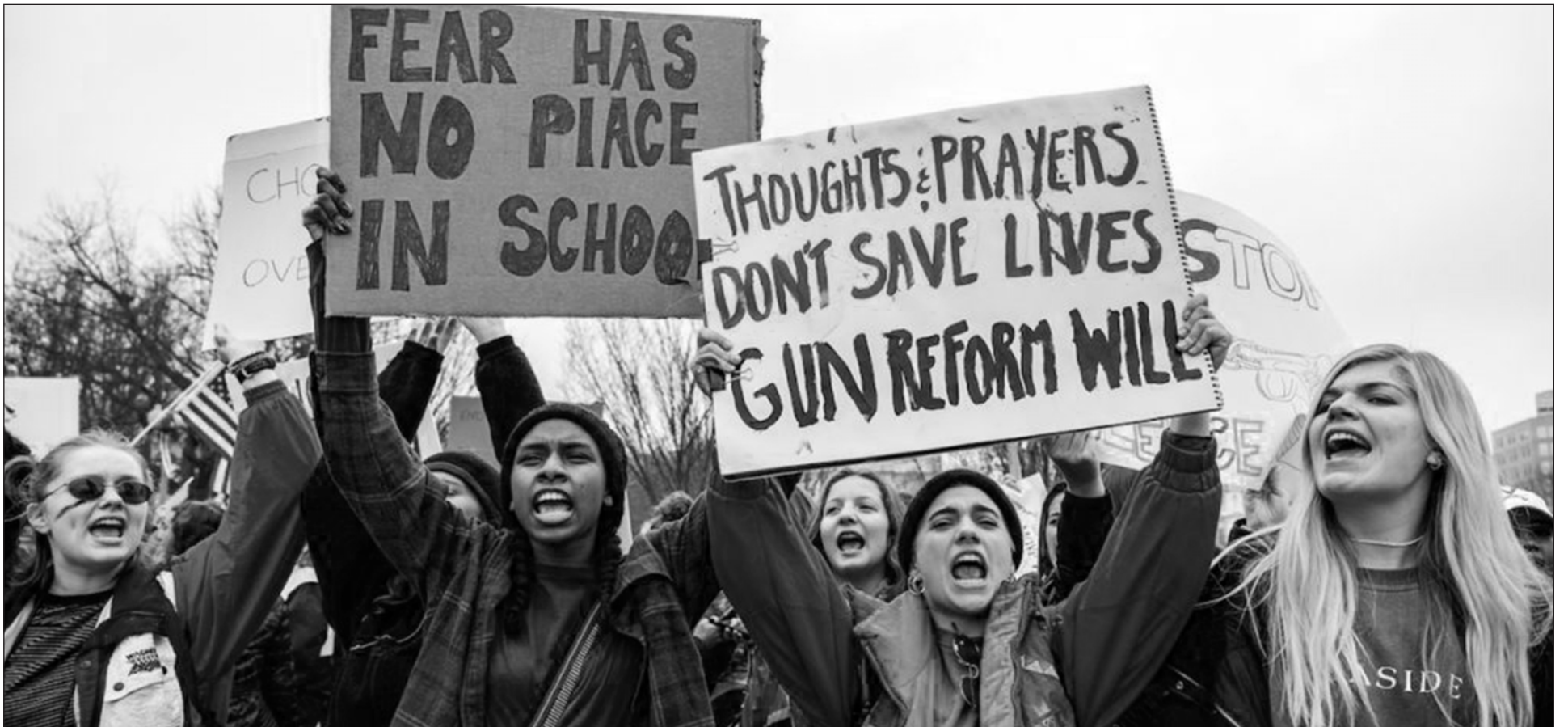


Photo Courtesy of

Now Marjory Stoneman Douglas high school students are standing up, using their voice and getting involved with rallies to help push the gun control movement.

Gun control proposals following attack at Marjory Stoneman Douglas High School

By Cassandra Garcia
Staff Writer

Once again, a nationwide debate on gun control has risen after another fatal school shooting occurred on Feb. 14 at Marjory Stoneman Douglas High School in Parkland, Florida.

At the high school, 17 people were killed by a 19-year-old former student after he opened fired using an AR-15 semi-automatic rifle, despite numerous red flags that state and federal agencies failed to take action on.

Following the tragedy, high school students around the country have been planning

walkouts and protests for stronger gun control laws.

On Feb. 19 over a hundred students gathered outside the White House, staged a “lie-in” and demanded Congress break its decade-long gridlock on gun control.

Before the massacre in Florida, President Donald Trump had said little regarding the issues surrounding gun control and focused on the mental health of past shooters. After the Las Vegas massacre that left 58 people dead, Trump spoke on the issue saying

“we’ll be talking about gun laws as time goes by.”

Following the Florida shooting, Trump made

proposals such as strengthening background checks, banning bump stocks (which can modify a weapon to fire shots more rapidly and frequently), raising the minimum age to purchase an assault weapon and arming school staff.

“Schools are now investing in safety programs against on-campus shooters. There’s talk about making teachers carry a firearm in order to protect their students,” said student Nataly Ramirez.

Several concerns have been raised about the Trump administration’s proposals.

Much of the concern comes from the armed teacher proposal, which is currently

being advocated as a \$67 million voluntary program that would arm and train school staff by law enforcement to carry concealed weapons on campus.

Republican lawmakers, who are in control of both legislative chambers, state that the program would not only create more on campus safety but will also help local sheriffs and police who do not have enough deputies or officers to monitor schools.

“The logic being used to protect communities from the dangers of gun violence... is to enforce more guns,” continued Ramirez.

“It feels like I’m watching a dog chase its tail. It’s time to admit that there is a problem

with our nation’s gun control and it needs to be fixed soon.”

As of Feb. 17, the State House and Senate have signed off on a package of bills which include the proposals listed above. The bills must still be approved by the full House and Senate, as well as Gov. Rick Scott, before they can take effect.

Conservatives have continuously won the battle over guns in America, but the survivors of Parkland are pushing for more than just the raising of the minimum age to purchase assault weapons.

Nationwide school walkouts are planned for March 14 and April 20 in solidarity with the survivors of the attack.

Loss of life versus a loss of rights

By Ciera Hammond
Contributing Writer

In light of the recent shootings, debate regarding gun control is a prominent issue that is being discussed everywhere but in the White House.

Parents, friends and strangers cry out on social media, yet no government action has been taken. This issue is polarizing and difficult to discuss, but it is a conversation worth having.

Growing up in a conservative household, guns have been a part of my life for as long as I can remember.

Living in an essentially red, rural town, it is evident that guns are a staple of our culture,

and our laws should reflect such changes accordingly.

Secondly, the United States accounts for an embarrassing amount of gun violence on a global level.

According to the American Journal of Medicine in 2016, the United States ranks as having the highest amount of gun deaths when compared to the other 22 high-income nations worldwide.

Furthermore, the United States accounts for 90 percent of women, 91 percent of children and 92 percent of young people, that are killed by firearms each year.

All this occurs despite the fact that our nation contains about half of the population of the other 22 countries combined.

This raises the question of

what other nations are doing differently.

While the obvious answer is that gun control legislation in the United States does not equal the strength of policies elsewhere, this solution cannot be easily implemented.

When we consider recent mass shootings, the majority of such events were carried out with AR-15s.

The AR-15 is a lightweight, semi-automatic, military-style weapon that can discharge dozens of rounds in a matter of minutes.

This firearm was used for massacres such as the San Bernardino terrorist attack at the Inland Regional Center (14 dead, 17 injured), the Pulse

Nightclub in Orlando, Florida (49 dead, 59 injured) and most recently, the shooting at Marjory Stoneman Douglas High School in Parkland, Florida (17 dead, 14 injured).

A worrisome fact about the AR-15 is that it’s the most popular rifle in the country according to the NRA. Therefore, I believe that a worthwhile solution to the issue of gun violence is to ban this firearm.

It is a compromise that Democrats and Republicans can get behind, as it does not ban guns altogether, but it’s a viable start in taking action against mass shootings.

Continued online @ Coyotechronicle.net

"Killing Us Softly"

...Continued from Pg. 1

gender violence and sexual objectification of social subjects, particularly women, but not exclusionary of men.

The film provides a critical analysis on how media and advertising are instrumental in the creation and exploitation of image-based insecurities among men and women.

Attendees were given an in-depth lecture on how media creates particular patterns in advertisements to convince female consumers of what it is to be a woman in the U.S.

According to Kilbourne, "Advertising is quick, cumulative and subconscious" as it subtly creates a social environment where women are rewarded by society to sexualize themselves. The narrative is as disturbing as it is relevant to women in society today and to the students within our community, as we deal with an oversaturation of social media and politics that constantly attempt to mold ideologies within us.

After the film ended, attendees were encouraged to participate in a debate on the documentary itself.

"I think there's something beautiful about coming together to discuss important issues in

Media is supposed to be entertainment, it's not supposed to capitalize on our insecurities to sell and profit off of. It's not supposed to influence our ideals.

David Williams

an engaging environment. The more interactive we are when we debate together after the video, we learn so much more," said Dr. Volcic.

Her goal in holding the seminar was to equip the audience with a knowledge of media literacy. This idea stems from the study of media and its cause and effect in the social climate of our global society.

"Media literacy provides this space in the classroom that can promote and encourage students to create and think differently. The research shows it's never too early [to teach media literacy to students at a young age]. I think it's crucial to educate children," said Dr. Volcic.

Dr. Volcic invited the audience to ultimately contribute to the debate of the negative effects of media and advertising in an industry that is profit-based. Many of the attendees cited capitalism and patriarchal values as being contributing factors to the hegemonic views expressed through advertising.

Student Anthony Castellano said, "I think we do need to work together as men and women. We need more men to understand these issues. What can we do to progress? Are we really understanding the root of the problems?"

Many other students shared similar opinions as they expressed their frustrations on the sexualization of women in advertisements that they viewed in everyday instances and while growing up.

"It was really powerful. The biggest takeaway [from this seminar] was that if we don't educate ourselves, we can become the victims of the system," said David Williams, a Communications major.

Suprise guest speaker Jonathan Espinoza

By Kora Mahaffy
Promotions Staff

Guest Speaker Jonathan Espinoza formerly worked in the two past White House Administrations. It is during this shares his perspective and insight with the students in the PR Communication class.



Here he points to a photo of a favorite memory during his time in the White House while sharing his perspective, his journey and his insight with the students of the Winter.



Gathers for a photo with the students of the Winter 2018 PR Communication class and visitors from the Public Relations concentration in University Hall on March 3.

M.L.K. and "The Movement"

By Jasmin Novoa
Staff Writer

The CSUSB University Diversity Committee welcomed Emmy Award-winning actor Ron Jones to discuss the African-American experience on Feb. 20.

Jones performed his theatrical production "The Movement," supported by interactive video, stock historical footage, quotes and memorable music from the past two generations.

He played seven characters in different eras, each highlighting the struggles and achievements in African-American culture.

Before the production, Jones

talked about the period of time we are in and the struggles we are facing as a culture.

"We do ourselves a great service by giving groups an affinity month, whether it's Latino heritage, Black heritage, LGBTQ," said Jones. "When we think about the window between the middle of January [when M.L.K. day starts] and now [Black History Month], it's pretty much Black people on parade. We make it all about the civil rights struggle and the bad stuff that happened, but it's generally relegated to the 50s and late 60s and we make Martin Luther King Jr. the icon. But, it's incomplete."

Jones wanted people to leave with the message that America is a civil rights story. This coun-

try has been through different struggles regarding Columbus, slavery, women's suffrage, child labor, refugees and migrant workers.

"Fighting for any one group struggle means everybody's struggle probably gets a little bit of a boost," said Jones.

The production was extremely powerful and informative, taking the audience through the journey of the African-American experience. The acts were testaments of individuals living through a life-changing movement.

"The Black struggle was everyone's struggle," said Jones. "You will find people who don't look like you, don't pray like you, don't love like you, who

don't live like you, but they hurt like you, and that is the point."

Jones also spoke about student and community input on making a difference in the American culture.

"The biggest questions I get are the 'how to' and 'how do we' questions after the show, because I think a lot of what the show brings up for people is a more textured context for the progress of the struggle, what it takes to move the ball forward, and sometimes people don't see where to jump in to start to move the ball forward," said Jones.

"I would like to see more of a cross-generational approach to having these discussions about civil rights so I want to hear older voices and younger voices

at the same time, talking about the line of struggle. A lot of times it's old people who have the experience and young people who have their finger on the pulse, but [young people] know what is going on right now."

We continue to face negative problems in our culture, but with the power of the vote we can enable the movement.

Jones wants us to remember that any civil rights movement is not about any one person.

We need to understand adversity and stand up for each other.

Jones will be traveling to perform more shows on the East Coast to tell the stories of the political, social and cultural markers in history.

Kappa Delta rocks the Shamrock 5K

By Ricardo Vega
Staff Writer

CSUSB sorority Kappa Delta held their annual Philanthropy Week from Feb. 26 to March 3.

Kappa Delta, a nationwide organization, provides a variety of opportunities for young women who would like to become more involved with their schools and local communities.

“We all come from different places and backgrounds, but the one thing we all share is the common bond,” said Monica Sanchez, Vice President of Community Service. “The relationships we build with sisters and bonds we form are for a lifetime.”

Two organizations that are especially important to the sorority are Girl Scouts of the USA and Prevent Child Abuse America.

“With the girl scouts, Kappa Deltas are seen as mentors and volunteer,” said Sanchez. “The common values of honesty, integrity, friendship and leadership are shared to help the girls build confidence and build character. We do this by hosting workshops, campus tours and by helping our local Girl Scout troops with their events.”

Organizations such as Kappa Delta are a great influence to not just their fellow colleagues but to people all over the world.



Ricardo Vega | Chronicle Photo

Sorority Kappa Delta raised funds for the community during their philanthropy week by hosting their annual Shamrock 5K.

As a chapter, Kappa Delta helps raise money by hosting an annual Shamrock 5K run/walk. The prices are \$30 for CSUSB students, \$35 for community members, \$40 for late registration and \$140 for a five-member team.

“80 percent of our goal will stay in our community to fund the incredible work being done by ChildHelp Inc,” said Sanchez. “The remaining 20 percent will

be going toward Prevent Child Abuse America.”

This year’s annual Shamrock 5K took place on March 3.

The event helps children who may be suffering from child abuse as well as provides awareness to students about what else is going on around their environment and about the different ways any individual can help support a cause.

“Being involved with Kappa

Delta has helped me grow into a more confident and humble person, which gives me opportunities to work hands-on with our philanthropies, such as renovating the Child Help Center in Beaumont and hosting events where we are able to hang out and talk with our local girl scouts troops,” said Jessica Diaz. “These events allow us to see firsthand where all of the fundraising goes to.”

All things considered, the community and the world benefit from the positive energy that is given out by these young adults volunteering in order to make an impact in the world.

Kappa Delta is an organization that inspires all women to prosper to their highest potential and provides long life sisterhood throughout the years to come.

What is Ombuds? Q&A sit down

By Yesica Gonzalez
Community Features Reporter

Ombuds Services is a community resource that, according to the Ombuds website, helps resolve university-related issues in a “confidential, informal, impartial, independent manner



Yesica Gonzalez | Chronicle Photo

Ombuds office is a safe space for faculty, staff & students.

for the students, faculty, staff, alumni and community members with a university-related concern seeking assistance with resolving problems, disputes, or complaints.”

Twillea Evans-Carthen is the director of the Ombuds Services who took the time to be interviewed about her role.

Q: Why did you become an officer?

A: Well, for the most part, it was a great opportunity for a career change for me after being in HR (Human Resources) for 34 years.

Understanding an organizational Ombudsman based on my background of understanding the system policies and procedures, campus policies and truly having a clear understanding of state and federal employment laws, I just thought I could help people a little differently.

Understanding employee labor relations, it would help me to help people in a safe space to really explore options for them. To make a decision that would be helpful to them and making a change... I do my best to help them help themselves.

Q: As a child, did you imagine yourself doing this

job?

A: No, because it wasn’t until 2004 that I learned about Ombudsman.

It’s the Swedish term that is gender neutral and I didn’t understand that there are different types of Ombudsman: the classical Ombudsman, for instance, advocates for causes and investigates.

Whereas the organizational Ombudsman does not. While very similar to the classical, with the exception that when it comes to understanding the international Ombudsman association, it truly ties into this particular program.

Q: In your own terms what should students know about Ombuds?

A: What they need to know, is that I offer a safe space that is separate from having a conversation with their parents with university-related issues, associated with faculty staff, their peers, and to help them explore options on how they can resolve relationship issues for instance.

Sometimes people have concerns about bullying and at the same time I go through the standards of principles and that’s what they need to be aware of.



Yesica Gonzalez | Chronicle Photo

Director Evans-Carthen does her best to help others.

I’m not the person that’s going to take that information and share it with others.

If they feel that they are in a hostile learning environment and they don’t know what to do, then they would come to see me as well.

Q: Where do these problems you have to address arise from?

A: We come from different cultures, different backgrounds, people are all different. Sometimes people assume they are being disrespected because they come from the United States and some people come from other parts of the world that, that was

just a way of life.

It’s important to communicate with people to minimize the conflict.

Relationships are important to people. So it’s okay to not be right all the time.

Q: Lastly, is there anything else you would like students to know?

A: To come visit me. I would like them to just stop by and say “Hi.”

I try to create a comforting environment. Like if they were at home talking to a family member who’s helping them explore options.

Philosophy Club answers life's questions

By **Sonja Bookin**
Staff Writer

Does God exist? How do you know your entire life hasn't been a dream? What is a mind? What makes an action right or wrong? What makes a society just?

These are just some of the many fascinating questions to explore and discuss when you decide to join the Philosophy Club.

Club meetings are held weekly and typically include a selection of readings from a Club Officer followed by a one-hour discussion.

Depending on the subject and the interests of the students in attendance, enthusiastic members can stay for an extended discussion beyond the first hour to gain an even deeper understanding.

Each meeting is completely unique and topics range from religion, space/time, veganism, gender, government, society, psychology – basically any topic is up for grabs.

"I like that you really do get something out of it, everybody is going to have their own opinions and if anything you get the other side of whatever you think if you may not agree with them so in the end it's just good to talk about something in a place where somebody won't judge you harshly because it's an open discussion," said Club Secretary, Nicole Barrera who regularly attends meetings.

Club members meet in

the Logic Lab which is a great resource for students because there are computers available and an extensive library stocked with Philosophy books for further study and research. Tutors are also available but not affiliated with the club.

The atmosphere of the Logic Lab, with comfy couches and a conference table, is a great place to engage with students or just hang out between classes.

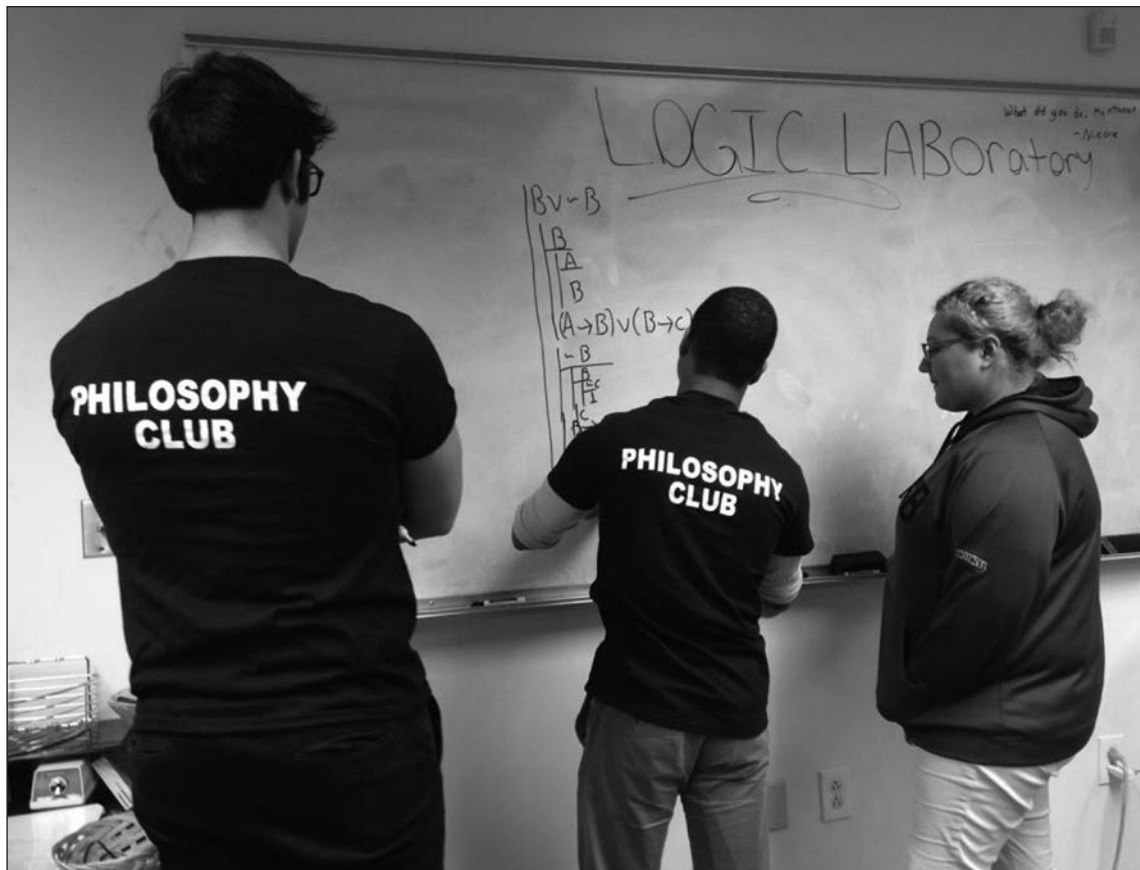
Joining the Philosophy Club is an excellent idea for pre-law students, speech and debate students and anyone that has a passionate opinion on a subject. Philosophy has something for everyone since diversity within the club allows for a richer discussion and an evaluation of the real world impacts.

The club has recently seen a small influx of new members and encourages students of all majors to give the club a try.

Not all club members are philosophy majors, with some coming from math, physics, psychology and English backgrounds.

Club President, Timothy Simmons is a former business student but recently switched his major. His passion for Philosophy comes through in his work with the club.

"The objective vs subjective rally was one that interested me because we were discussing whether morals have an objective truth about them or if there is no truth behind something and that's interesting to discuss because it combines morals, metaphysics and combines all these different



Sonja Bookin | Chronicle Photo

The members of the Philosophy Club practice derivations to see if the argument is logical.

areas of philosophy into one thing," said Simmons.

Vice President Michael Haddad is on a mission to spread the word to interested students. This quarter, he has been visiting various classrooms to promote the club and let everyone know when and where they meet.

"The coolest thing for me is how diverse we are, we have people for all walks of life who are here from all different majors and they all have different ideas and that makes discussions really interesting," said Haddad.

He enjoys bringing in other

perspectives and wants everyone to feel comfortable coming to meetings and participating.

"Don't feel like you have to be the most knowledgeable person to join the philosophy club, it's not an elite group, it's just people talking about things and trying to solidify their beliefs on things, so it's not a closed-off place, it's a very peaceful discussion based club, it's meant for everybody," said Haddad.

The Philosophy Club is very passionate about Philosophy and heartfelt discussions.

They are eager to speak to

students and can be seen in front of the library posing existential questions to the student body. They also periodically participate in school events too.

If you see their table, stop by and have a discussion. You will walk away feeling smarter, more open-minded and empowered.

For those looking to get further involved, internships are also available, head to the Philosophy Department website for further information.

Philosophy Club meets every Friday at 2:45 p.m. in the Logic Lab, University Hall 47.

Balancing a full-time job with school

By **Shauna Christie**
Staff Writer

The schedule of a college student is a full-time job in and of itself.

Hours spent in the classroom and even more hours spent studying and doing homework equal about 40 or more hours a week for the average college student.

On top of this jam-packed schedule, it is very common for a majority of students to work a full-time job while going to college so that they can support themselves, their families, or pay their bills, rent or tuition.

This busy lifestyle of working while going to college may be a stressful and difficult aspect to balance and maintain.

Here are a few tips on how to balance working while going to college at the same time:

Write out a weekly schedule

Writing down your schedule will help you visualize your days and help you to manage your time accordingly.

If you want to set aside time on a weekend to do a four-mile hike, then write it down. As long as it fits into your day on top of your other priorities, then you will be okay.

This will help you see exactly how much free time you really have as well as how much time you have to work on your school projects or study for your exams.

Schedule time off from work to study

As soon as you get your syllabi and are aware of your exam and project dates, make sure you request time off of work that week to study if you are able to. You will thank yourself later for planning ahead to set aside study time.

Make your workplace aware

Make sure that the management of your workplace is

made aware that you are going to school.

Keeping an open line of communication about your schedule will allow for greater understanding and possible promotional opportunities post-graduation.

Have a contingency plan

Inevitably, there will be a period of time when you are completely slammed with school work.

Projects, exams, homework and meetings will all be scheduled around the same time, and it is important that you plan for this ahead of time. Know your options and whether or not you will have to change your work shift or work on classwork earlier than usual.

Stay focused on the finish line

What is your end goal? Graduating with a 4.0 GPA? Saving up a certain amount of money before graduation? Or just simply keeping your sanity while

going to college and working?

Whatever your finish line may be, make sure you eat, breathe and sleep.

As stressful as days may be, do not give up on yourself and stay focused on achieving your goals.

Take time to breathe

Make sure that you take time to relax, even if it's just for a few minutes a day.

It is important for your health to decompress once in a while and to clear your mind of the stressors in your life. Maybe take up some at home yoga, meditation sessions or set aside time for a power nap.

Your sanity is necessary for the success of your goals.

Find your support system

Living a busy schedule may make it difficult to find the time to maintain or create new relationships with people. Find people in your life who are on board with your decision to go to college and work and allow those

people to support you.

These people will help you stay focused when you feel like you are slacking, and they will help you with distractions when needed.

Although taking on the "impossible" may make you feel like a superhero, it is important to realize that you can't do this alone.

Do whatever it takes

If the only way you can go to school and work at the same time is by taking online classes, then do it.

You have to do whatever it takes in order to reach your goals.

Making some temporary sacrifices to get through the difficult time of working and going to school will be well worth it in the end.

When you graduate and finally have some time off, you will be looking life in the face and asking, "What's next? Is that all you got?"

Budget friendly ideas for spring break

By Sonja Bookin
Staff Writer

The typical Spring Break can include expensive, exotic locations, beautiful beaches and wild parties and is considered a rite of passage for college students, but the reality is that most students are tired and on a budget.

Don't cash in your financial aid for plane tickets just yet. Here are a few relaxing and affordable suggestions for your time off school.

Get Out and Enjoy Nature

There are many benefits of spending time outdoors including reduced stress, improved concentration, renewed creativity and more mental energy.

Enjoy the cooler Spring weather and go on a hike or that bike ride you've been thinking about. March is peak camping season in Joshua Tree National

Park too. Check out the local wildflowers in bloom that are beautiful all the way through May.

There are many different and cool places for the curious adventurer to explore.

Take all the Naps

Spring Break is a great time to catch up on those zzz's. Winter quarter can be exhausting and students should try their best to re-energize for next quarter. Take full advantage of having no homework by staying in your PJ's and relaxing for a whole day.

Have a Beach Day

Whether your thing is drum circles at Venice Beach, shopping at the Santa Monica Pier or surfing in Huntington, every student's vacation should include some beach time. Organize a volleyball game with friends or BBQ and enjoy the sunshine.

Visit a Museum

Take advantage of student

discounts and visit some of the many fantastic museums in Southern California.

Stargaze at the Griffith Observatory, check out the Jeff Koons art installation at the Broad, go to the gardens at The Huntington Library or see Judy Garland's Ruby Slippers from "The Wizard of Oz" at the Hollywood Museum. A Google search will reveal hundreds of museums available locally.

Don't forget the mandatory Instagram photo with Chris Burden's Urban Lights art installation at the Los Angeles County Museum of Art (LACMA). With such a rich variety of options, there's something for everyone.

Do a Marathon (On Netflix)

Catch up on all the episodes that you neglected the last few weeks because with so many great shows on Netflix this is a perfect time for that ultimate binge. Make some popcorn and enjoy popular titles like "Orange is the New Black," "Stranger Things," "Portlandia" and "The Walking Dead."

Spend Time with Family

There's never enough time with the ones that we love. Go visit your Grandma or Grandpa if you are able to or call a sibling or cousin to catch up.

Your family will thank you for spending some of your free

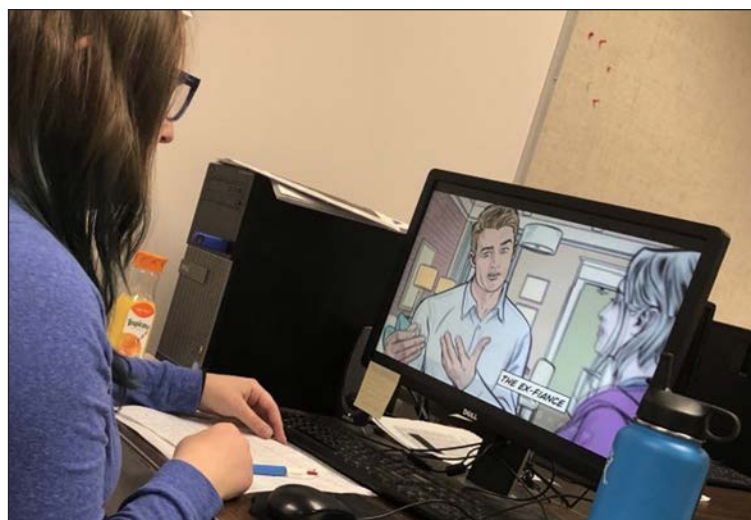


Photo courtesy of Shance Ahmad

Binge watching a TV show, like "iZombie" can lead to naps.

time visiting. Have quality time and play with your pets too.

Finish That...?

Instead of picking up a new project, use your Spring Break to finish older things that have not been completed yet.

Finish that book you never got around to reading, finish organizing your closet, finish that art project that's been collecting dust.

Choose one or two things and knock them out.

De-Stress

It's important to take the time to unwind and release the built up stress of Winter quarter and Finals.

Rest and relaxation should be a priority during the break.

Plan a girl's or guy's night, try out a yoga class or simply go on a walk.

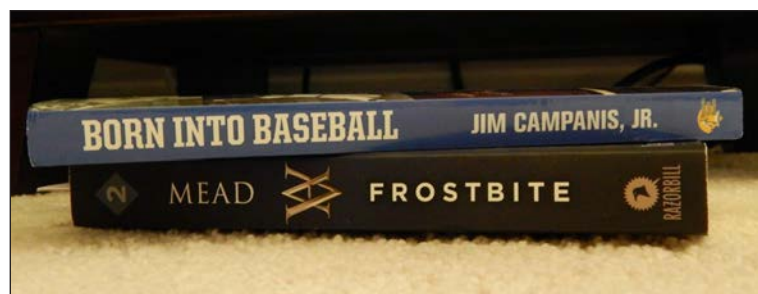
Plan an Epic April Fool's

What better way to spend your extra time than to get some laughs? April 1 is right around the corner and with that comes a great opportunity for practical jokes.

There are many fun prank ideas, including applying googly eyes to random objects, taping paper over the optical sensor of a friend's computer mouse or strategically placing Nicolas Cage's photo around for people to find.

Have fun with it, take some time and get creative.

Coyotes – Have a fun and safe Spring Break 2018!



Lauren Jennings | Chronicle Photo

Picking up a fun book can be a relaxing spring break activity.

Vox Pop: How do you plan on spending your spring break?



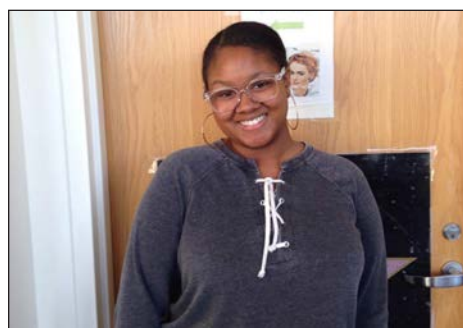
Nicole Moyer

"My Birthday falls during Spring Break, so hopefully I won't just work extra hours at the office. I hope to get out of town with the Family. Maybe a trip to the Central Coast and a massage!"



Stefanie Clay

"I plan on doing a road trip with four of my closest friends and we're going to Zion and other national parks. We'll probably try to hit up the Grand Canyon as well."



Ashley Morris

"I'm going paintballing and spending time with my family."



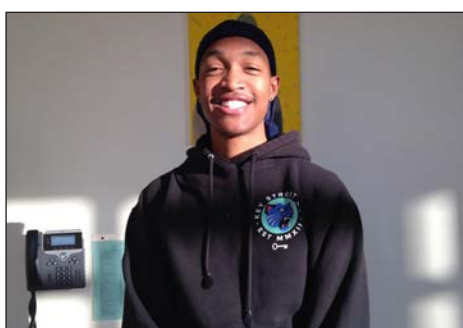
Esteban Rosas

"Heading to Rosarito for Spring Break Papas and Beer 2018."



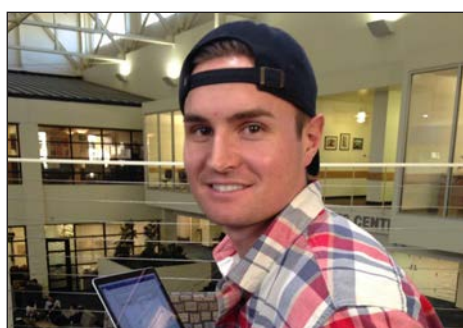
Alexander Serrano

"Playing Pokemon Go."



Christopher Fulton

"Going to Texas, South Padre Island for a Music Festival."



Collier Wakefield

"I plan on spending my Spring Break in Rosarito."



Mikaylee King

"I plan on hanging around with my family."

Tranquility in the desert sun

By Kyle J. Barry
Staff Writer

Korakia Pensione, nestled at the base of the beautiful San Jacinto mountains and only blocks away from historic downtown Palm Springs offers a peaceful retreat for anyone looking to escape their daily routine.

I found this beautiful resort while searching for a quiet location to decompress after a taxing midterm season. Upon first glance at the website, it was clear - that was where I needed to be. The photos of the rooms, beautiful pools, stunning courtyards, and blissful ambiance captivated me. I knew I had to experience this for myself, so I booked a room, packed a bag, and went on an adventure.

After a swift drive through the California desert - and a little trouble finding the resort - I had arrived.

My first steps towards the entrance were guided by a friendly fountain that stood in front of the keyhole entrance to the remodeled Moroccan inspired villa. The decor was simple yet elegant with a welcoming vibe that made me feel as though I was thousands of miles from home, although in reality, I had barely traveled an hour.

After checking in with the friendly staff, I was walked to my room which was located on the Mediterranean inspired half of the resort.

I settled for a smaller room since I was only staying for one night, but the room was even more breathtaking than the photos I had seen. Everything from the wooden sleigh style bed and wooden vaulted ceiling to the lack of a television put me in a state of absolute ease.

After refreshing in the stone laid open waterfall shower, I enjoyed a nice meal at nearby restaurant, Sammy G's Tuscan



Kyle J. Barry | Chronicle Photos

The desert is the last place any person would think to go to find a sense of peace and tranquility, but that is exactly where it is.

Bistro, I could not wait to get back to Korakia.

As I returned to the resort, I was in awe - it had transformed. Hundreds of candles and beautifully crafted Moroccan lamps had been hand lit and placed throughout the entire property. The aura had dramatically shifted from blissful to romantic.

Since the mood and the evening were just right, I decided to pick up a glass of Moroccan brewed tea from the lobby and stroll around the restored Mediterranean villa.

As I meandered through the property I noticed dozens of chaise lounges and canopies which provided a soothing setting for conversation, reading (daylight or reading light permitted), meditation, or even a nap. Although the plethora of olive trees, citrus blossoms, and cascading bougainvillea vines were splendid, my attention was overwhelmed by the Mediterranean pool. The hand crafted heated salt water pool was garnered by

three roaring fire pits, numerous chaise lounges, cozy canopies and a beautiful view of the courtyard. It was breathtaking.

Once my tour of the property had concluded, I retired to my room for an energizing slumber.

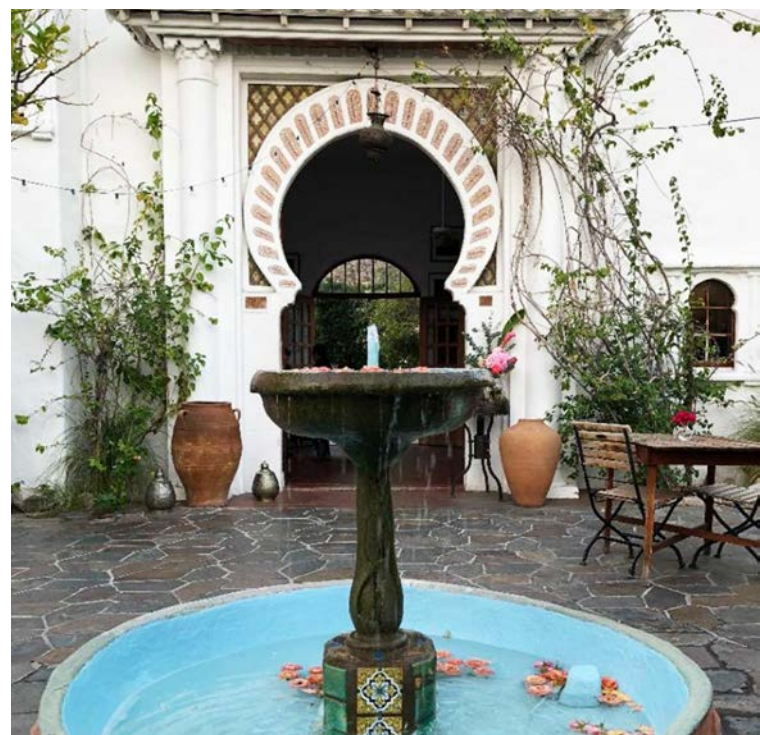
Waking up at Korakia was an experience in itself - the calming sounds of nearby fountains

and local wildlife was the perfect wake up call. Shortly after I awoke, I headed to back to the gorgeous Mediterranean pool to partake in a sun salutation hosted by the resorts yoga instructor.

With the sound of the nearby fountains and local wildlife still in the air, this wonderfully guided activity proved to be the

perfect space to alleviate all the stress and tension I had accumulated.

After refreshing in my room and having a delicious breakfast catered by the staff, unfortunately, it was time for me to leave this paradise. I look forward to my next experience at this tranquil retreat.



Everywhere I went in this hotel brought me sense of serenity.

NOW OPEN

BOOK YOUR FIELD TODAY!

GOALS RANCHO

BRAND NEW STATE-OF-THE-ART SOCCER FACILITY

Eight 5 vs 5 & Two 7 vs 7
ProTurf fields with LED lighting

- Professional League Programs
- Goals Cafe
- Tournaments
- Kids Birthday Parties
- Kids Coaching
- Company / Team Events
- Bubble Soccer
- Function Room Rental

Phone: (909) 377-9044

E-mail: rancho@goals-soccer.com

Web: goals-soccer.com

f
@
t
v
▶



HEY

The San Bernardino County Fair
runs **May 19th - 28th**
Come free, **Thursday May 24th**
with your  **ID!**

PRESENTED BY
AlaskaUSA
Federal Credit Union

WWW.SBCFAIR.COM



LEARN & EARN PROGRAM

- Want to know how you can earn your Commercial Pilot License (CPL) while attending CSUSB?
- Students train for 60 hours of In-Air & Simulator Flights and attend 50 hours of ground training
- Impressive Instructor-Student ratio of approximately 1:4
- Learn more about paid internship opportunities, free registration, flexible scheduling and special student offers: call **(909) 382-0063** or visit **www.worldwidewings.net**

SAVE \$2,500

Website hosting with Bluehost

By Bailey Kasin
Cyber Security Consultant

Bluehost, like any other company, claims to be the best option in their field.

In this case, they offer several types of web hosting.

In this review, I will be looking specifically at their web hosting abilities, the quality of their cPanel, and the support I received from them when I had questions.

I set myself up with their second highest tier shared hosting plan and am hosting two WordPress websites with them, am managing my domain's DNS through their cPanel, and have submitted a few support requests.

Hosting and Website Deployment

As I said previously, I am hosting two sites through Bluehost. One I migrated from a Linode instance and the other I made entirely through their service.

The first website I moved from WordPress.com to Bluehost.

Purchasing the domain was an incredibly simple task; go to the "Domains" tab in their cPanel,

find a domain that is available for purchase, and then buy it.

After one has ownership of a domain, going to the "My Sites" tab allows for one-click deployment of a WordPress site, which will end with a simple base-install plus some plugins site.

After that, it's simply a matter of customizing it to your liking and making some content.

For quite a while I was hosting my site on Linode, which is a self-managed VPS, as I like having access to the entire operating system of servers that my property relies on.

WordPress has a built-in most-of-the-way migration tool.

It can export and import posts, comments, and users, which is perfect for a simple transfer such as Wordpress.com to a self-hosted website.

However, for the rest of the website (database entries, paid plugins, and themes, etc.), you have to get a bit fancier and dump the database, transfer all the source files, and fix any errors that this causes.

This means that I had to experience managing these things through Bluehost, which I am happy to report was exceptionally simple.

Their cPanel gives access to a page for managing all the databases created through website deployment, and instructions for how to transfer files back and forth via FTP.

While importing my database, I noticed something that I quite like.

They randomize the database prefix of Wordpress deployments (by default it is wp_ for every table, which is common practice but potentially something that one would want to change), which is a nice touch from a security perspective.

All in all, website deployment and management is quite nice. It is quick and simple with a few nice touches that I appreciate.

The cPanel

Bluehost's cPanel is three things: featureful, powerful, and slow, especially when you go to the "Advanced" tab.

It gives you the ability to manage email accounts for each domain you own, deploy sites, access a marketplace for premium content such as site themes, manage DNS, edit sub-domains, manage files in-browser, and more. I am quite pleased with it.

But it is slow. I'm not quite

sure why, since the rest of their website is decently fast, and websites hosted by them are fast.

So it seems like their cPanel should be fast as well, but it is definitely not.

The time between clicking on something and it actually loading is a minimum of several seconds, even with gigabit internet.

Support

I had to talk with their support chat on two occasions.

The first was to get SSH access to the server, and the other was about a promotion they offer.

Chatting with the support agent about SSH access was quick and painless.

I left satisfied and with SSH unlocked for my account in about five minutes after a pleasant conversation with the person who was helping me.

The second occasion re-

vealed to me that their documentation is quite out of date.

I was attempting to find where the promotional credits for marketing that come with the purchase of an account are, which according to Bluehost's documentation should have been in the cPanel.

Contacting their support revealed that the link for it was moved quite a while ago but that this change was not documented anywhere.

Disappointing, but at least still easy to find now.

Conclusion

All in all, I am quite happy with Bluehost.

They have a great price for the quality of hosting and service that you get.

Plus, their cPanel is powerful and easy to navigate, their support agents are pleasant and knowledgeable.



photo courtesy of flickr

Bluehost provides storage space and access for websites.

APPLY NOW

WE ARE SCHEDULING INTERVIEWS for ...

✓ **TEACHERS & SUBSTITUTE TEACHERS**

Get on the list now for the 2018-2019 school years!

✓ **SPECIAL EDUCATION TEACHERS**

Now interviewing certified special educators to teach students with developmental and physical disabilities.

Signing Bonus!

Visit our website for all teaching positions available.



call: 760-255-6000
or apply online at:
www.barstow.k12.ca.us

Ride FREE with your CSUSB ID.

Plan your trip, track your bus, and more at Omnitrans.org.

Ride any route FREE with your CSUSB ID. Use our convenient online Trip Planner or download the Omnitrans app with NexTrip arrivals, Rider Alerts, and more. Go free. Go easy. GoSmart.

No application, special pass or sticker required, just a current valid ID. Offer good for the 2017-18 school year. Details at Omnitrans.org.



OMNITRANS.ORG • 1-800-9-OMNIBUS



The finals are coming

Be Organized

It's important to make sure to know the time and day each class will have its final. It's essential to know just in case two classes fall on the same day and time. Write it on a calendar and be organized.

Being organized before the week of finals is beneficial. It decreases stress and helps make studying easier for each exam. Someone who isn't organized can feel stressed due to not knowing what is going on.

Studying Forms

Study an hour or two for each class every day or every other day. This will prepare you for the upcoming exam.

Some like to study in silence and others enjoy listening to music or having noise in the background.

Some like to study alone while others prefer preparing with groups or a partner. Switching it up helps make studying a little bit more enjoyable.

Reading the chapters from the textbook is beneficial before taking the final. A review of the text serves as a reminder of what to know.

Going over the notes from class and rewriting them or making index cards is another way to make sure you know the materi-

al. Putting the information into your own words is very helpful. There are many forms of study habits that many can practice.

"Honestly start studying as soon as possible," said Marlen Covarrubias, a CSUSB student. "I like to create flashcards and I give myself breaks when studying."

Do not wait until the last minute to begin studying or else a lot of stress will pile up.

This avoidable stress might not be helpful when you are preparing to take your final. It is not a good idea, and more than likely, failing the exam will occur.

Take Breaks

When studying for hours, it's best to take small breaks to not overwork the brain. When overworking the brain, it creates headaches and unwanted stress. Remember to inhale and exhale.

Eliminate Distractions

When studying, turn off your phone or keep it away from your study materials. Do not let social media or any other apps become a distraction from studying and passing. If possible, take a break from social media for the week prior to finals and the week of finals. Social media platforms can make for a fun study break, but it can also lead to hours of

procrastination.

Get your Rest

Sleeping a minimum of seven hours every night before and during finals week can make a huge difference. If a human body sleeps less than seven hours, it will be exhausted. This can cause the human brain to not function properly. This isn't always possible for every person, but whenever possible, try to get at least seven hours of sleep.

Adopt Good Eating Habits

Along with sleeping well, eating well is critical to keep the body and brain functioning properly.

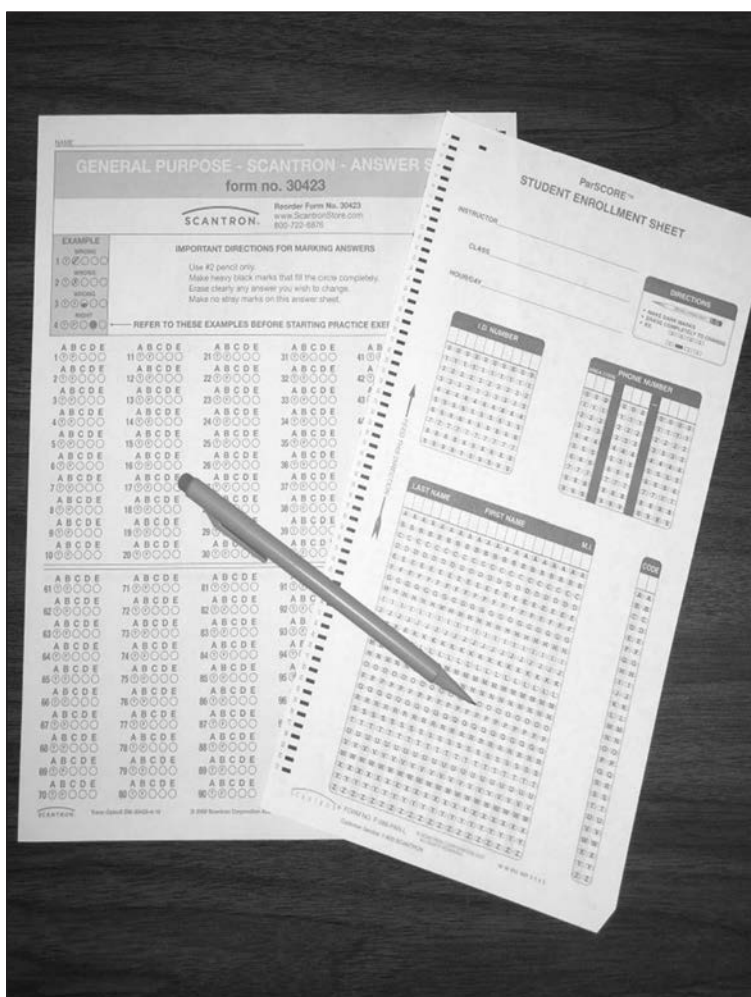
Start off by eating a protein-based breakfast every day for finals week, such as eggs or yogurt. During lunch, eat Omega-3 fatty acids (fish) to keep the brain alert. Add some vegetables to go along with it.

In between finals, having a snack such as nuts can help you regain energy and focus. Avoid eating or drinking high sugars like cake and candy.

Do not forget to stay hydrated.

Following these tips can aid in being prepared for even the toughest final.

Good grades can help make your spring break afterwards even more enjoyable.



Lauren Jennings | Chronicle Photos

Preparing for finals means remembering scantrons.

By Evelyn Carmona
Staff Writer

Finals week is approaching and so is the end of the 2018 Winter Quarter.

Preparing and studying before finals is essential for a better

academic grade.

The final exam can change a class grade for better or for worse. It all depends on the dedicated time put into studying and preparing for finals week. Here are some tips to help prepare students to receive a good passing grade.

A look behind Undergraduate Studies

By Crystal Harrell
Senior Reporter

Located in room 352 of University Hall, the Office of Undergraduate Studies (UGS) provides important services that CSUSB undergraduate students can use to assist in their academic journey.

According to the department webpage, the main goal of UGS is to "help prepare students to become critical thinkers, effective communicators, collaborative employees, scholars, and colleagues who will be the future leaders in a rapidly evolving world."

With that goal in mind, there are many programs and features of the UGS division that students can use to make their beginning years at CSUSB less stressful.

One such example is the advising and academic services located in room 380 of University Hall. This enables students to get helpful assistance from academic counselors and craft an educational plan to guide them through their four-year course load.

"I always like to use the counseling services available because it helps me stay focused and on the right track to graduate on time," senior Chance Rolands

said. "Without that support, it would be much more difficult to plan my classes on my own."

Another department of use to undergraduate students is the tutoring program. Tutoring lets students enhance their studying skills and build more knowledge to overcome any difficulties they may be struggling with in class. Registered CSUSB students are encouraged to make walk-in appointments with the tutoring center staff on a variety of subjects.

It is also recommended to bring useful materials like a course syllabus, assignment prompts and handouts so peer tutors can get a better idea of how to help students. Junior Rachel Jimenez uses the tutoring program when she needs someone else to explain material she may not understand.

"Learning subjects like science or math don't come easily to me, so that's why I really like to use tutoring when I need that extra support and explanation," Jimenez said.

Another popular resource for students at the UGS division is the writing center. If CSUSB Coyotes are trying to write an important paper for a class, the writing center is there to assist in expanding ideas and organizing the paper.



Evelyn Carmona | Chronicle Photos

CSUSB provides free tutoring in a variety of topics and courses for interested students.

They also help with proof-reading issues like spelling and grammar.

UGS also extends their departments to those planning to attend CSUSB with the Early Start Program and Coyote First Step.

These programs provide a fully residential summer experience for students who are participating in Early Start math and

attending CSUSB in the fall. The Early Assessment Program is another important aspect of UGS that helps prepare college-bound high school students with the necessary English and math skills to succeed at CSUSB.

"To serve our students, we collaborate with faculty and staff across our campus community, as well as our off-campus partners to promote the success of all

our students," Craig Seal, Dean of Undergraduate Studies, stated.

Other departments of UGS include the Educational Opportunity Program, Student Mentoring Program, Honors Program, Student Assistance in Learning and Supplemental Instruction. Students are encouraged to learn more about these departments by contacting the UGS office or visiting the CSUSB webpage.

Basketball season comes to an end

Men's basketball



Lauren Jennings | Chronicle Photos

Men's basketball ends their season with a 11-11 record in conference play, 13-14 overall.

By Lauren Jennings
Editor in Chief

The men's basketball regular season ended with a .500 record, with 13 wins and 13 losses overall and 11-11 in conference play.

The record placed them in seventh place, earning them a spot in the CCAA playoffs.

This season was a rebuild year for the team, as several new players joined the team, so making the playoffs was an impressive feat.

On Feb. 27, they played the No. 2 seed, the Chico State Wildcats, in round one of the playoffs.

The Coyotes traveled up north to Chico as the higher

ranked seeds, like the Wildcats, hosted the round one games.

The Coyotes took an early 7-2 lead in the first five minutes, however, Chico took it back and then some, scoring 13 straight. CSUSB attempted to close the gap, scoring five in a row.

Chico added back on to their lead, scoring eight to bring the score up to 24-12 with eight minutes left in the first half.

CSUSB fought back, bringing the score to a six-point difference with five minutes to go until halftime.

However, Chico went on another run that gave them a 37-29 lead at halftime.

In the second half, Chico countered Coyote scores with their own. They took a 23 point lead with only two minutes left.

The Wildcats took the game by a final score of 84-63. The loss

eliminated the Coyotes from the playoffs and ended their 2017-2018 season.

Guard Blake McBride led the team with 58 three-pointers this season, and forward Dorian Butler made 64 of 83 attempted free throws.

Guard Ajon Efferson recorded season highs in points (26) and field goals made (10) against Upper Iowa. Forward Jacardo Hawkins scored the most points for the Coyotes with 306 while averaging 11.8 per game.

Butler, Efferson and Hawkins earned All-CCAA honorable mentions and McBride was named All-CCAA second team.

If there is anything to take away from this season, a rebuilding year for this team made them strong, so next year, they should look to be even stronger, and improve their record.

Women's basketball

By Lauren Jennings
Editor in Chief

The 2017-2018 Coyote women's basketball season ended on Feb. 24, as the team fell to the Cal Poly Pomona Broncos 62-55.

Last season, the team boasted a 15-10 record, taking the team to the CCAA playoffs.

In the first round, they fell to Pomona 54-49, eliminating them.

The team started off this season playing two games in Monmouth, Oregon.

They won the first game on Nov. 11 against Saint Martin's 69-44 but fell to Western Oregon the next day.

They began conference play on the road against Stanislaus on Nov. 15, winning 72-60. Cal Baptist came to Coussoulis Arena for the Coyotes' first home game. CSUSB walked away as the winner, 58-50.

Their biggest win came on Jan. 26 against Cal State Monterey Bay, where they scored 80 points to Monterey's 55.

Overall, they ended the season with a record of 11-15 and

9-13 in CCAA play.

Although the overall record was not what the ladies had hoped for, they still put their hearts into each game.

Forward Arianna Knox led the team in 3-pointers with 20, while guard Sabrea Coleman made 74 free throws out of 113 attempts.

Center Kaitlyn Parks led the team with 275 points, averaging 10.6 per game. Parks also earned season highs in points (22) and field goals made (11) against Cal State East Bay.

Guard Ashley Carson made



Lauren Jennings | Chronicle Photos

Women's basketball ends with a 9-13 CCAA record.

10 of 12 attempted free throws in the same game. On three separate occasions, Parks and Knox recorded 12 rebounds apiece.

During five different games, Coleman forced a career-high seven turnovers.

Parks was named All-CCAA second team and Knox earned

an honorable mention. If the stats show anything, it is that the women's basketball team can make a comeback next season.

Although the team said goodbye to eight seniors, it still has a strong set of players to bounce back with for the 2018-2019 season.

Lakers on the fast road to recovery

By Bryan Garcia
Staff Writer

Experts and fans are describing the past five years of Lakers' basketball as the 'worst' they have seen in the history of the organization.

The standard for the Lakers is set high, as they have 16 championships under their belt, making them the second most successful team in National Basketball Association (NBA) history, right behind the Boston Celtics who have 17 championship titles.

However, the team is currently on track for a fifth straight year without a playoff appearance.

Lakers fans are eager for an end to this trend as the team is starting to turn a corner, playing some of their best basketball in recent years.

The young talent and the

possibility of two new players joining them over the summer has fans and experts alike interested in seeing the team live up to their standard in the next coming years.

Although some believe rookie point guard, Lonzo Ball, has not lived up to the hype his father has built for him, he is beginning to show flashes of an offensive threat to complement his passing ability.

Knocking down the three-point shot will open up opportunities to do what he does best, distribute the ball and get all his teammates involved.

Die-hard Lakers fan Raymond Ramirez has high expectations for Ball.

"If he can stay healthy, he is a championship caliber point guard who will always elevate his teammates' offensive numbers," said Ramirez.

Another rookie making an immediate impact for the Lakers

is Kyle Kuzma.

His play throughout the season has resulted in him being labeled as a top-5 rookie.

He is an efficient scorer who can put the ball in the basket in so many ways, yet is a willing passer at the same time.

Another important piece of the team's future is second-year forward Brandon Ingram. He is developing as an all-around player that can score, distribute, and rebound, with untapped potential as an elite defender because of his length.

Adding to the excitement, Julius Randle is a reliable contributor to the team.

When they drafted him in 2014, the Lakers had intentions of placing Randle as the centerpiece in rebuilding the team following Kobe Bryant's retirement.

After a devastating injury abruptly ended his rookie campaign, and two seasons plagued by inconsistency, some fans

began to demand a trade.

But, he is finally finding his place in the league and arguably becoming the Lakers' best player through the first half of the season.

In order for the Lakers to clear up enough roster space to bring two superstars on board, they needed to make a trade.

The dream scenario for the Lakers would have been to trade away veteran player Luol Deng and his enormous contract.

However, finding a team willing to trade for an overpaid player with diminishing value is proving to be next to impossible.

That is exactly what followed in the month of February as the Lakers traded away Jordan Clarkson and Larry Nance Jr. on Feb. 9.

This created the necessary cap space and money to sign two superstars in the offseason.

LeBron James, the best basketball player in the world, will

be available. But at 33-years-old and with a likely 35 million dollar contract, the Lakers might be better off spending their money elsewhere.

Demarcus Cousins' recent injury in which he tore his Achilles tendon has experts doubting he will ever be the same player again. However, he is exactly what the Lakers would need in the center position.

"Cousins would be a perfect fit for how the Lakers would like to play," Ramirez said.

In the ideal scenario, the Lakers would also sign Palmdale native, Paul George. George has spoken about his desire to play for his hometown team for the past couple years.

With the hopes of two new superstars ready to help the Lakers return to the finals and the young players improving their game, the Lakers are primed for a championship run in the next two years.

Black Panther movie review

By Avery Bracken
Staff Writer

Marvel Studios has been releasing demanding, action-packed superhero movies throughout the last few years and they have been dominating the box office.

“Black Panther” is on pace to become the highest-selling

Marvel movie.

“Black Panther” is filled with big name actors and actresses, such as Chadwick Boseman, Michael B. Jordan, Angela Bassett and Forest Whitaker, just to name a few.

Before going inside the movie theater to watch this highly anticipated film, Jonathan Huertas commented on whether he thought the film would be

overrated or underrated.

“I think the film will be overrated and underrated in many different aspects,” said Huertas. “The way it will be overrated is going to be how they use so much special effects. Throughout the recent films Marvel has put out over the past years, they seem to use a lot of special effects to adjust certain scenes. The storyline will be underrated. This story plot is so close to reality in terms of it being placed in Africa and showing people how much we care about each other’s success.”

The feature film was filled with action and showed what was going on with our culture that we live in.

Even though it is a Marvel superhero film, it covers topics such as racism, classism, slavery, unity and many more.

“The movie had lived up to my expectations and then some. This movie is now one of my favorite movies of all time. The reason why is because of it tackling so many topics that we are going through in today’s world and putting it inside a superhero movie. This movie is good for audiences of all ages,” said Samantha Robbins.



photo courtesy of flickr



Avery Bracken | Chronicle Photo

Chadwick Boseman plays the hero T’Challa or Black Panther.

The kingdom of Wakanda employs a cadre of female warriors.

If you are a big Marvel fan, then this film should exceed expectations.

For those planning to watch this movie anytime soon, expect a movie that covers many aspects of our culture. Its message espouses never giving up and

always fighting for what you believe in.

“Black Panther” is an action-packed, must-see film.

Even if you have never seen a Marvel superhero film, this is still a great movie that anyone can enjoy.

SAN BERNARDINO

ARTSFEST

Saturday, March 24 | Noon - 9 p.m.

San Manuel Stadium

SBCity.org/SBArtsFest

SBArtsFest

A day of art, music, food and fun!



Art Displays



Chalk Art



Activities & Demos



Performing Arts



Live Music



Beverages



Food Trucks

Free Admission & Parking

San Manuel Stadium, 280 South E Street, San Bernardino, CA 92401

Comic book fans unite at CSUSB



Manuel Macias | Chronicle Photos

A variety of comic book characters and heroes came together to celebrate their favorite fandoms during CSUSB's first comic book expo.

By Manuel Macias
Staff Writer

The John M. Pfau Library hosted CSUSB's first ever comic book expo on Feb 21.

The event took place on the fifth floor, in the multimedia center, and began with introductions from Dean Cesar Caballero, James Knight III, and special guest and comic book publisher Javier Hernandez.

Following the event introductions, Knight led an open discussion about the history of comic books and how comic books are being adapted to films and television shows. Topics

that were discussed were TV shows based on comic books, like The CW's "Riverdale," AMC's "The Walking Dead" and The CW's "Legend's of Tomorrow," and films that have been adapted from comics that are to be released later on this year, like Marvel Studios' "Avengers: Infinity War."

Following the open discussion, a costume contest was held where students were able to dress up as their favorite comic book characters and enter an opportunity drawing for prizes. Students dressed as characters such as Deadpool, Dr. Who and Batgirl, among others.

Attendees could participate

in an interactive workshop. Hernandez taught the students how to design artwork in comics, put together a comic book, and how to publish the completed work.

Aside from this, students were also able to view various exhibits that were displayed throughout the floors of the library, which included comic books from "Archie," "The Walking Dead," "Judge Dredd", Marvel and DC.

The event was put together by Library Services Specialist Pat Rice-Daniels, along with the Pfau Library's Program and Marketing Task Force and various faculty and staff members.

"It took more than several

months to organize this event because it was our first time. Working on and completing all the exhibits took about a couple weeks too," said Daniels.

The program had a good turn out and was well received by attendees.

"This event was very informative. It was cool to interact with other people that like comic books and have discussions about them," said Art Institute of Inland Empire student Yvonne Pineda.

Students like Alfredo Sanchez hope to see this program return in future quarters because of the uniqueness of it.

"I'm really happy that the

library decided to host this event. It was a lot of fun," said Sanchez.

The John M. Pfau library hosts various programs and workshops for students to attend, which vary from how to cite in APA to how to conduct library research. The library will host labor leader and civil rights activist Dolores Huerta on March 7.

"I will certainly try to make this an annual event. I'd like to thank our Office of Strategic Communications for promoting and publicizing this event, our library administration, faculty and staff for helping execute this program," said Daniels.

Rick and Morty bring Szechuan to our dimension

By Gabriella Arana
Layout Editor

McDonald's customers are going wild over the most recent addition to the condiment library: Szechuan sauce.

Beloved sci-fi show "Rick and Morty" talked about the sauce that was released as a promotion for the movie Mulan back in 1998. The main character Rick claimed it was the most amazing sauce McDonald's had ever served.

The Szechuan sauce was discontinued after the movie's release, but fans of "Rick and Morty" voted in a McDonald's Twitter poll to bring the sauce back nearly twenty years later. With the feedback received, McDonald's agreed.

On Oct. 7, 2017, McDonald's again released the Szechuan sauce as a promotion for its new fresh crispy, chicken tenders.

However, because only around 100 people voted in a Twitter poll, McDonald's grossly underestimated the number of people wanting a taste of the sauce.

The selected restaurants for the event only received between 20 to 70 Szechuan sauce packets each.

Every restaurant was packed with angry fans all day long.



Photo courtesy of Chris Saracho

Szechuan, a promotional sauce from 1998, makes a new appearance after demands.

I was extremely excited about the event and went to two McDonald's that were said to have the sauce.

The first one never even got the shipment of sauces, and apparently, the sauce was sent to another store entirely. And the second one gave out all the sauces in the early morning, even though the event didn't

start until the afternoon.

McDonald's wasn't just giving out the sauce normally. You had to purchase the chicken tenders and you would get a bag containing a random sauce and poster for the event.

That means if you did happen to find a place that had the sauce, get there early enough to get in line before they sold out,

then have the time to wait four to seven hours in line, you were still at the mercy of luck to even get the Szechuan sauce.

Others who got the sauce sold it online. Szechuan sauce was sold for thousands of dollars and some people went as far as selling their cars for one packet.

A man who found an original packet from 1998, sold it for

\$4,000.

The fans who don't have thousands to spend on one packet of sauce were so outraged by McDonald's lack of stock, they started riots within the restaurants. Some riots got so extreme that staff had to call the police.

Later, McDonald's apologized for the fiasco and promised they would bring back the sauce again, but properly next time.

Recently, they shipped 20 million packets of Szechuan sauce to an even bigger selection of restaurants.

Finally, on Feb. 26, the fans got their sauce. However, the taste that so many have been left to ponder didn't really live up to the hype.

Fans are comparing the taste to a sweet teriyaki sauce.

In my opinion, the sauce is a pretty good teriyaki sauce. The kind you would keep in your drawers at home and use to flavor blast your chicken and rice.

It may not have been the sauce that stands against the test of time like "Rick and Morty" led us to believe, but it is a nice addition to the flavors on the McDonald's menu.

All of this hype started with a television cartoon.

We'll have to wait and see what these influential creators will demand next.

The Starving Artist in Riverside

By Devin Renich
Staff Writer

Most can agree the hardest part of being an artist is showcasing your work. Unless you are in a big city like Los Angeles or New York, it can often seem like no opportunities exist at all, but that is not entirely true.

There are about six different events no further than a 40-min-

ute drive from the CSUSB campus, where an artist of any level can set up shop. These events are called art walks, and they happen all year long, some as often as once a month.

A typical art walk is an organization- or city-run event that is open to the public and features artists of all kinds in a family-friendly environment. Art walks allow visual artists and vendors to set up booths to show-

case and sell their original work, and they allow performing artists like musicians and dancers to perform and promote themselves.

Local businesses such as cafés, retail shops and galleries also contribute to the creative festival. Many of them will host an open mic night or showcase an artist's work within their business, while others may simply remain open to the public during hours they are usually closed.

The six major hot spots in the area for these walks are Riverside, Claremont, Pomona, Redlands, Rancho Cucamonga and Ontario. Each city hosts the events at different times of the month so both attendees and artists have the opportunity to visit them all or find one that reigns closer to home.

Pomona's art walk happens the second Saturday of the month and has wonderful reviews. It's located in the Pomona arts colony downtown and features a farmer's market and many businesses and galleries are open late. For more information, you can look it up online at downtownpomona.org.

Redlands art walk happens biannually, hosting one event in fall and one in spring. The next event date is March 25 and will showcase many local artists, and provide live music next to a beer garden. The event is always located in the heart of downtown Redlands on State Street.

Riverside's art walk happens the first Thursday of every month from 6-9 p.m. It's a tad smaller than Pomona's art walk, but what it lacks in size it makes up for in talent. The largest attraction to spot in this event is the Artist Vendor lot on the corner of Lem-

on Street and University Avenue in downtown Riverside.

Dominic Sandello, an attendee of the Riverside Art Walk, says, "The art walk is a lot of fun. You get some fresh air and see some great artwork. It definitely makes for a good, mellow night out."

Claremont's art walk happens the first Saturday of every month, from 6-9 p.m. Claremont has had a rich art culture since the early 1930s and has continued growing since. You can visit Claremontartwalk.com for a quick history of the city's art culture, as well as a list of all participating art galleries.

The Ontario Artist Lofts and art walk happens every few months. It allows the public to tour artists' personal lofts and studios, where many of them paint live for the public. To learn more about the dates and the event, you can visit Ontarioartlofts.com.

All art walks help to create and maintain a sense of community within their cities in their own unique way. They allow local artists an opportunity to showcase and sell their work while providing attendees a relaxed evening out close to home.



Devin Renich | Chronicle Photo

The Riverside art walk is a great places in the I.E. to get started networking your artistic skills.

Motionless in White live in concert

By Andrea Englhorn
Contributing Writer

On Feb. 22, I got to attend the second Graveyard Shift Tour concert with my partner at the House of Blues (HoB) in Anaheim. The event opened with Ice Nine Kills (I9K), one of our favorite bands at the moment, and Every Time I Die (ETID) leading up to the main event, Motionless in White (MIW).

Originally Chelsea Grin was supposed to play but dropped out for an unknown reason to be replaced by ETID. I was sad that Chelsea Grin dropped because we aren't big fans of ETID live. Their performances just don't do it for us, and that is just our opinion.

Online it says gates opened at six o'clock, so we got in the never-ending line around five. The doors opened at six but it took at least 30 minutes to finally get in.

The HoB walls are dressed with amazing works of art and symbols of spirituality.

The stage is settled between two bars extending the length of the side walls and a second level of seats circle above the center dance floor.

VIP pass holders had the

ability to sit on the second-floor seats while general ticket holders only had access to the center floor and the bars.

We expected the concert to start around 20 to 30 minutes after doors opened but we waited until 7:30 p.m. before the lights dimmed and the first performance commenced.

I9K immediately had the crowd jumping and screaming as drinks spilled and voices cracked.

The crowd was enthused by their performance and almost everyone knew the words. They played songs from their new album like "Bloodbath and Beyond" and their new single "Enjoy Your Slay".

They finished with "Me, Myself, and Hyde", a song based on a piece of classic literature called *The Strange Case of Dr. Jekyll and Mr. Hyde* about the balance of good and evil in all humans.

This is one of our favorite songs by I9K and it seemed like the crowd wielded a similar opinion.

Next was ETID (instead of the listed Chelsea Grin), and they were interesting. The crowd bounced with the music, but we were tired from all the standing and just didn't feel the music. We



Photo courtesy of Andrea Englhorn

Ice Nine Kills lead singer, Spencer Charnas, and band on stage performing, "Eternally yours".

went to the merchandise booths during this performance to catch our breath and check out the products.

They opened with the song "Rats" from their new album "Graveyard Shift" and, like at every one of their performances, they played an older song "Abigail". New and old followers, alike, were screaming the lyrics to all the songs regardless of recency.

The energy was electric and the vibe positive. Most every guest was courteous and cordial, and little to no moshing occurred. Drinks were spilled and the air was thick with smoke, but a hot shower washed that away for the next morning.

I saw guests of over 50 years of age and, I even recall seeing a mother with a child no older than six years old.

We stayed after to meet

the lead singer of I9K, Spencer Charnas. He was kind and attentive to autographs, photos, and questions.

Overall, the experience was ethereal, but the waiting was less than desired. The tickets were affordable and the performances were ones I will remember for the rest of my life. I will be returning to MIW and I9K concerts but I might avoid seeing them at the HoB venue.

Breaking the mask

By Ricardo Orozco
Staff Writer

I don't know you. Why would I tell you how I'm feeling?

All you're going to do is just give me all these different types of medications that make me feel unusual. I already feel that way, so why do you want to zombify me? Why do you give me this medicine with all these different types of chemicals and side effects that make me not give a f--- about how I'm feeling? Why do you ask me things that you've never been through? You don't know what my thoughts are. If I take this pill, will it take those thoughts away, or will it keep me from actually figuring out the deep-rooted seed that started this all?

Psychiatrist: tell me how you feel.

Me: I feel on edge. I feel deep fear for no reason. I feel like I'm going crazy. I can't focus. I worry too much.

Psychiatrist: I'm going to prescribe you X and Y. Start taking this. It won't go into effect for two weeks. Then come back and see me in one month.

Me: Okay.

I take the pill.

This isn't normal.

I want to sleep during the day. My throat feels

swollen. My thoughts are frozen. I'm scared for some reason. I have this restless feeling. But even though I'm feeling all this, I don't care that I feel it. Luckily, I realize this s--- is weird. So I stop taking it. I miss the appointment with my doctor. At this point, I don't trust them. They're just going to give me a different type of medication. This is the seventh medication I have taken since 2012.

I don't want to talk to anyone. I'm a weirdo, and I don't want people to know that I am. I have dark thoughts too. I don't want them to know that either. Why is she looking at me like that? Is something on my face? Is there a fly in my hair? This person started talking to me. Should I be myself, or should I pretend to be something I'm not? Oh man my head hurts. What if I have a brain tumor and I don't have insurance? My eye is in pain. What if I go blind? I'm freaking out. I feel like everyone is watching me. All these people are all talking all at

once. It's making me anxious. I just need to go to my car and sit there with my thoughts.

I'm back at my home. I don't want to be there. My niece and nephew fight, argue and cry too much. It's too loud. I can't take it. I'm going to Coffee Bean. I'm alone now with my laptop and headphones. It's time to make music. And turn off my phone, but I can't because I want to see what is going on in other people's lives. Let me just go into Instagram and scroll through the feed. Oh, looks like this person has a great life. Now I'm even more depressed.

I've been trying to hide from others and keep things to myself. I have been isolating myself for way too

long. It has been eating me up inside out. My mind, health, and body have been killing me.

I have made the decision to find a support group and a system that works best for me. If you have anxiety or depression, make sure to talk to someone and get the help you need. Although many people may not want to talk about anxiety and depression, some people do care. There is always someone out there

that will go the extra step to help you. Don't forget to love yourself and know that you will be okay. You're not crazy.



Illustration courtesy of Gabriella Arana

CONNECT WITH US



@CSUSBChronicle



@CoyoteChronicle

Coyote
Chronicle

CoyoteChronicle.net



@CoyoteChronicle



CoyoteChronicle