



Coyote Chronicle

Volleyball takes CCAA Championship



Photo courtesy of SFSU BECA

The Coyotes took on the Chico State Wildcats in the CCAA Championships for the second year in a row, beating them again.

By Lauren Jennings
Sports Editor

For the past 18 seasons in a row, the Coyotes have made it to the CCAA playoffs.

Last season and in 11 other seasons before, the Coyotes were crowned the CCAA champions under the leadership of head coach Kim Cherniss.

In addition to the 12 CCAA championships, the Coyotes and Cherniss have won six NCAA

West Region titles.

In game one of the CCAA playoffs, the Coyotes took on the Otters of Cal State Monterey Bay in the quarterfinals.

Set one (25-15) started with back and forth scoring, but the Coyotes broke away when the score was 9-5.

They scored four in a row before allowing two points, then scored another three to take a 16-7 lead.

The Coyotes would go on to take the set on an Otter attack

error.

Set two (26-24) saw the Otters score three before allowing the Coyotes to score their first point.

The Otters took a 14-6 lead before the Coyotes would jump back into the game and score five in a row.

The Coyotes earned the win on three straight kills by Lauren Nicholson.

The third and final set (25-11) went much more smoothly than the first two. The Coyotes

quickly took a 22-5 lead, eventually winning on another kill by Nicholson. The win earned them a spot in the semifinals, where the Coyotes took on the Cal State East Bay Pioneers.

The Coyotes led for the majority of set one (29-27) until the Pioneers knotted the set up at 18.

The teams traded points past the required 25 until East Bay got the two-point lead they needed to get the win.

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Adelanto Mayor Arrested

By Evelyn Carmona
Staff Writer

Adelanto Mayor Pro Tem, Jermaine Wright, will be arraigned Dec. 6 in Riverside for two federal charges of bribery and arson.

It is suspected that an FBI agent offered Wright ten thousand dollars in bribery by using his political position to help with a commercial marijuana transportation business. On June 15, the FBI agent appeared at Wright's business, Fat Boyz Grill Restaurant, to offer him the bribe. Wright pocketed the money, supposedly for his "non-profit."

Wright then came up with a plot to burn down his restaurant, in order to receive 300,000 dollars from his insurance. He expressed his plot to an FBI informant. An undercover agent, disguised as the electrician of the restaurant. In which, Jermaine Wright, observed every detail of how the fire will occur and the timing.

"From the time [the fire] starts to the time they get here, it's probably about five minutes," he stated to the affidavit.

After Wright's plot was exposed, he then plotted for someone to assault him. He planned to be assaulted at his restaurant, where a rat was going to be placed next to him. This would make the scene angered as if someone was specifically targeting to assault Wright.

On Nov. 3, authorities showed up to the scene, in which Wright was laying on the ground in the parking lot. Wright was hit several times in his right eye.

He was transported to St. Joseph Health in Apple Valley. There agents spoke to Wright, who couldn't look the agents in the eye, and took longer to answer questions.

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Annual Spirit of the Entrepreneur Award Show

By Daniel Padilla
Staff Reporter

This year's Spirit of the Entrepreneur awards show honored the Inland Empire's most successful entrepreneurs, in hopes of giving CSUSB students role models to look up to.

Held at the Riverside Convention Center, the event was crowded, with guests in black tie attire who mingled in the hall just outside the theater room.

Founder and producer of the show, Dr. Mike Stull, invited students from his class, who got the chance to network and follow in the footsteps of successful entrepreneurs.

"I'm looking to grow my business," said licensed realtor and undergraduate student Adan Espinosa. "I'm just looking for some expansion and a couple of investors with some money."

Inside the theater room,



Daniel Padilla | Chronicle Photos

Inland Empire's most successful entrepreneurs spoke to and met with students at the show.

guests were treated to dinner and live entertainment before the awards show began.

Artist Gregory Adams, within minutes, painted portraits of musicians such as Prince and

John Lennon singing with Paul McCartney. As he painted, music from these musicians played on the speakers, giving extra pizzazz to Adams' spontaneous movements.

Awards were separated into eight categories, such as Eco Entrepreneurs and General Entrepreneur. Nominees also had a chance of winning in a ninth

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Contributors

Editor In Chief	Rodney E. Schmidt
Managing Editor	Dre Dog Engelhorn
Copy Editor	Crystal Harrell
Multimedia Editor	Jason P. Samp
Layout Editor	Robin Briggie-Small
Layout Consultant	Julia Bernardo
Sports Editor	Lauren Jennings
Cyber Security Consultant	Jacob Collins
Distribution Manager	Robin Briggs
Community Engagement Manager	Ariana Cano
Cartoonist	Armando Avila
Faculty Advisor	Mariam Betlemidze Mariam.Betlemidze@csusb.edu
Advertising Manager	Linda Sand LSand@csusb.edu

Staff Writers

Erika Aguilar
Dustin Alexander
Daniel Banks
Issac Cardenas
Melissa Cardenato
Evelyn Carmona
Ashley Casillas
Hannah Centner
Kieron Coleman
Michael Embry
Patricia Delatorre
Krystal Erickson
Nikaela Favela
Yessica Gonzales
Hanna Gruntz
Nalley Gusman
Kaelie Illman
Brandis Johnson
Paola Magana
Christine Muhar
Kevin Novak
Anthony Perez
Spencer Reifel
Andrew Rivera
Breeze Rivers
Lucero Roman
Brittany Stiner
Adam Vilas

Promotions Staff

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Le'Wunn Jagers
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Lauren Pratt
Sierra Prescott
Stephen Quintanilla
Patricia Ramirez
Ryan Ramirez
Noe Ramos
Paula Rojo
Samantha Romero
Andrea Stewart
Sofia Venegas
Courtney Wilkins

Staff Writers are comprised of students enrolled in COMM243A Practicum: Print & Online Journalism taught by Dr. Mariam Betlemidze

Promotions & PR Staff are comprised of students enrolled in COMM243D Practicum: Public Relations taught by Professor Jess Block Nerren.

Contact Information
Office:(909)537-5289
Advertising:(909)537-5815
Email:sbchron@csusb.edu
Website:coyotechronicle.net

Mail
California State University,
San Bernardino
University Hall Room UH-037
5500 University Parkway
San Bernardino, CA 92407

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Spirit of the Entrepreneur

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Founder and producer of the show, Dr. Mike Stull, invited students from his class, who got the chance to network and follow in the footsteps of successful entrepreneurs.

"I'm looking to grow my business," said licensed realtor and undergraduate student Adan Espinosa. "I'm just looking for some expansion and a couple of investors with some money."

Inside the theater room, guests were treated to dinner and live entertainment before the awards show began.

Artist Gregory Adams, within minutes, painted portraits of musicians such as Prince and John Lennon singing with Paul McCartney. As he painted, music from these musicians played on the speakers, giving extra pizzazz to Adams' spontaneous movements.



Awards were separated into eight categories, such as Eco Entrepreneurs and General Entrepreneur. Nominees also had a chance of winning in a ninth category, for the Best of the Best award.

Nominees are picked for their innovation, leadership, performance, character, and entrepreneurial mindset and vision.

CEO of Fox Transportation Inc. Michael Fox, won both in the category of General Entrepreneur and the Best of the Best award.

"You have to want it, you have to do whatever you need to do. Initially you're working 20 or 15 hours a day. All your finances are on credit cards, and that is your life," said Fox, describing

what it takes to make a business successful.

CSUSB students were given a chance to win 4,000 dollars during the Fast Pitch competition on stage as well. With just ninety seconds, students needed to win over the audience's vote with their entrepreneurial ideas.

Henessey Soto took home the 4,000 dollars for her Balm Strips idea. Balm Strips are individual strips of lip balm, which helps prevent the spread of germs that other lip balm products may spread.

The Spirit of the Entrepreneur was founded to give students role models within the local business community, and to recognize business leaders in that community.



CSUSB Photos

Students got a unique opportunity to mingle and network with local entrepreneurs.

Australian Same Sex Marriage Vote

By **Dusty Alexander**
Staff Writer

Millions of Australians made their voices heard when they overwhelmingly voted "yes" in support of same sex marriage in their country.

While same sex marriage is currently not legalized in the country, politicians are expected to begin preparing a bill to be passed shortly. The bill would be expected to pass by the end of the year, barring any disagreements between politicians.

On Nov. 15, the Australian Bureau of Statistics published

the results of a two-month-long voluntary postal survey that had been sent out to all legal voters within the country.

The survey was an extremely simple yes or no question: "Should the law be changed to allow same-sex couples to marry?"

According to the results published by the Bureau, 61.6 percent of survey takers voted "yes," while 38.4 percent voted "no." Every single state and territory in the country voted in favor for the change to the law.

The turnout for participation in the survey was extremely positive, with 79.5 percent of the

entire eligible population (that is 12,727,920 Australian voters) taking the survey.

Interestingly, the youngest voters, those who were 18 to 19 years-old, were the most likely of any group to respond to the survey of any age group under 45, according to the Bureau's demographic results.

Also of interest, female citizens were more likely to vote in almost every age group, except for those the age of 75.

There is no set date for the law to be changed, but for millions of Australians Nov. 15 is a day of victory for equality.

Collegiate Cyber Defense Competition Team

By Andrea Engelhorn
Managing Editor

CSUSB's Collegiate Cyber Defense Competition (CCDC) team participated in the first of two invitationals on Nov. 11 preparing for the next invitational on Dec. 2, the Qualifier on Jan. 20, the Regional Competition Mar. 24-26, and hopefully Nationals Apr. 13-15.

"CCDC is a simulated computer operations competition. Teams are placed into an

environment that represents virtual e-commerce businesses and teams are tasked to defend and protect the company systems from professional hackers," said Linux leader Luis Pena, a CSUSB senior. "The end goal is to secure the business and perform real world tasks that a company might [request of a cyber security business]."

CSUSB has participated in CCDC for over five years now, according to team captain Drew Allensworth.

During the school year, the

team meets about once per week, often on Friday or Saturday, to discuss important information, train new members, and get a game plan together.

CSUSB's team competes in the Western Region of CCDC (WRCCDC) with only eight students officially on the team roster and up to two substitutes in case of illness or emergency.

To help students get a taste of what the competition will be like, CCDC hosts two invitationals, one of which has already occurred for this year's compe-

tion.

The goal of invitationals is not to be an exact replication of how the actual competition will go, but more of a time for team leaders to assess the current skill set of the team and organize tasks.

There are two concentrations that team members can choose to focus on during the competition: Linux and Windows.

The Linux portion is ran by CSUSB senior Luis Pena and the Windows portion is ran by Drew Allensworth, CSUSB senior.

"Most students come in with a set of skills in a specific area, but here we push you to become more comfortable in several areas," explained Allensworth. "Our goal is to let members test those new skills during invitationals."

After invitationals, teams compete in the Qualifier to be one of the top eight schools to move on to Regionals. The amount of teams participating in the qualifiers for the past few years has been on a rise, with this year estimated to be over 20 teams.

Regionals take place over a three day period, and in past years has been hosted at Cal Poly Pomona. The first two days are the actual competition, with the last day being debriefs and the awards ceremony.

"The competition consists of

eight team members from each school receiving an environment of a small business without secure protection that [the team] is required to secure," stated Windows web service member and second year student James Block.

The top one school at Regionals moves on to Nationals, which consists of the number one team from each of the ten regions. CSUSB has hopes to one day beat the top schools in WRCCDC and take on Nationals.

Block explained that CSUSB's team is open to all technology majors, not exclusively for Cyber Security students.

"Anyone is welcome, as long as they are ready to learn and put a lot of time into meetings, practices, and studying," said Block.

CSUSB CCDC members encourage cyber security students to participate in the challenging yet exciting competition because a class can only be so hands on when it comes to protecting a business's cyber presence.

"The gap between the university level and the professional level is massive," stated Pena. "Unless someone is already in the security field, it's hard to get this amount of hands on experience anywhere else."



Photo Courtesy of Billy Gedney

2016 CCDC team ranked seventh out of eight schools at the western regional tournament.

Resources To Help Students Succeed During Finals Week

By Daniel Banks
Staff Writer

With finals week approaching quickly, the level of stress for students to do well can be at an all-time high.

The pressure of wanting to do well on final exams can take a toll on students. There are many factors that play a part in a student's urge to ace their tests. They're probably struggling with a class and are in dire need of passing the final to get a passing grade overall. Also, the more

classes that someone takes, the more finals they have, possibly leading to mental frustration.

"With the amount of finals that I have to take for finals week, it is taking a toll on me mentally and physically" said CSUSB Junior Vivian Arias.

"Studying for finals in subjects that you aren't interested in causes stress because it feels taxing to sit down and actually study that subject" said CSUSB Junior James Johnson.

Some students may not be aware of the resources that CSUSB offers to students to

assist them in their quest of acing their finals.

The Counseling and Psychological Services on campus offers assistance to students who are in a deep state of depression and stress due to worrying about what the outcome of the quarter will bring.

They offer counseling services with no charge for students, individual therapy for students who need one on one help, group therapy sessions, and crisis counseling. Also, between Nov. to Dec they are offering same day appointments for students to meet with counselors on Monday-Thursday from 8:00 a.m. – 6:30 p.m. and Friday 9:30 a.m. – 5:00 p.m.

Cross Cultural Services located in the SMSU building is another resource available to students. There is a nice lounging area for students to study, relax, and ease their minds. They provide benefits that will help students take a breather and make it easier to push through finals week.

"We offer free popcorn to students who may not be able to buy a lot of food or haven't eaten to help take away some of the burdens that they are going through. We also give away free



CSUSB Photos

Therapy puppies help students cope with stress on campus

scantrons for students so that they do not have to worry about spending money on multiple scantrons" said Student Assistant of the Cross-Cultural Center Itzel Olguin.

The Pfau Library here on campus is one of the main locations to help students reach academic success. Free give-away snack packs and dogs for students to pet to relieve stress are some of the encouragements that they give.

Exams, where students are required to write essays, can cause panic if they aren't that great at writing. No need to fear

because the Writing Center will help lead students in the right direction to become better writers. Students will have one-on-one time with tutors if they are having trouble with figuring out how should they format papers. The more and more practice they have, the more comfortable they will be with writing and their confidence will be boosted when it's time to take the test.

With all of the resources on campus, students have multiple sources of support and encouragement to do their very best on exams and move forward to the next quarter or graduation.



CSUSB Photos

These therapy dogs have proven themselves to relieve stress.

KIKI'N Up the Empire with "Surrogate Family"



Kaelie Sigrid Illman | Chronicle Photos

Lead singer Gael Jacobo feeling the music and letting loose on stage.

By Kaelie Sigrid Illman
Staff Writer

Kiki Diago's has recently released their new song "She Wants Love" at a show in Early November in Downtown Riverside. They are currently finishing up their album, Volume 1, with the release date soon to be announced for the beginning of the year.

Kiki Diago is a local band from the Inland Empire that has built up a large community following throughout the past two years. The band consists of lead

singer Gael Jacobo, Alex Brady who is the newest drummer, Ismael Trujillo on keys, Andrew Plascencia as bassist, and Danny Zapato on guitar.

"To me, the Inland Empire is a place conducive for art. People who grew up here tend to generally live in the suburbs and we become extremely bored; yet we live an hour away from Los Angeles. This allowed us to dream and get creative to distract ourselves from this suburban boredom," said Zapato.

The band has been writing their new album for the past eight months, which features

"She Wants Love." Through hours of jamming together, Kiki Diago was able to put together a new sound. Their close friend Christopher Maciel became their engineer to record their music.

It took about a week to plan and record, and a couple of months-worth mixing and mastering, and then finally a single release. Another friend known as Mano helped after tracking the album to give some direction on handling the deadlines for shows and production goals.

"I feel like the hardest part of any artistic project is figuring out what you are trying to say. An album is a collection of songs that form one big picture or idea and trying to make sure it all makes sense as a collaborative set is always a challenge," said Trujillo.

The process of writing an album can get costly, but Kiki Diago has done it through mostly self-funding and donations from family and friends. At shows such as the one at Romano's, there is a charge for entry at the door. Most the time, the band

sees almost little to none of that money. It does change from venue to venue, and the money would cover gas, merchandise, and licensing. Their biggest support is just their family, friends and fans.

"It continually surprises us when someone we don't even know comes up and says they love our music or recommended us to someone. There has been so much love going around, and people have been supportive every step of the way in so many different ways," said Plascencia "Social media helps, but the trend we noticed is that majority of people who have shared a kind word about our music is where we gain our fans."

Recently, members of the band have moved into a home with the band Daise, which creates a larger music collective and community to work amongst. To Kiki, it is all about making it one big family, and as they get older, they bring their own families into the mix.

Andrew and his partner Kim have figured out how to live the rock 'n' roll lifestyle while also

raising their three-year-old son. Many of the members would say it brings them all closer to have those attachments.

"These guys have created a sort of surrogate family amongst themselves. Dating a musician is hard, but being a mother while dating a musician is even harder. We have been taking our son to band practices from a very young age, so he now knows the routine. Our son even knows when dad is leaving for practice or a show and occasionally asks if he too could go play music and see his friends [the band members]," said Kim Romero, the bassist's partner.

Kiki Diago hopes that with the help of the community in the Inland Empire, their art will be able to touch the lives of those around them. The band does not strive for any long-term goals, as they believe it will distract them from making music that reflects their creative ideas. Instead they want to focus on the moments they have with each other. Kiki Diago posts their upcoming events and news about their album on Instagram.

Coyote Radio Interview with Jan Masaoka

By Brandiss Johnson
Staff Writer

Jan Masaoka, CEO for the California Association of Non Profits, was interviewed on Coyote Radio Tuesday, Oct 3, during the segment "Conversations on Culture and Community."

Q: Jan, could you tell us about your work with the California Association of non-profits?

A: We say Cal non-profits for short. It is kind of a chamber of commerce but for non-profits rather than for businesses. We have 10,000 members here in California. We mostly focus on policy work and creating a business climate that is going to help non-profits succeed at the work that they do. That is kind of our core point. I am very happy to be coming to San Bernardino to speak at the conference of the Inland Empire collaborative reaching out and talking to non-profits across the state and finding out what their concerns are so that we can represent them in Sacramento.

Q: What are the most important things great non-profits do for a community like ours?

A: Well, pretty much everything. When you think about it, we are breathing cleaner air because of the work environmental activists have done. A lot of us will have a daughter in girl scouts, or a father in an Alzheimers day care center. I have a hearing aid that has a technology

that was developed in a non-profit research laboratory, or we may have gone to a private or Catholic University, for example. Everybody knows the church they go to, and they know the college they went to. They know all these things, but they may not have put them all together and realized they are all a part of the non-profit community.

Q: We've alluded that Inland Empire non-profits are finding unprecedented success now, due to their efforts to collaborate. Could you comment on that?

A: Non-profits collaborate a lot. I think we just collaborate so much sometimes that it's exhausting, to tell you the truth. I think the best collaborations are actually not the ones where we collaborate with like people, but with the most unlike. The most important part is bringing money in to the partners. It doesn't make sense to have to bring money into the partnership. Those are the ones that actually make real sense. That's not the conventional wisdom.

Q: Can a great collaborative generate more funding for the individual partners?

A: There's a saying that says one vase is worth a hundred grant proposal, and let me give you one example. Because people are not smoking as much, the early childhood programs across our state, preschools and such are not getting as much money as they used to because that is the money stream that comes directly from the taxes on



Courtesy of CSUSB Photos

Lacey Kendall conducted the interview with Jan Masaoka.

cigarettes and so one approach to say if you are a child care agency you might think of is maybe we should get together and hold a walk-a-thon to raise the money that way, or put together a collaborative funding proposal for a foundation.

Q: There have been times in history when the community non-profits have held a town together after a tragedy or economic disturbance. Do you believe that with the growth and success of our local collaborative, we can begin to build something exciting here?

A: I would say that this is how people sometimes talk. They say, "non-profits make changes or non-profits hold a communi-

ty together" and these kinds of things. I think that another way to think about it is that people make changes and non-profits are the vehicles that they choose to do that with.

Q: So tell us about these collaboratives. Does it matter what groups band together or should there be a matchmaker of some sort?

A: Oh gosh. I know there are people who have been successful on match.com. At least right now there shouldn't be a designated matchmaker. You identify people that seem like a good match and you have the opportunity to go ahead and set something up.

Q: What has been the greatest success story concern-

ing a non-profit that you've seen?

A: I think if you look at things like the idea that people of color go to universities, and the idea that people who are disabled don't have to stay shut in their homes and the idea that the earth is important and we should take care of it. All those ideas were incubated and successful in the non-profit sectors.

...Continued online

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LA Times

“Maquilapolis” revives consumerism discussion

By Paul Nunez Figueroa
Staff Writer

A harrowing documentary reminds the students of CSUSB of the often-overlooked human cost of the products they purchase.

On Nov. 14, Dr. Liliana Conlisk Gallegos and Dr. Yvette Saavedra held a screening of the 2006 documentary film *Maquilapolis* in the theater of the Santos Manuel Student Union.

The film, whose title translates to “The City of Factories”, depicts the everyday lives of women working in the numerous factories scattered along the US-Mexico border and their struggle to obtain justice for wage theft and environmental pollution.

“I chose this film because it highlights the labor of Mexican and also Central American women who are working in the maquiladora industry,” said Dr. Saavedra.

Saavedra touts the importance of films that show the conditions of labor for women in these regions, “because there are so many social and cultural consequences to it.”

The screening of the film marks the third in a series of four lectures on Borderlands Studies,

which seeks to highlight scholarships on the US-Mexico borderlands, in particular scholarship conducted by Latinas/Chicanas working in the field.

By screening this film, Saavedra hopes to illustrate how grassroots activism can make a difference.

“If [the women in the film] can participate in grassroots movements that can engender change, I think that can speak volumes to people who may feel that they don’t have a voice or political or social agency,” said Saavedra.

She prefaced the screening of the film with a brief presentation on the negative effects that neoliberal trade policies, in particular NAFTA and the structural adjustment programs proposed to Mexico by the IMF and World Bank, have had on the women living and working in this area.

Dr. Gallegos then addressed some of the misconceptions regarding Tijuana, the city in which the film is shot.

Drawing on postcolonial theory, Hegelian dialectics, and Jean Baudrillard’s concept of simulacra, she also commented on the effects of colonialism on Mexico and challenged traditional notions of what can be considered “knowledge.”

One of the most emotional scenes in the film is when a



Photos courtesy of David Maung

The women display products they produced in “Maquiladora” factories.

father is interviewed about an incident in which his young daughter was electrocuted after falling into a puddle containing a downed power cable.

“It’s stuck in my head,” said Basim Aleaze, a communications major, shortly after viewing the scene.

The father tears up as he recounts attempting to revive his daughter in the back of car on the way to the hospital and asking God to help him.

Public and oral history ma-

major Haley Carter cites that as the most striking scene in the film. “If it had just been slightly different, she [the daughter of that man] would’ve been dead.”

While most CSUSB students have been fortunate enough not to have worked in one of these factories, the issues that this film explores are not as far removed from our campus as one might think.

During the Q&A section of the presentation, a student noted a parallel between the toxic

waste dump featured in the film and the problem of the Stringfellow Acid Pits in Jurupa Valley.

“We are a Hispanic serving institution,” cited Dr. Saavedra as the reason why she elected to screen the film at CSUSB. “And considering that we’re really not that far from the border, I think that it would speak to experiences that students may have with people that they’ve known or people in their families.”

PDC’s HEAL documentary premieres



Photos courtesy of Shawn Shepherd

Adam Schomer, award-winning producer of the documentary *HEAL*, spoke about the film that premiered at the Indian Wells theater the next day.

By Crystal Harrell
Staff Writer

On Nov. 16, the CSUSB Palm Desert campus hosted a free talk for students with Adam Schomer, award-winning producer of the documentary *HEAL*, which premiered at the Indian Wells Theater a day later.

HEAL is a film directed by Kelly Noonan that focuses on by changing one’s thoughts, emotions, and perceptions, the human body can heal itself from any disease. Featuring the insight of scientists and teachers like Dr. Deepak Chopra, Dr. Joe Dispenza, Anita Moorjani, and Bruce Lipton, the documentary also follows real people on their healing journeys through the methods

described.

Moderated by communication professor Bob Leo, the campus hosted a conversation with Adam Schomer, CEO of I2I Productions and producer of documentary films that focus on wellness and persevering in the face of incredible challenges.

“It is great to have significant leaders in different professions on our campus because it gives our students a great idea about all that is available to them after college,” stated Shawn Shepherd, Director of Development at the Palm Desert campus and coordinator of the *HEAL* showing.

Schomer was in the Coachella Valley to attend the premiere of his latest documentary, which challenges assumptions about

what it takes to heal from disease and illness. The producer also discussed his life and career, in addition to other insightful concepts to inspire the 50 students who attended the event.

“We were especially thrilled to have a discussion with Adam Schomer, a film producer who has traveled the world making movies about overcoming challenges. As he talked about his own experiences, all of us were thinking about what we’ve overcome and how much possibility there really is in the world,” said Shepherd.

Schomer’s lecture was part of what is known as University Hour at the Palm Desert campus. This is a two-hour block period each Tuesday and Thursday where classes are not sched-

uled and students are able to participate in clubs and campus activities. This also gives them additional time to work on group projects for classes, or receive academic support at the Student Success Studio.

The satellite campus creates enrichment activities like the *HEAL* screening and lecture during open times on the calendar year. In addition to speakers, enrichment activities in University Hour include film showings by the Rancho Mirage Student Center, musical performances, and even a ukulele holiday sing-along coming in December.

The documentary screened on Friday, Nov. 17, at 7 p.m. and included a Q & A and reception with the filmmakers. An additional screening was shown

Saturday, Nov. 18, at 2 p.m. with tickets costing five dollars for students and 15 dollars for the general public.

HEAL was the winner of the Soul in Cinema Award at the 2017 Maui Film Fest, and has garnered other accolades in the festival circuit since its distribution. The documentary is also relevant to students who may be experiencing conditions of mental stress brought about by demanding school schedules.

According to its official website, the film strives to empower viewers with “a new understanding of the miraculous nature of the human body and the extraordinary healer within us all.”

Feminist Comedians Take the Stage

By Paola Magana
Staff Writer

Emily Erwin hosting the Feminist Comedy Night
The Women's Resource Center exists to provide a supportive place for all women on campus and is committed to addressing sexism and discrimination in all its forms.

Irene Tobias, the lead assistant in the SMSU Women's Resource Center, was interviewed to discuss feminism and comment on the event.

Q: Why was this event brought to CSUSB?

So about three or four years ago, a few of us attended a comedy night. It was funny but there was a lot of racist and sexist jokes. All of the comedians were men and we thought it wasn't really fair because they were basically just making fun of people

and there are other ways to bring humor. For the following year, we organized a feminist comedy night and it was originally created by someone who used to work here [at the Women's Resource Center]. Her name was Emily Erwin, and she hosted the show and has been hosting for the past three years.

Q: How do you describe feminism?

We like to just describe feminism as all types of equality for all genders. Basically, the general idea is we like to ensure that women can get the same rights, justice, and recognition that anyone else gets, so that's how we would define feminism in the most basic way.

Q: Do you think there are misconceptions about feminism, and if so, can you elaborate?

Yeah, so a lot of people think that feminists are man-hat-



Photos courtesy of Paola Magana

Come listen, laugh, and kick back as they take the stage and entertain.

ers, we want to be superior to men, or that we're just angry lesbians. Some people think that women already have a bunch of rights, so why do we still need feminism? We kind of try to tear those down, especially when new people come into the center and we'll explain it to them why we need the Women's Resource Center and why we need feminism still. A good reason would be having the original comedy night. We want to bring out all these students during midterms or during a hectic school week and have them laugh, but in a more beneficial and less problematic way than laughing at other people.

Q: How does this event

represent the feminist?

A lot of our events tend to be really informative and sometimes they end up being, not that entertaining like as in happy, so we really try to lighten up our audiences. For Feminist Comedy Night, we just want people to laugh and have a good time without it being too problematic. All of our performers are female performers, so that is one way we're supporting female artists out there. I feel like in the past two years, they were all LA-based and not a lot of female comedians on campus existed. So, this year we actually got in contact with one of them and she went onstage for five to ten minutes. By doing this, we are trying to support, at least

some people who are local and female comedians. You can make someone laugh without making racist or sex jokes.

Q: How do you think this event represents someone as an individual, feminist or non-feminist?

I think it represents them, even if they don't identify as a feminist. You're doing a feminist act by going out and supporting your local women's resource center. You're also supporting female artists who are in the comedy industry, and you're contributing to that less problematic humor: racist, sexist, homophobic jokes that most comedians do tell.



Photos courtesy of Paola Magana

Emily Erwin hosting the Feminist Comedy Night.

CSUSB's Los Amigos Spanish Club

By Erika Aguilar
Staff Writer

Los Amigos Spanish Club is a student run organization that provides students with a common interest in Spanish language and culture an opportunity to connect.

The club's purpose is to enhance students' understanding of Hispanic and Latin American cultures through different activities on and off campus.

The club started around 2014 when students became interested in participating in Latin events through Foreign Language Advising and Guidance for Students (FLAGS).

FLAGS includes advisors who work with faculty in the World Languages and Literatures department to provide important information to students regarding registration, quarterly classes, planning their major, transcript review, and other advising information.

"FLAGS was supposed to be just advising for students and that's when Los Amigos Spanish Club came in and took over all those activities," said President of Los Amigos Spanish Club, Gabriela Resendiz.

As of now, Bibiana Diaz has been the club's advisor ever since the club started.

Diaz supports and guides the students in anything they need.

Throughout the school year, the club celebrates Hispanic culture by participating in different events including, "Day of the Dead," "Dia Latino," "Cinco de Mayo," and more.

The club's most recent event was, "Day of the Dead," where they collaborated with Acto Latino in creating the community altar.

"I loved it. Everyone loved it, so I think that has been one of our biggest accomplishments of the quarter," said student and treasurer José Velasco.

Acto Latino is a theater group on campus which focuses

on Hispanic/Latino language, culture, and literature through the presentation of Spanish-language plays.

As the club continues to collaborate with multiple organizations on campus, it has many other accomplishments to also be proud of.

"The accomplishments that we are most proud of includes getting different Hispanic cultures known in the community," said Velasco.

Last year, the club participated in Dia Latino at Arroyo Verde Elementary School.

Dia Latino is an event hosted by different organizations on campus which celebrates the diversity of Latin countries.

The event is very informational as each organization provides detailed information about each country including the country's president, flag, typical food/drinks and traditions.

Los Amigos Spanish Club meets once every month and during the meetings, board

members explain Hispanic traditions to their club members and discuss upcoming events.

Besides focusing on cultural traditions, the club also does social activities to interact with their members.

"We go ice-skating, do movie nights and visit places," said Resendiz.

By joining the class, students can practice their Spanish language to improve it or learn it. "Even if it's not like a direct teaching approach, they'll learn some words," said Velasco.

Most of the board members are Spanish majors and are willing to help students learn.

There is a lot of ethnic diversity in the club, as some of their members are African American, Japanese and Asian students.

"We also have different types of Hispanic students too, not just Mexicans," said Resendiz.

Resendiz said students don't have to be a Spanish major to be part of the club since it is open to

all majors.

"We have club members that don't speak any Spanish and when they join us, they get to learn the language," said student and Vice President, Isela Iniguez.

Iniguez has been part of the club for a year and said students have the opportunity to learn about different celebrations.

Jessica Gonzalez has been a member of Los Amigos Spanish club for two quarters.

"I have improved my Spanish vocabulary a lot and learned more about my Hispanic culture," said Gonzalez.

Gonzalez encourages other students to join the club because it's a great way to make friends and to practice the Spanish language.

Gonzalez is a transfer student and he encourages students to join the club, specifically freshmen.

Continued on
CoyoteChronicle.net

Tips on Managing Student Debt

By Paola Magana
Staff Writer

The OsherAdult Re-Entry Center held a seminar on Nov. 8 about Managing Student Debt. It was hosted by Raul Valdovinos, a CSUSB Student Personnel Technician with the office of Financial Aid & Scholarships.

Raul Valdovinos was interviewed about tips and techniques for managing student debt, budgeting financial aid, and future financial planning techniques.

Q: How can you prevent a student loan turning into a student debt?

You can try and get a part-time job because sometimes it's hard to do it full time, so get a part-time job at least. You can contact your loan servicer and make payments while you're in school. If you get 100 dollars for your birthday and you know you have a loan already, send that to your loan servicer. If you put that off it just creates more interest and all of that interest adds up. We try and encourage students to pay while they're in school, if they can. Whenever they get like a tax refund, birthday money, or Christmas money, making small

payments over a long period of time really makes a difference.

Q: What is the average time to pay off a student loan and how often you pay it?

The standard for payment is 10 years; you can obviously do it sooner if you want. Taking into account not all majors are created equal, some people get paid really well once they get out of college and some people don't, that's just the reality. It's on a monthly basis, obviously, your payment might be a 100 dollars and your friend's payment might be 200 dollars. It just might be because your friend took out more loans and how many loans you have outstanding. 10 years is the repayment period that they offer you, and there are special programs with like federal loans. Let's say you don't get a job right away, you're unemployed once you've graduated for a couple of months or you're not making nearly as much as you thought you would as far as salary is concerned. They do have programs where they work based on your income, I think communication is the most important component because if you don't communicate with your lender and they're billing you and you



Paola Magana | Chronicle Photos

Managing debt with increasing tuition fees across California State University programs

don't submit those payments, you're going to fall into default, eventually. They are going to report that to the credit reporting agencies.

Q: How will my student debt affect my credit?

I know that if make a late payment you'll probably get hit with a late fee, but anything over 30 days late, is going to get reported to the credit agencies. It will lower your fico score, which is the score that is used to cal-

culate what interest rate they're going to give, so the better your credit score, the lower the interest rate you'll pay and the more money you save. If you have low enough fico score you're going to get higher interest rates on your credit cards and you're going to get a higher interest rate when you try to buy a house or when you try to finance a car. All that stuff gets reported and if it gets really bad, the last thing they could do is take it out of

your paycheck.

Q: Anything else you want to add? Any more tips?

Off the top of my head is housing. I would encourage people to live with a roommate or live with their parents if they live nearby and it's possible. Putting a little bit of effort into learning how to cook, if you don't know how; making your own meals saves so much money. I don't see the reason for buying new textbooks.

By Issac Cardenas
Staff Writer

How to Building a Credit Score

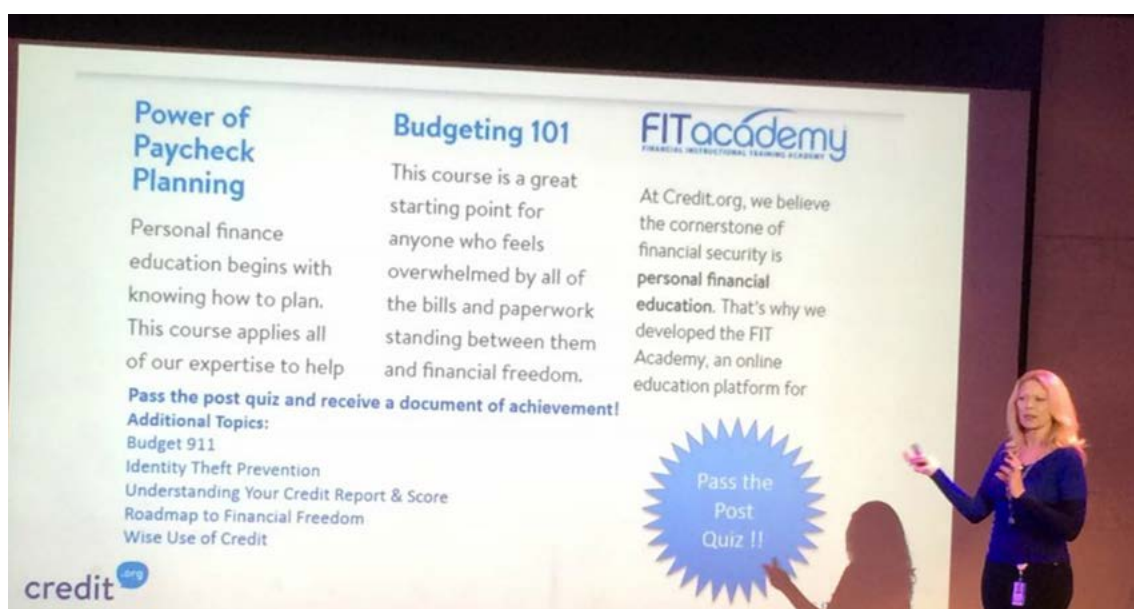
On Nov. 16, Santos Manuel Student Union (SMSU) put on an event titled, "Establish a Credit History & The Wise Use of Credit". The event was designed to make students aware of how to establish a credit profile wisely and also to address the consequences of credit misuse.

The speaker of the event was Lori Watrous, who is the Education and Community Outreach Coordinator with Springboard Nonprofit at Riverside, CA.

Watrous works with credit.org, which is a non-profit agency established in 1974. Their mission is to improve the lives and financial well-being of individuals and families by providing quality financial education and counseling.

Creating a credit profile is something that some students might view as intimidating. Watrous asked the audience, "Who knows their credit score?" Only a few students' hands raised, which is not surprising.

Many students are unaware of their credit scores. Some of the reasons for this is that some students might not be fully aware of how important a credit score is for their future so they do not bother looking, while others might be neglecting to check because they are afraid of finding a



Speeches on credit plans and paycheck planning was a common theme Issac Cardenas | Coyote Chronicle

bad rating. Either way, the event was designed to reach those who wanted to start a credit history but did not know how and for those who wanted to become more aware.

Speaker, Lori Watrous showcasing the great resources such as quizzes and videos that students can find at credit.org

Whether a person wants to buy a car or a house, a person's credit score will be checked. Watrous discussed how a rating could also be necessary for future career goals.

"Especially if you're going into management, where you're

going to be handling money, or personal information of other people, you're going to have to understand that employers are going to be looking at your score," said Watrous.

A person establishes a credit history by using a credit card, but by using it smartly, which means that they always swipe their card only when they know they can pay it in full. "A lot of people say I don't want credit cards; there's no rule saying you have to have credit cards, but if you want to obtain a home loan in future, those lenders are going to need to see your history," said Watrous.

The best time to use a credit card is for daily expenses that a person needs and knows they can pay off. "I call it the GG card: gas and groceries, which are things you need," stated Watrous.

One student asked what credit card should she choose, and Watrous replied that the best thing to do is to go to your bank or the Credit Union and to ask if they have a secured credit card. With a secure credit card, you are putting the deposit down which becomes the credit line for that account.

For example, if a person puts down 900 dollars for the

account, then they can charge up to 900 dollars. Every month a person should use the card and pay everything in full and after a year of use, a person will most likely see a rise in their credit score and will showcase that they have paid off their bills and are responsible in their spending. Credit Karma is a popular website that people can use to check their credit score.

Another speaker at the event was Jeff Blake, who is Chief Auditor at Citizens Business Bank and talked about how the most important aspect of your FICO score is your payment history. There can be other things that make up your FICO score, but payment history is the largest single percentage which is 35 percent of your FICO score.

"There may be a point in time where all you can do is the minimum payment, but you want to do that versus missing a payment or being late," said Blake.

Lastly, Watrous said that a person should ask themselves two questions before they purchase something, "Can I pay the entire purchase off in full when I get home?" and "Can I pay the entire purchase in full before the grace period ends which usually means (20-30) days from the billing date?" If you answer no to both these questions, then a person should not swipe that card!

Sigma Nu Philanthropy with St. Jude's

By Patricia Delatorre
Staff Writer

Sigma Nu Fraternity held their sixth annual philanthropy event on Saturday, Nov. 18 at a ranch in Redlands.

The fraternity raised money for St. Jude's Children's Hospital. There was a week of events consisting of a softball tournament, Pie a Nu, a pageant for the nominees, and ended with the banquet announcing their Toy Princess 2017.

There were five nominees: Georgia Santiago from Alpha Phi, Brittany Benevidas from Zeta Tau Alpha, Atalee Miranda from Kappa Delta, Daisy Saucedo from LTA, and Delania Smith from Kappa Delta Chi.

The nominees are a fun way to help get the entire community involved and with the help of each nominee and their organization, it provides Sigma Nu with more opportunities to raise funds for St. Jude's.

Each nominee is running to be presented with the title of Toy Princess. This is determined throughout each of the events in the week, social media challenges, and amount of money raised. The points for each event are accumulated and the winner is announced at the Sigma Nu banquet.

The attendees of the banquet bring toys for donations to Reach Out, an organization that focused on the youth in the area.

Fourth year CSUSB student, Connor Oliva, is the brother of Sigma Nu in charge of coordinating the events along with a committee.

On average, the fraternity has raised seven thousand dollars in previous years. Their goal this year is to raise up to ten thousand.

With the help of their alumni and chapter funds, they are able to put together these events to help give back to the foundation.

Although the event is once a year, it takes months of preparation. Throughout the planning, they had struggles with last minute details.

"St. Jude's has always been an organization that I have admired, so it would mean a lot to me to help give back. They do amazing work, so we would just love to do our part in helping the community," said Connor.

The kickoff of the week was the softball game on Nov. 12 on campus. The nominees put together their teams within their sorority to participate in the games. A five dollar fee was charged to attend this event, which also contributed to the money that was raised.

Zeta Tau Alpha came in first place and Alpha Phi came in second for the softball tournament.



Photo courtesy of Raul Cervantes

Many people from different communities gathered for this event with the St. Jude's Children Hospital to raise money for kids.

Everyone was hyped for the start of philanthropy week.

As the week progressed, the Sigma Nu's were tabling to spread awareness and raise money through the different boxes from each nominee. These boxes were filled with donations from students on campus.

Throughout this week, there was also a social media challenge where the nominees and general public could take a photo with some of the Sigma Nu brothers at their table and post a fact about St. Jude's Children's Hospital. This was a way to spread awareness of the cause. The hash tags allowed them to keep track of the amount of people posting.

Nov. 6, the Pfau Library lawn was filled with many people eager to come to the Pageant night. Admission price was two dollars and people were able to sign in under a certain organization to help them accumulate points in their running for Toy Princess 2017.

Each of the nominees had various activities to participate in, such as dancing, a pie eating contest, egg-toss race, hula hoop race, and a challenge on who could answer the most St. Jude's trivia questions.

The crowd's excitement grew as each activity went on through cheering and dancing with the live DJ's music.

Kappa Delta sorority won first place in the pageant and Alpha Phi took second place.

The banquet had a huge turnout. Dinner was provided for the attendees. It was a chance for them to mingle with their guests in celebration for their hard work throughout the week.

Sigma Nu Fraternity was able to raise fourteen thousands dollars for St. Jude's, exceeding their goal.

The winner of the title Toy Princess 2017, who was able to raise the most money for St. Jude's was Georgia Santiago, representing Alpha Phi.

The Sigma Nu brothers

gathered around Georgia and serenaded her to show their appreciation for all her hard work.

"Winning TP was very rewarding because I gave it my all but what really counts is how

much money I raised for patients of St. Jude's Children's Research Hospital. Knowing that all my hard work paid off and potentially saved a life is the real prize." said Georgia, Toy Princess 2017.

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Staying Fit During Holiday Travels



Photo Courtesy of Pexels

Finding places to hike during your travels is a good way to stay fit.

By Hannah Gruntz
Staff Writer

Not only are the holidays upon us, tempting you with peppermint bark and chocolate Santas galore, making it easy to fall off track from your routine while traveling, but what if you had a few key pointers to help keep your diet in line?

First of all, you must plan ahead with certain snacks you can take on the plane or car ride with you. Snacks such as protein bars, almonds, fruits like bananas, apples, or oranges, some rice cakes, and even raw bell peppers are easy to carry and super healthy! You can also

take a peanut butter and banana sandwich you can pre-pack!

These snacks are loaded with vitamins and minerals that are not only going to be beneficial to your body, but also your immune system during your travels. Many foods that are sold in airports or train stations are filled with high amounts of sodium, and for the typical college student, a bit too expensive for our budget.

Now that you have all the food planned out, you should also be preparing to bring supplements to help you maintain your fitness lifestyle during your journey. A few key supplements are going to be Vitamin C to ensure you don't get sick from

the many germs you'll encounter while traveling.

Congulate Lineolic Acid's (CLAs) are a beneficial non-stimulant supplement that helps with the breakdown of unwanted fat. The more help the better, am I right? Fish Oil is also a great supplement for your hair, skin and heart.

Taking a multi-vitamin every single day will also aid in getting in that daily serving of fruits and vegetables that you may be lacking during your holiday stay. Supplements are just a way to give your health a boost, covering all the bases your busy schedule may not allow you to get to.

Lastly, but certainly not the least, a powdered green drink that you can purchase at Walmart or Trader Joe's is extremely helpful for your digestion. Let's be honest, shall we? It is your vacation and you are going to want to let loose with some yummy drinks and fried foods! Ingesting that green drink every so often will help aid your digestion while you celebrate being done with finals—cheers!

So far, you have your healthy food options on deck and your supplements to help you on

vacation, but now we get to one of the most crucial parts of staying healthy: exercising! You may be thinking, 'when am I even going to have the time?' Do not fret, the beauty of fitness is that you can exercise anywhere.

Another easy exercise is doing walking lunges on your layover or anywhere you are just walking around.

You can also grab one of your lighter bags, such as a backpack, to use for weights for bicep curls. Squats you are able to do anywhere and everywhere, knee high kick raises are amazing for

your cardiovascular system, and if you aren't too embarrassed, find a secluded area on your travels to do at least 10 push ups a day!

These are just a few simple steps that you can take to make sure even on your holiday travels you do not fall off track too much with your diet. Therefore, don't let the guilt of pigging out on those once-a-year treats or holiday egg nog keep you from enjoying yourself! You can do both, all while looking like a fox in those dreaded holiday pictures!



Photo Courtesy of Pexels

Making quick healthy drinks with vitamins will keep you hydrated.

Return of the Sports Bra

By Hannah Gruntz
Staff Writer

Convincing yourself to go to the gym is probably one of the hardest things to accomplish when you're first starting to mold your summer bod during winter. The second hardest step is— Oh no, what do I wear?

Sports bras have made quite the comeback as a popular fitness trend for women. The sports bra is typically being used as the main highlight of an outfit like a t-shirt and then finding what color high waisted, yoga pants.

Numerous celebrities like Kim Kardashian, Bella Hadid, and Jennifer Lopez, have come to love these fashion trends, only wearing the sports bra as a shirt. Not only do these celebrities use the sports bra as a fashion trend for the gym, but for going out as "casual wear" as well.

Woah, woah, woah slow down there. Do you even know how these revolutionary pillow holders for women's breasts came about? It was about 40 years ago in 1977, and two female runners, Lisa Lindahl and her sister Victoria Woodrow, were complaining to each other how uncomfortable running was because of the how unsupported they felt on their top portion of their body.

The jockeys even spoke about taping their breasts in hopes that would secure them

in their fitness endeavors. Thus, after seeking help from softball player Christine Haycocka, the sports bra become a widely spread godsend for female athletes everywhere.

It wasn't until 2017 though, that the sports bra was in fashion again. According to CNBC, revenues for certain sports bra bands like Hanesbrands increased 19 percent in revenue. More popular brands such as Nike and Adidas also had their women section for that style grow 20 percent last year, reaching almost 6 six billion dollars in sales for sports bras alone. If you think that was impressive, the underwear market in itself was stated to have reached 15.7 billion dollars last year.

The fact that underwear is making almost the same type of income as a celebrity makes me think where did I go wrong in my life? Also, it makes me wonder why is it that these bras are causing such an increase in revenue and popularity? Women are becoming more powerful and self-aware of their bodies due to the fitness industry booming. Therefore, when exercising, I know firsthand that it is easier to lift weights and run when wearing minimal clothing.

Crop tops are basically the same thing as sports bras, and

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Photos courtesy of CSUSB Athletics

The Coyotes won the CCAA title in front of their home fans last season. This season, they played in the playoffs at SF State.

...Continued from Pg 1

Set two (25-15) went smoother for the Coyotes as they took an early 16-10 lead.

They earned the win after scoring four straight against the Pioneers.

Set three (25-22) started heavily in favor of the Coyotes as they led 17-11, but East Bay was not ready to quit. They knotted the score at 18, but it did not last long.

CSUSB retook the lead, scoring three in a row and soon after, won the set, giving them a 2-1 lead over East Bay.

The Coyotes and Pioneers were neck and neck for most of set four (25-23). However, the

Coyotes allowed East Bay to score four in a row, which would ultimately be their undoing in the set.

The fifth and final set (15-12) started off in favor of the Coyotes, as they led 12-6. East Bay bounced back, scoring five straight before the Coyotes would close it out.

The nail-biting win pushed them to the finals, where they played against the Chico Wildcats.

The Coyotes and Wildcats battled it out in last year's CCAA finals, going through the maximum five sets before the Coyotes took the title.

In set one (25-18) of this year's finals, the Wildcats took

charge early on, leading 16-8 at one point.

The Coyotes fought hard to get back into the set, but would only score 18 points.

Set two (25-20) got off to a good start for the Coyotes, but the teams began trading points. However, they broke away from Chico right when they needed to, earning the win on a kill by Alexis Cardoza, evening up the score at one set apiece.

Set three (25-20) was evenly matched throughout up to a 16-16 tie.

The Coyotes took off from there, scoring six in a row to break away from Chico.

They would go on to win the set on a kill by Hailey Jackson.

Set four (25-21) would be the last one the Coyotes would need compared to the five from last year.

It started off in favor of Chico as they scored three straight, but the Coyotes were able to bounce back, eventually tying the game at 13.

CSUSB and Chico tied the set again at 17 before the Coyotes would take the lead for good, earning the win.

The win gave the Coyotes their thirteenth CCAA title and their first back-to-back championship since the early 2000's.

They now move on to the NCAA West Regionals, which begins on Nov. 30. The regionals will take place at Cal Baptist.

UCLA arrests

By Anthony Perez
Staff Writer

Three UCLA basketball players were arrested in China for shoplifting sunglasses from a Louis Vuitton store. Cody Riley, Jalen Hill and LiAngelo Ball were detained in Hangzhou for their crimes, and since then, all charges have been dropped and the players were released at the request of President Donald Trump.

LiAngelo is the brother of Lakers rookie Lonzo Ball, so the story has really caught the attention of news outlets.

Authorities at their hotel questioned the three men and this is where they found the stolen pairs of sunglasses. Since the incident, the trio has returned to the United States and issued statements apologizing for their actions.

China has much stricter laws than the United States and the players were looking at serious jail time had they not been released.

Continued online @
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Protests continue to cause a loss for NFL



Lauren Jennings | Chronicle Photo

Sales in the NFL have declined after multiple protests.

By Evelyn Carmona
Staff Writer

It all began with former San Francisco 49ers quarterback, Colin Kaepernick, who sat down during the National Anthem to protest oppression during the 2016 NFL season.

Then it transitioned to kneeling during the National Anthem, to make a statement towards people of color being oppressed, as well as honoring and respecting those who served in the armed forces.

Many other NFL players have followed Kaepernick to bring more awareness on this issue in America.

President Trump doesn't agree with the protests, stating, "Wouldn't you love to see one of these NFL owners, when somebody disrespects our flag, to say, 'Get that son of a b***h off the

field right now, out, he's fired!' You know, some owner is going to do that."

Many NFL fans began to burn their jerseys and tickets. People all across the country were against the protest while others agreed and respected the protests.

Many see it as a form of rebellion against America and those who fought for it. Others view it as a peaceful protest, not against the flag or America, but to bring awareness of oppression occurring to people of color.

This issue has affected the NFL ratings and the sponsors. The NFL protests have affected Papa John's sales, according to the CEO of the company.

NBC's Sunday Night Football also had a decline in viewers, yet its ratings are so spectacular that it does not harm them. They are still the most viewed show on Sunday nights.



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Working out during that time of month



Alexandra Benevidez performs a glute activating exercise despite period discomfortability.



Breeze Rivers | Chronicle Photos

The average woman spends \$120 on pads and tampons each year.

By Breeze Rivers Staff Writer

Each month, Mother Nature curses women with a menstrual cycle, but there are ways to make a period less dreadful.

Depending on irregularity and birth control use, a woman's period normally lasts about two to seven days and comes along each month. Along with a menstrual cycle comes many side effects such as moodiness, abdominal cramping, bloating, food cravings, breast tenderness, headaches, fatigue and acne breakouts.

With all of this going on in a woman's body, the last thing on her mind is the thought of

exercising. However, just a 30-minute workout during a period can help relieve some of those annoying period-related symptoms.

Most women would agree that working out or playing sports while on your period can be uncomfortable.

"It's a little annoying at first," said Kathy Rubio, a psychology major at CSUSB who exercises at least five times a week. "It can be uncomfortable at times, but once you're working out it's not that bad."

For female athletes, getting your period does not mean your game gets postponed, or practice gets canceled. They still must play their sport through the headaches and stomach pains.

Freshman women's soccer player Sarah Savella says she deals with her menstrual cycle during practice and games by taking Advil, using sports tampons and wearing sliders, especially under her white uniform.

"I make sure I always have tampons in my soccer bag in case I need them," said Savella.

Over the years, tampon brands like Playtex, Kotex and Tampax have targeted young female athletes with sports tampons, which makes movements like swimming, biking and running more comfortable. The idea behind the product is to make being active comfortable, so girls can focus on the activity while being worry-free about any leaking.

"I think comfortability depends on how heavy a girl's flow is, and her choice of sanitary product, such as pads or tampons," said Rubio.

Although uncomfortable, exercising during your period offers worthwhile benefits.

Research suggests that working out can alleviate uterus muscle cramps and bloating.

Exercise is also beneficial because it helps you sleep better the same night and boosts your endorphins, which essentially improves your overall mood.

Drink a lot of water, get a good night's rest and stay away from soda and fried food. Doing these things can help reduce the amount of blood you lose.

Some women simply do not

feel like working out while on their period because they feel lazy and extra fatigued. This is understandable because cramps and midnight tampon changes can affect sleeping schedules.

Aside from exercise, a woman's time of the month can be dealt with simply by pampering herself.

Doing things like taking a hot bath, using a heating pad, drinking tea, taking fish oil and massaging your stomach with essential oils can help deal with period symptoms.

A period can be a pain in the butt, but taking the right steps and being active for just 30 minutes can make all the difference in the way you experience the symptoms of your cycle.

Professional sports teams go overseas

By Lucero Roman Staff Writer

U.S. sports are going overseas and demonstrating their ability to grow a new, international fan base.

While the National Football League (NFL), Major League Baseball (MLB) and the National Basketball Association (NBA) keep their fans happy in the states, they have done that overseas as well.

Creating a bigger fan base overseas can create more revenue for the teams and the organization.

NFL teams went overseas for a total of four games that were played internationally this season and have played 20+ international games since 2005.

The final overseas game of the season took place on Nov. 19 in Mexico City.

The reigning champion New England Patriots took on the Oakland Raiders at Estadio Azteca in Mexico City.

The NFL staged their first regular season game in London ten years ago.

The first game kicked off in week three as the Jacksonville Jaguars took a win over the Baltimore Ravens, 44-7.

The following week, the Miami Dolphins lost to the Saints, 20-0 in week four in London.

The last two games played took place on Oct. 22 and 29 in Twickenham stadium and consisted of the Los Angeles Rams beating the Arizona Cardinals 33-0.

The last game played in the London Series was the Cleveland Browns against the Minnesota Vikings, where the Vikings won 33-16.

With over 20 international games played since 2007, the NFL is giving fans what they want and at all cost.

NFL teams participate in international games quite frequently, but so do MLB teams.

MLB has sent their teams to Japan, Mexico, Australia and Puerto Rico.

The first international MLB game was played in Mexico on Aug. 16, 1996.

There has not been a series played since 2014 when the Los Angeles Dodgers and Arizona Diamondbacks played in Australia.

MLB just announced that the

San Diego Padres will play the Dodgers in Monterey, Mexico in May 2018.

The NBA plays overseas as part of the NBA Global Games, which allows fans in China to see their favorite players before the regular season starts.

In the 2017 preseason, the Golden State Warriors faced the Minnesota Timberwolves on two occasions in Shenzhen and Shanghai.

On Oct. 5 in Shenzhen, China, the Timberwolves got the win, 111-97.

In Shanghai, on Oct. 8, the Warriors won over the Timberwolves, 142-110.

Golden State's Stephen Curry scored 40 points.

"I think it's cool, the teams get to go overseas and play in a country they never been too,"

said CSUSB student Jose Garcia.

Many fans enjoy the international aspect of playing outside of the usual territory.

Garcia says he would not go overseas to watch a game unless it was for a vacation.

U.S. teams playing on foreign soil have many benefits to the teams and their fans.

Three international NBA games will be played in the regular season, starting on Dec. 7 in Mexico City. Another game in Mexico City will follow two days later on Dec. 9.

One final international game will be played on Jan. 11, 2018 in London.

Games like these bring sports fans together from all around the world, showing we are all on the same team.

Fantasy brings fans closer to the game

The screenshot shows a fantasy football matchup for 'The Lucky Luke' (No touchy!) against 'Squeakity Squeak'. It displays 'Week 10' and 'All Matchups'. The matchup score is 0.00 vs 0.00, with a 'Chance of Winning' of 66% for The Lucky Luke and 34% for Squeakity Squeak. A 'Lineup' table is shown below:

Player	Pos	Proj Pts
C. Newton	QB	18.71
S. Diggs	WR	9.40
G. Tate	WR	9.50
D. Brees	QB	17.90
J. Jones	WR	12.60
D. Thomas	WR	8.14

Players participate in weekly matchups for points.



One player got a custom jersey for his draft day.

The screenshot shows a 'Top Available Players' waiver wire interface. It lists players by position (QB, WR, RB, TE, K) and includes columns for 'Proj Rank', 'Proj Pts', 'Adds', and '%Own'. Three players are highlighted:

Player	Pos	Proj Rank	Proj Pts	Adds	%Own
M. Stafford	QB	8	17.58	1482	95%
J. Goff	QB	9	17.41	2953	89%
T. Taylor	QB	12	16.87	3057	79%

Below this is a 'Transaction Trends' section showing 'Adds', 'Drops', 'Trades', and 'Ownership' for player R. Smith.

The waiver wire helps during a busy bye week.

By Evelyn Carmona Staff Writer

With the playoffs quickly approaching for the NFL, Fantasy Football players are anticipating their playoffs as well.

Fantasy football takes an interesting approach to sports as fans create their teams and manage them as the weekly games proceed.

At the start of the NFL regular season, Fantasy Football players create their own teams made up of the players from all 32 NFL teams.

To get a general idea of what happens in Fantasy Football, Jay Nieto, a player, explains: "There are eight teams, divided into two divisions. The four best records from the league will advance to the playoffs (weeks 14-17)."

The players choose their team names and then draft with the other members of their

league. Depending on what company they use to play—like Yahoo!, NFL, Draft Kings, CBS and ESPN—the way the draft happens can vary.

For Yahoo!, users participate in a snake draft. This type of draft goes player by player, in a specific order determined by the website.

Each player usually has two minutes to research and pick their player.

The website goes in order before going back after it has reached the last player.

The last player in the draft will get two straight picks as it winds its way back up to the first player.

Players generally choose two quarterbacks, four wide receivers, three running backs, two tight ends, two kickers and two team defenses.

They keep one of each on their bench to use as a backup when another player is on a bye

week, injured, or just has less projected points than another player in the same position.

Once their teams are selected, the players not only cheer for their own teams in the NFL, but also hope for the best for their selected players in the fantasy matchups.

The winners or most high scoring players will win prizes depending on the type of league they are in. Such prizes can include tickets to Super Bowl LII in Minneapolis, Minnesota or possible cash prizes.

Most players need to spend some money to receive cash or prizes. Other players participate with no cost for the simple joy of playing Fantasy Football.

Regardless of the prizes, it is important to keep an eye on weekly lineups and player stats. One bad week of starting multiple players on a bye week or who are injured or suspended can wreck a season.

"Week 10 was my scary week because I had the following on bye week: Kansas City Chiefs Alex Smith, Tyreek Hill, Travis Kelce and Philadelphia Eagles Zach Ertz," said Nieto. "These are the best scorers in the league, so I had to pick a few from the waiver wire."

For those who currently play, here are some suggested players to pick-up or try and trade for using the waiver wire.

The current top three score leaders for offensive players are Larry Fitzgerald (Arizona Cardinals), Jimmy Graham (Seattle Seahawks) and Russell Wilson (Seattle Seahawks).

Blair Walsh (Seattle Seahawks), Phil Dawson (Arizona Cardinals) and Adam Vinatieri (Indianapolis Colts) are the top three kickers.

Defensive players in the lead are Joey Bosa (Los Angeles Chargers), Jadeveon Clowney (Houston Texans) and DeMarcus

Lawrence (Dallas Cowboys).

The playoffs need to happen in fantasy before they do in the NFL because not every player on each fantasy player's team will be playing in the playoffs. The fantasy season will usually wrap just before the start of the NFL playoffs, allowing a winner to be crowned just in time for the wild-card games.

Some of the fantasy websites keep things going during the playoffs, but it is usually on a daily basis. The players have more options to choose from as other players cannot claim a player as their own.

The point of playoff Fantasy Football is generally to create a team that will get you the most points out of everyone else you are playing.

"There is no crying in fantasy football," said Nieto. "Any player can be at the top of the food chain, and can then end up as the bottom feeder."

Drop in NFL ratings cause for concern

By Anthony Perez Staff Writer

Football is an American tradition as every Sunday, viewers tune in to catch their favorite NFL teams play and see how their fantasy football players are doing. However, NFL viewership has been going down and there are a few reasons for why this might be.

According to Sports Illustrated, the NFL has seen a dip of almost 1 million viewers from this time last year.

While that may not seem like a large amount in the grand scheme of things, that's only the beginning of what could be a larger dip.

The most publicized reasoning behind the viewership drop stems from the national anthem protests and the blackballing of Colin Kaepernick. Many people

have vowed to not watch football because they see the anthem protests as disrespectful and refuse to support a company who allows this.

On the other hand, Colin Kaepernick kick-started the protests and for that, has yet to find an NFL job, which in return is keeping his fans from supporting the NFL. It's a true double-edged sword the NFL has been dealing with in these turbulent times as a country.

One of the less publicized reasons behind the drop in numbers comes from people simply watching less and less television.

"I don't even have cable anymore," said CSUSB student Ryan Pupo. "I only really watch Netflix and if I need to watch anything else, I stream it on my laptop."

In the age of binge-watching and streaming websites, cable has become less of a necessity in

the common household, which has caused problems for not only NFL ratings but also ratings across television.

It is much easier to now just open your phone and check the score and highlights of the game in five to 10 minutes instead of dedicating three hours to one game.

Oversaturation is another cause that may be leading to the NFL ratings dropping, as it feels draining to watch so many games a week.

In order to be a dedicated fan in this day in age, that means dedicating three hours on Monday and Thursday and your entire Sunday.

There is only so much football someone can watch and once you have hit the maximum intake, some will simply not turn the games on anymore.

Phillip Reyes, a student at CSUSB, told me how he watches

games.

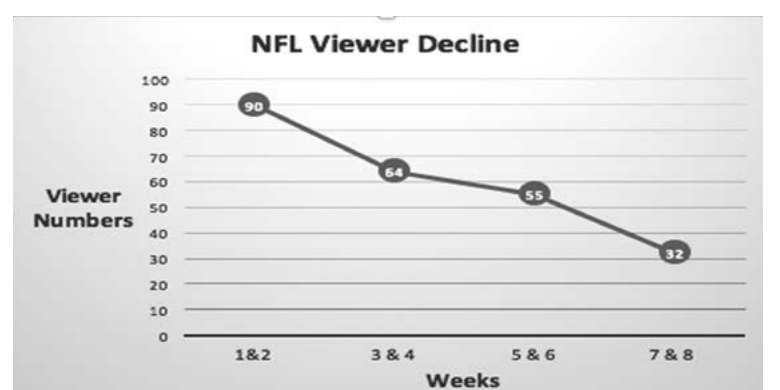
"I don't usually watch the Thursday games because they have lesser teams," stated CSUSB student Phillip Reyes. "I honestly don't even really watch more than two games a week as it just becomes so time consuming and unenjoyable."

The NFL has a big issue on its hands with their rating drop.

There is also room for more

loss as huge stars like Aaron Rodgers, Odell Beckham Jr, Richard Sherman and David Johnson are dealing with very serious or season-ending injuries.

As more and more people find themselves detaching from a football filled Sunday afternoon, the NFL will have to work on solutions for the problem, as the issue does not look to be slowing down anytime soon.



Lauren Jennings | Chronicle Photo

The NFL lost over 1 million viewers because of reasons such as protesting.

Coco, a Mexican Folklore Film

By Erika Aguilar
Staff Writer

Coco, Disney Pixar's new film, centers on a boy's musical journey within Mexico's Día de los Muertos (Day of the Dead) traditions and folklore.

This is the 19th Pixar film directed by Lee Unkrich and co-directed by Adrian Molina.

The film's production provides colorful visuals, Mexican music, and most of the voice cast is entirely by Latino actors.

Opening Nov. 22, Coco delivers an important message about family through the customs and traditions of Mexican culture.

It's important for people to know the significance of the Day of the Dead to fully understand the film.

Día de los Muertos (Day of the Dead) is a Mexican holiday honoring dead family members and friends.

According to Mexican traditions, it is believed that the spirits of the dead visit their families on Oct. 31 and leave on Nov. 2.

During the celebration, families make altars and place ofrendas (offerings) such as pan de muertos (bread) along with their beloved one's favorite foods and drinks.

Altars are decorated with colorful paper, candles, yellow marigolds (cempasuchil) and portraits of the deceased are also placed on the altar.



Photos courtesy of Flickr

Miguel's passion for music takes him to the Land of the Dead in this Pixar film.

Coco is a beautifully written story based on the concept of the Day of the Dead, meanwhile respecting the Mexican culture.

It narrates a story of a boy named Miguel Rivera (voiced by young Anthony Gonzalez), a 12-year-old resident of the town of Santa Cecilia who dreams of becoming a famous musician like his idol Ernesto de la Cruz (voiced by Benjamin Bratt).

Miguel comes from a family of shoemakers, and for generations, the Riveras family has banned music because they believe they have been cursed by it.

There is a ban for music ever since Miguel's great-great-grandfather abandoned his wife to follow his dream of being a

musician, leaving Mama Imelda, Miguel's great-great-grandmother (voiced by Alanna Noel Ubach) to declare music dead to the family.

Miguel's family has forbidden any form of music in their household for the past several generations and one of the main enforcers is Abuelita (voice by Renee Victor).

One of the main characters is Abuelita who loves her family so much, but when she gets angry, she uses her "chancla" (slipper) to discipline Miguel.

Mamá Coco (voiced by Ana Ofelia Murguía) is Miguel's sweet great grandmother and acts like a parental figure to Miguel.

She is a warm-hearted and a

supportive grandmother.

Even though music is banned in Miguel's family, he becomes passionate of it.

Soon, Miguel discovers a special link between himself and his favorite singer when he sees a picture of Ernesto de la Cruz on the altar that his family puts on the Day of the Dead.

He starts imitating his favorite idol by playing a guitar he keeps away from the family and in doing so, he accidentally enters the Land of the Dead.

In the beautiful Land of the Dead, he meets the souls of his own family's ancestors, including his great-great-grandmother Imelda.

When Miguel realizes he

is in the Land of the Dead, he is given the opportunity to wander around in company of his beloved dog named Dante.

Dante is a Xoloitzcuintl dog, which is an Aztec word for dog/god.

The Xolos are an ancient breed that are said to have healing powers and be guides through the underworld. Therefore, Dante plays an important role in the movie because he has a unique ability that none of the characters have.

During the journey, Miguel meets Hector (voiced by Gael Garcia Bernal), a friendly skeletal who guides and helps him find out the real mystery behind his family history.

In the Land of the Dead, he goes through a chain of events that lead him to solve a mystery related to his family's history.

Mamá Imelda agrees to send Miguel back into the Land of the Living under one condition.

It is up to Miguel if he decides to continue finding Ernesto de la Cruz before time runs out or he'll have to go through some big trouble.

This movie is a great film to watch with the family as it presents the themes of innocence, friendship, love and is hilarious.

Berenice Valdez is a student at CSUSB and plans to watch the movie because the trailer seems fun and entertaining to her.

Continued on
CoyoteChronicle.net

The Justice League Film Review

By Adam Vilas
Staff Writer

The much anticipated film Justice League was released to theatres on Nov 17.

Justice League was originally supposed to be directed by Zack Snyder, but due to the recent tragic death of his daughter, Snyder chose to step down as director of the movie.

Joss Whedon took reigns and filled in as director of the movie for the remainder of its production.

Justice League has been received with mixed reviews, leaving many comic book fans divided. The movie received a 40 percent approval rating from Rotten Tomatoes.

DC's newest film is without a doubt a much more entertaining film than its predecessor Batman vs. Superman, but failed to receive the widespread praise that Wonder Woman garnered during its release.

"The movie was way better than Batman vs. Superman and came out better than I expected," said moviegoer William Foody. "I just felt like the film was a bit rushed and they could've done more with the characters, but still worth the watch."

The team is assembled by Batman (Ben Affleck) and his new ally Wonder Woman (Gal Gadot) and also includes the return of Superman (Henry Cavill). They recruit others who possess uncanny powers or abilities including Cyborg (Ray Fisher), Aquaman (Jason Momoa), and The Flash (Ezra Miller) to defend Earth against invaders from the planet Apokolips led by the powerful Steppenwolf (Ciarán Hinds).

The film also included return appearances of Lois Lane (Amy Adams) and Martha Kent (Diane Lane) and Queen Hippolyta (Connie Nielsen). It also featured the debut of DC's new Commissioner Jim Gordon (J.K. Simmons).

Justice League is much more lighthearted and fun than other DC films, largely due to Miller's portrayal of The Flash. Many of the film's best and funniest scenes were those that had The Flash in them to provide both action and humor.

Momoa's strong portrayal of Aquaman gave fans a reason to forget about the corny cartoons that helped to make the superhero a joke in the past.

The movie is the first to show one of comic books' most popular superhero teams come together on the big screen and does so in a fashion that has already created much anticipation for every member's own individual franchise.

"I think the movie was great", said long-time comic book fan Luis Llamas. "I loved all of the references to the comics and I can't wait until the other movies come out."

The film made over 94 million on opening weekend taking first place at the box office.



Photos courtesy of Flickr

Forget about Thor this week and go see this squad.

Fall Out Boy Concert Review

By **Yesica Gonzalez**
Staff Writer

Punk band Fall Out Boy came to rock The Forum arena in Inglewood on Friday, Nov. 17.

Opening acts Jaden Smith and Blackbear stirred up the crowd before the headlining band's entrance.

The arena opened its doors early enough for people to head over to their seats before the 7 p.m. showtime.

Many attendees strolled in with enthusiastic vibes while showing off the band's logo plastered on their shirts.

There was an atmosphere of positivity because everyone was

looking forward to an entertaining night.

Fall Out Boy consists of lead vocalist Patrick Stump, bassist Pete Wentz, lead guitarist Joe Trohman and drummer Andy Hurley.

The group was formed in Illinois, Chicago in 2001 by friends Wentz and Trohman who were just a pop punk side project.

Shortly after, Trohman met Stump at a bookstore, who eventually joined the group and was followed by Hurley, Wentz's friend since age 16.

Fall Out Boy's Pete Wentz and Patrick Stump performing "Thnks fr th Mmrs" at The Forum.

On their current tour, the band is promoting their seventh studio album, *Mania*, which will be released on Jan. 19 of next year.

The *MANIA* tour started in Cleveland, Ohio and will make its way across the world to finish on Apr. 12 in Brussels, Belgium.

During the concert, the crowd received a wide range of songs from their early work to their current upcoming album.

The people that were fans for a long time were hit with a wave of nostalgia while hearing the band's older songs from the early 2000s.

This included tracks such as "Grand Theft Autumn/Where Is

Your Boy Tonight," "Thnks fr th Mmrs," "I Don't Care," and the classic song that gave the band their big break in 2005, "Sugar, We're Goin Down."

Hurley showed off his amazing drumming skills by playing short mixture of covers. Which was swiftly incorporated into the beat of "Dance, Dance."

CSUSB student Brenda Limon has been a fan of Fall Out Boy ever since she first heard "Sugar, We're Goin Down" as a little girl.

"I liked it so much that I had to find out who was singing the song. Since then I started to listen to their songs more often," shared Limon.

Fans were putting all their energy into dancing and singing along throughout the entire show.

There would be beautiful melodic songs like "Save Rock and Roll" that had the audience swaying left to right.

This helped the audience recharge their energy so they could continue rocking out during the rest of the concert.

After playing "Hum Hallelujah," Wentz, an advocate of being open about mental health, encouraged the crowd to help each other when it comes to struggling with depression and anxiety. He took a brief time to share with the audience about his past struggles and how it's okay to seek for help.

Fall Out Boy performing "I Don't Care" live at The Forum.

There were also various tunes from the albums that were

made after Fall Out Boy's hiatus, that lasted from 2010 to 2012.

They came back strong with the release of their fifth album in 2013, "Save Rock and Roll" and "American Beauty/American Psycho" in 2015.

Some of the songs that they played were "My Songs Know What You Did In The Dark (Light Em Up)" and "Centuries."

Limon got her ticket a few months ago and had been looking forward to hearing her favorite songs performed live.

"As time got closer, I became more impatient because I just wanted to go see them," said Limon.

Fall Out Boy also played their recently released singles, "Hold Me Tight or Don't," and "The Last Of The Real Ones."

There were a few people that left early to beat traffic but a majority stayed to soak in the last few ecstatic moments of the night.

The band ended the concert with a final rush of nostalgia with the unforgettable "Saturday" track while Wentz dived into the crowd.

For Limon, she will continue being a fan and treasure the memory she created by attending her first Fall Out Boy concert.

"The vibe and the songs of the band are just something everyone can enjoy, especially for those who are into the rock, pop, or indie genre," shared Limon.



Yesica Gonzalez | Chronicle Photo

Fall Out Boy played in Inglewood on Friday, Nov. 17 at the Stub Hub Center

Album Review: Chris Brown

By **Daniel Banks**
Staff Writer

R&B superstar Chris Brown recently released his eighth studio album entitled, *Heartbreak on a Full Moon*.

The double-disc with a total of 45 songs was released online on Oct. 31, 2017 on Halloween, and was released physically on Nov. 3.

Brown's new album has a variety of songs that his fans can enjoy. There are upbeat songs that will make people dance and there are slow songs that will put people in their feelings.

There are a few heavy hitters in the music game that were featured on the album, from the likes of Jhene Aiko, R Kelly, Gucci Mane, Usher, Future, and a few others.

Each song on the album has a catchy hook that will capture the audience's attention. There are songs where Brown shows off his vocal abilities and other songs where he is singing for one part and the other part he is

rapping showing his versatility.

The album has gotten a lot of buzz since it has a large amount of songs on it. There hasn't been an album with that many songs before and he is the first artist to do it.

With every album comes mixed reviews from critics. Some will say that they enjoyed the album while others will say that it could've been better. *Heartbreak on a Full Moon* is no exception with constructive criticism.

"In a little over a decade, Breezy has dropped seven LPs, and to this day it's only his self-titled debut that stands as a solid, cohesive album," said Edward Bowser from *Soul in Stereo*.

His self-titled album made such a huge impact that every time Chris Brown comes out with a new album, his fans and critics hope that it will match the success of the first one.

Not everyone has the attention span to listen to an album with 45 songs on it and that was one of the concerns that people

had with giving the album a chance.

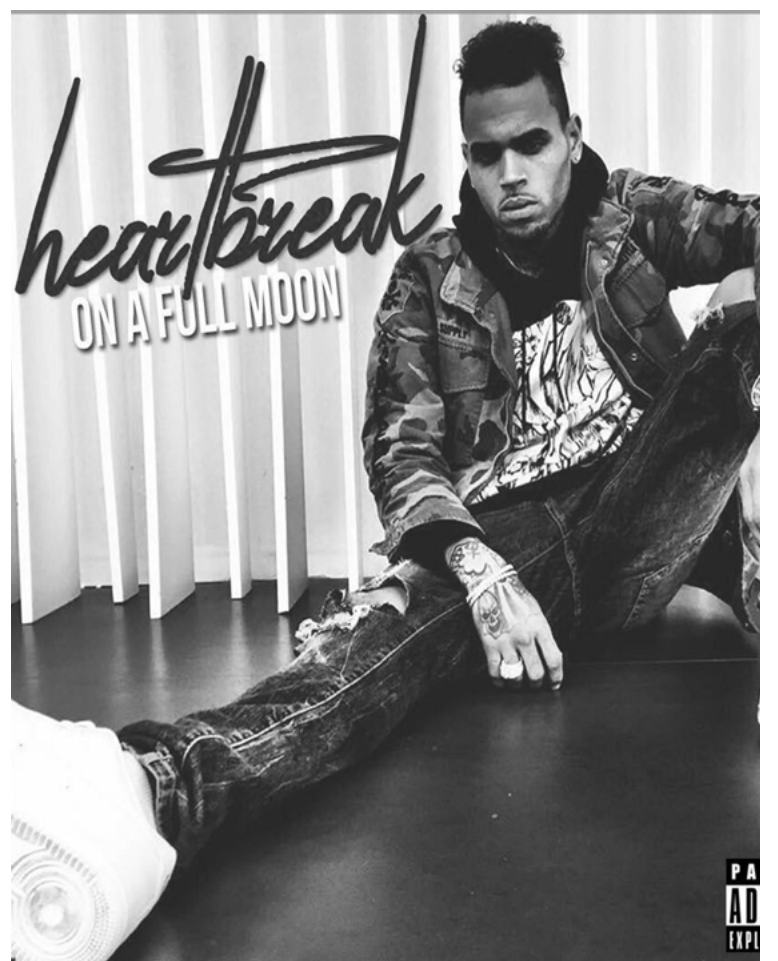
"I'm a huge Chris Brown fan, but I had a hard time getting through the entire album because it was too long. It would've been easier to listen to if it had less songs like most albums usually do," said fan Jasmine Anderson.

"When I found out how many songs were on the album I wasn't going to listen to it. But, later on I decided to give it a chance and although, it took me awhile to finish it I enjoyed it" said fan Brittany Thomas.

The album took a little over two hours to finish from beginning to end and it was very time consuming. If someone does not have the free time to listen it in its entirety, then this album may not be for them.

For the true Chris Brown fans, they will have a wide selection of songs that they can pick and choose which to add on their playlists.

Brown's artistry and dedication to his fans to give them as much content as possible is unmatched.



Courtesy of RCA Records

Chris Brown's new record Heart Break on Full Moon

Riverside's Famous Festival of Lights

By Ashley Casillas
Staff Writer

The Mission Inn Hotel and Spa is an iconic landmark of the Inland Empire. Full of both local and international history, it is a living testament to the story of

Riverside and the inhabitants that surround it.

Every year, this timeless destination gets into the holiday spirit by putting on a six-week celebration that includes a street festival down the Main Street pedestrian mall, horse carriage rides, and its main attraction: the

hotel decked floor to ceiling with thousands of glittering Christmas lights.

This celebration kicks off with the ever-popular switch on the ceremony that, this year, will happen on Nov 24 at 4:30 p.m. and will run until Jan 6.

The event will include fireworks among the rest of the regularly scheduled attractions for the coming season. This event attracts over 500,000 visitors annually, according to the hotel's website.

Some new additions this year will be its 25th-anniversary theme, which is called 'Sweet

Twenty Five' and will present itself throughout the façade and festival through candy-themed walkways, special offerings at Kelly's Spa, and food options with participating vendors, including Casey's Cupcakes.

Due to the large scale of the event, the hotel begins to decorate in August.

Its growing popularity has caused conflicts with growth and spending, raising concerns with the Riverside City Council.

This year, street performers have felt the heat from the festival, nearly getting prohibited from performing during week-

days due to crowding and safety concerns.

The safety issue has since been negotiated and the city and hotel will provide designated areas for performers to be able to show off their talents and earn tips.

Another issue that is very near to many locals' hearts was the ever-famous outdoor ice rink that was an annual attraction in the Main Street Mall. The city council repealed the funding for its return due to the cost of setup and maintenance being over 100,000 dollars.



Ashley Casillas | Chronicle Photos

Cheery pickers line the streets of Mission Inn



Ashley Casillas | Chronicle Photos

The Mission Inn preparing for the festival of lights that starts Thanksgiving week

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Transgender Week of Remembrance

By Paola Magana
Staff Writer

The SMSU Pride Center held the Transgender week of Remembrance on Nov.13 to Nov. 17. The event was hosted by Devin Almond, a student assistant at the Pride Center and an out trans man.

Gwendolyn Ann Smith, a transgender woman founded the Transgender Day of Remembrance in 1999, to memorialize the murder of transgender woman Rita Hester in Allston, Massachusetts.

International Transgender Day of Remembrance, has continued every year on Nov. 20, dedicated to acknowledging all of the trans men and women who have lost their lives.

“People have this idea that being trans is a new thing. The difference now is we are visible, embracing the courage and bravery it takes to talk about being

trans. To admit there we’re trans. The spike in invisibility is what’s causing the spike in murders and it’s almost like a punishment for being visible and being who you are now,” stated Almond.

The event helps raise public awareness of hate crimes against transgender people. Rather than one day of remembrance, the Pride Center decided to dedicate a whole week.

“There are many cases of being transgender, so it does not always mean you were born in the wrong body. Many people can be gender fluid. Being trans is how you identify as a person, not your orientation. It is your identity, so it depends on how you want to identify,” explained student programmer in the Pride Center Naomi Salcido.

The whole week consisted of a memorial display with a video slideshow on the SMSU wall that featured the faces, names, ages, and place and day of death of all the transgender and gender nonconforming

people murdered in this calendar year.

For putting the video wall slideshow Almond went looking for people’s names, the places that they were murdered, how old they were, and what happened to them. According to him, in articles written in their local towns, they’re misgendered, or their dead named.

“One of our victims was a trans man who was maybe 19 years old in Pennsylvania, and they used the wrong gender for him. They used the wrong name for him. They referred to him as a suspect in his own shooting; he was shot by a local authority. The things that happen after we die, we can’t control them, but can you imagine living your whole life afraid to be who you are and even after you die, you don’t get that respect,” said Almond.

For the vigil in the Pride Center, students gathered in a circle with flameless LED candles shaped in a heart to read the

names of those who were murdered and talk about the significance of their lives.

Bailey Shumretier, another student programmer in the Pride Center said, “I attended the event because I, myself, am part of the trans community so it’s something that’s important to me.”

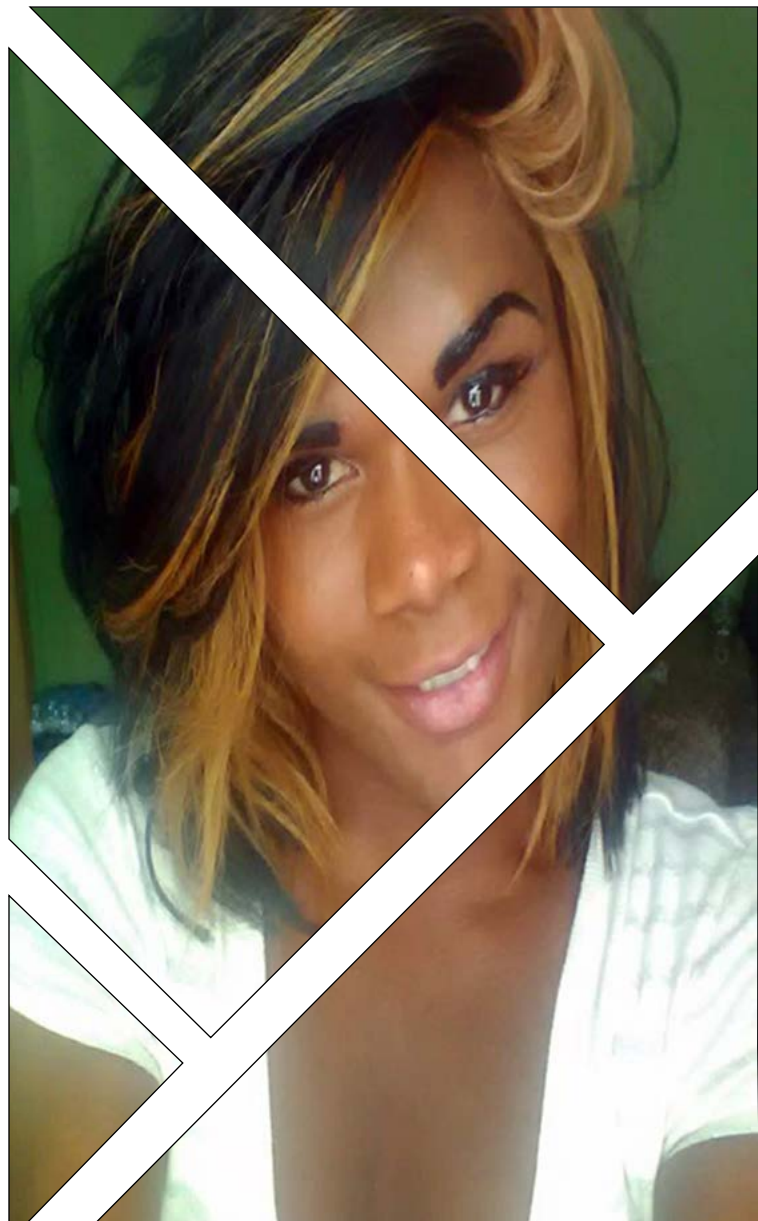
The Transgender Day of Remembrance was set aside to memorialize those who were killed due to anti-transgender hatred or prejudice; its purpose is to give everyone a chance to step forward together.

According to Almond, it’s easy for people to attend queeraoke (queer karaoke), where 90 to 100 people participate. The vigil was not one of such events.

He believes that this is the problem.

“People not in queer community or people who aren’t allies to the queer community attend those types

of queer events. They go to gay clubs and drag nights; they love that part of our culture, heritage, and identity. But when it’s time to show up for those of us who have been murdered, where are they? That’s what this event is about, recognizing that you can’t just be there for the fun stuff that we do and the things we do that make you feel like it’s a naughty thing to attend. Show up for our lives, for those of us who have been murdered, for the people who were brave enough to be themselves and were punished for it,” commented Devin Almond.



Ciara McElveen, 26, murdered Feb 27, 2017
New Orleans, Louisiana

25 Transgender and gender non-conforming people have been murdered in America this year.

-Pride Center



Ava Le'Ray Barin, 17, murdered June 25, 2017
Athens, Georgia



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